



Success

Pride

Self-esteem

◆ Parent Newsletter ◆ Edition 4 ◆ 17th March 2021

FROM

THE PRINCIPAL *Julie Kennedy*

LAST DAY OF TERM 1 IS THURSDAY 1st APRIL

The last day of school for Term 1 is Thursday 1st April due to Good Friday being on Friday 2nd April. School will finish at 2.30 p.m. on that day and return on Monday 19th April.

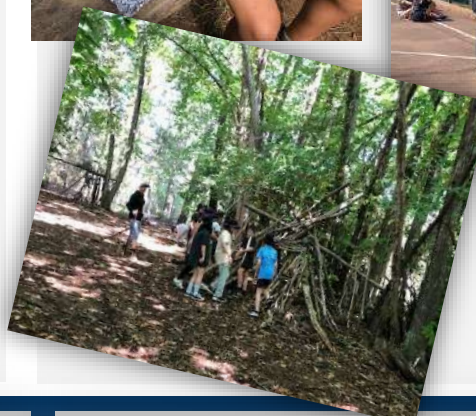
DIVISIONAL SWIMMING CHAMPIONSHIPS

Last week four of our students competed at the Divisional Swimming finals. CONGRATULATIONS to Ethan Van Den Akker who won the Under 10 boys 50m backstroke event and now advances to the Southern Metro Finals, which will be held later this term at Melbourne Sports Aquatic Centre (MSAC) in Albert Park. This is an excellent achievement and we wish Ethan success for this day.

Brian Ezeonyido, Camden Nutting, Ehsan Ali and Ethan were the members of our Under 11 boys 50m Freestyle event. They swam a competitive race placing second on the day which is a great achievement.

YEAR 6 CAMP—Jo Redi and I went to visit our Year 6 students and staff on camp at Wombat Corner in Emerald yesterday. We have waited so long for camp to come around again and it was fantastic to see our students enjoying canoeing, hut building, the flying fox and cooking at the campfire. It was a real pleasure to see our students learning new things and having such a great time. We took some photos from a distance but the Year 6 teachers will have more close up photos in the next newsletter. Many thanks to Stacey Brown,

Shanna Wyman, Simone Rellis, Kristen Thorn, Tyson Zimmerle, Matt Wood and Natalie Morales for taking our students on camp, your commitment to our students and camps program is very much appreciated.



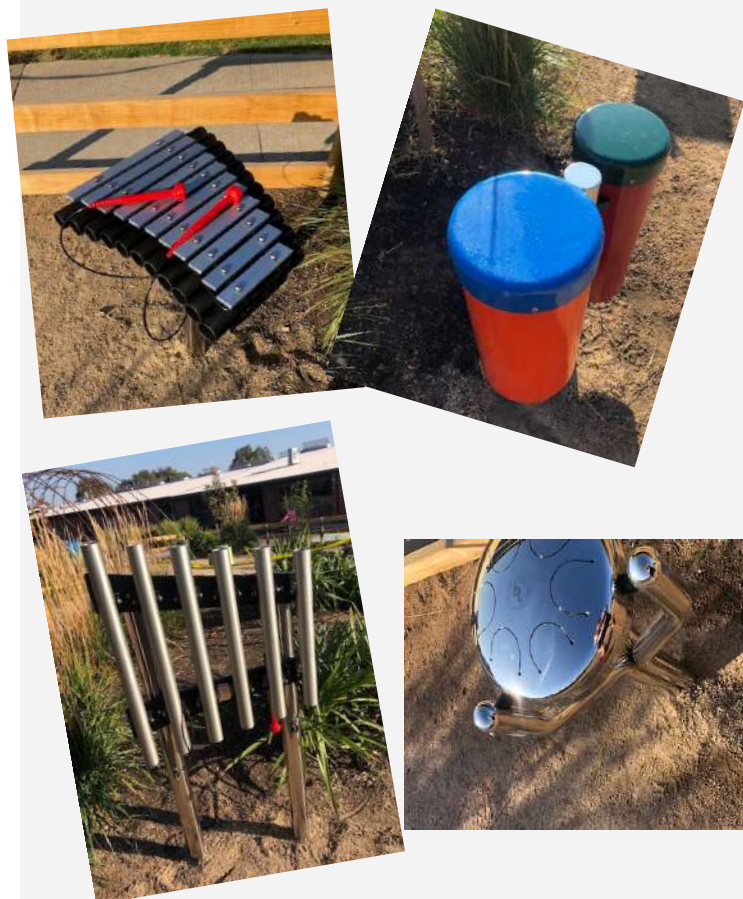
HOUSE ATHLETICS
Grades 4-6
Friday
26th March

EARTH HOUR
2.15-3.15pm
Friday
26th March

LAST DAY OF TERM 1
Thursday 1st of April
2.30pm Dismissal

CHILDREN'S DISCOVERY GARDEN

This week we have added musical instruments to our Children's Discovery Garden and over the next few months we will add some more bamboo trees to our bamboo forest and then our Garden will be complete. This Garden is a very popular play area and the addition of the instruments has created a great deal of excitement amongst our students.



HOUSE ATHLETICS FRIDAY NEXT WEEK

House Athletics will be held at Casey Fields next Friday 26th March. All students in Years 4-6 will be attending. They will need to wear house colours, bring their hats and sunscreen as well as food and water.

NAPLAN 2021

After being cancelled last year due to COVID-19, NAPLAN will return this year. Years 3 and 5s will sit NAPLAN on the following dates:

Tuesday 11 May—Language Conventions and Writing

Wednesday 12 May—Reading

Thursday 13 May—Numeracy

Year 3 and 5s will be undertaking NAPLAN preparation prior to the tests.

LATE ARRIVALS

In recent weeks we have had quite a number of students arriving late to school. Students **must** be in class ready to learn by 9.00 a.m. Classrooms are open from 8.50 a.m. when a large number of students go into class and commence reading. If students are late, they often have to wait at the Office to be given a late pass and this wastes valuable learning time. Please ensure your child/children are in class ready to learn preferably by 8.50 a.m. but definitely before 9.00 a.m.

2021 Calendar	March	Wednesday 17th Gr 6 return from Camp Last day for Scholastic Book Club orders	Thursday 18th Canteen Day	Friday 19th Strathaird Parents & Friends meeting 9.00am Canteen Day	Sat 20th & Sun 21st Sun 21st Bunnings BBQ 8am to 4pm
Monday 22nd PAYMENT AND FORMS DUE HOUSE ATHLETICS GR 4-6	Tuesday 23rd Canteen Day	Wednesday 24th \$25 instalment due Prep— Gr2 swimming	Thursday 25th Canteen Day	Friday 26th HOUSE ATHLETICS Grades 4-6 Canteen Day	Sat 27th & Sun 28th
Monday 29th	Tuesday 30th Canteen Day	Wednesday 31st	Thurs 1st April Last Day of Term 1— 2.30pm dismissal Canteen Day	Friday 2nd GOOD FRIDAY	Sat 3rd & Sun 4th
Monday 5th SCHOOL HOLIDAYS	Tuesday 6th SCHOOL HOLIDAYS	Wednesday 8th SCHOOL HOLIDAYS	Thursday 9th SCHOOL HOLIDAYS	Friday 10th SCHOOL HOLIDAYS	Sat 11th & Sun 12th



Student OF THE WEEK

CONGRATULATIONS TO THE FOLLOWING STUDENTS WHO HAVE BEEN AWARDED STUDENT OF THE WEEK
FOR WEEKS 6 & WEEKS 7

Junior School

Prep A
Yahya & Jasskirat
Prep B
Kallista & Roy
Prep C
Afsah & Shahzad
Prep D
Terence & Mahi
Prep E
Aaliyah & Campbell
Prep F
Joshua & Anika

Grade 1A
Tiven & Noah
Grade 1B
Noreen & Jay
Grade 1C
Imie & Alina
Grade 1D
Azeta & Reza
Grade 1E
Alya & Macoy

Grade 2A
Patrick & Rayhana
Grade 2B
Mia & Lazarael
Grade 2C
Louise & Baset
Grade 2D
Zainab & A'Vah-Leigh

Senior School

Grade 3A
Jaxson & Yalda
Grade 3B
Charlize
Grade 3C
Riaan & Saima
Grade 3D
Stephanie & Leon
Grade 3E
Jacob & Megan

Grade 4A

Grade 4B
Neda
Grade 4C
Uahniva & Xavier
Grade 4D
Saaim

Grade 5A
Tamem & Samita
Grade 5B
Anisa & Erin
Grade 5C
Sahar & Irfan
Grade 5D
Eve & Murtaza

Grade 5/6E
Kristina & Hailey
Grade 6A
Nia & Shuja
Grade 6B
Piper & Aaliyah
Grade 6C
Levi



Wisdom



Respect



Self Esteem



Happiness

parenting * ideas

INSIGHTS

Establishing digital boundaries for the screen generation



Parents need to establish digital boundaries and be the pilot (for primary children) and co-pilot (for adolescents) of the digital plane.

Many parents establish screen time limits for their 'screenagers' (i.e. their children and teens) by stipulating how much time they can spend plugged in. Focusing solely on time is not the only digital boundary to consider. It's best to expand our dialogue beyond screen time as the only metric that's used to assess young people's digital behaviours.

We also need to create boundaries around:

The screens kids use

The most critical boundary parents need to establish with their children and teens relates to what they're doing online. Have conversations about the apps, platforms, games, videos, TV shows and media they consume and create. Visit the [eSafety Commissioner's](#) or [Common Sense Media's](#) websites to help you understand the various platforms and tools, so you're better prepared to know the risks and lessen some of the potential pitfalls.

The time of day

Establish what technology can be used at different times of the day. Ideally, devices would be switched off at least sixty minutes before bedtime as the blue light can delay the onset of sleep and reduce the quality of their sleep. Minimise exposure to rapid-fire, fast-paced screen action before school as this can hyper-arouse the brain and make it challenging to pay attention in class.

Technology zones

As a family, determine the 'no-go tech zones' in your house such as bedrooms, bathrooms, meal areas and play areas. Encourage them to use technology in publicly accessible, high-traffic areas of the home such as the kitchen, dining or lounge area. A young person is very unlikely to be sending nudes whilst sitting on the lounge or kitchen bench!

The people they interact with

Talk to your child or teen about who they're interacting with online and reassure them that if there's a problem online, they need to come and talk to you, as the pilot or co-pilot of the digital plane and avoid withdrawing screen time as a punishment.

Setting and enforcing firm digital boundaries with children young people is vital if we want them to cultivate healthy digital behaviours. These skills are critical if the screen generation is to thrive in the digital world.



Dr Kristy Goodwin

Dr Kristy Goodwin is a digital wellbeing and performance speaker, author and researcher (and mum who also deals with her kids' techno-tantrums!). She's the author of *Raising Your Child in a Digital World*, and a media commentator who doesn't suggest that we ban the iPhone, or unplug the gaming console (digital abstinence isn't the solution). Kristy translates research into essential information and realistic strategies for parents to ensure kids and teens thrive in the digital world. For further details visit www.drkristygoodwin.com.



SCHOOL HOUSE

CROSS COUNTRY- results

Well done to all the children in Grades 3,4,5 and 6 for their fantastic effort in our Cross Country held last Friday. It was great to see children turn up in their house colours and set themselves the challenge of completing the cross country course. All children completed the course and were given a ribbon highlighting their achievement of finishing and also giving their place position in the race.

The cross country event is planned as part of the PE curriculum which gives children an understanding of long distance running as well as insight into the importance of physical fitness and leading an active lifestyle.

It also gives our students the opportunity to run in a competitive event with the top 10 in each age group forming our Interschool Cross Country Team.

The Interschool cross country team will now begin training for the District event which is held in Term 2 in which they will compete against the top 10 students from the other 7 schools in our District. These primary schools are Narre Warren South P-12, Hillsmeade, Lyndhurst, Lynbrook, St Catherines, Courtney Gardens and Tulliallen. Congratulations to the following students :

Under 10 boys

- 1st—Zac Goncalves
- 2nd- Karim Shahi
- 3rd— Sajad Nazzari
- 4th Japjeet Bajwa
- 5th Lincoln Bosch
- 6th— Alex Valvanis
- 7th— Justin Hadkis
- 8th -Zameer Omarzai
- 9th—Travis Chim
- 10th— Saaim Haideri

Under 10 Girls

- 1st—Praganya Logachandran
- 2nd- Huma Haidery
- 3rd— Saima Hassani
- 4th – Anahita Shekib
- 5th—Lena Ezeonyido
- 6th— Georgia Hofsteede
- 7th— Stephanie McDonald
- 8th—Hope Ryan
- 9th—Nila Amini
- 10th— Fatima Rahimi

Under 11boys

- 1st—Deacon West
- 2nd- Brian Ezeonyido
- 3rd— Riza Aliyah
- 4th—Tyler Ryan
- 5th —Ehsan Ali
- 6th— Anandu Rajesh
- 7th— Logan Tate
- 8th—Xavier Martinez
- 9th— Koby Brennan
- 10th— Sohail Shekib

Under 10 Girls

- 1st—Anisa Haidari
- 2nd- Elizabeth Achiek
- 3rd— Parvana Hamidi
- 4th —Charlotte Carroll
- 5th—Imogen Featherstone
- 6th—Alannah Triffett
- 7th— Millie Marion
- 8th—Masoumaeh Nazari
- 9th—Ishmeen Nagra
- 10th— Minal Kodigandla

Under 12 boys

- 1st—Nawid Sultani
- 2nd- Maysam Abedi
- 3rd— Milad Ahmadi
- 4th—Sakhi Alami
- 5th —Cordell Goncalves
- 6th— Ethan Morgan
- 7th— Tyler Donaldson
- 8th—Kayden Bryne
- 9th— Leroy Fred
- 10th— Farzard Hussani

Under 12 Girls

- 1st—Ella O'Neill
- 2nd- Ella Fox
- 3rd— Shyla Bell
- 4th —Samara Haidari
- 5th—Hasina Rezaie
- 6th—Tahlia Grinwis
- 7th— Hannah Matthews
- 8th—Georgia Hart
- 9th—Isabel Cusworth
- 10th— Nazia Alizada
- 10th—Catrina Dumitru



ResourceSmart Schools



Core



Energy



Biodiversity



Water



Waste

Resource Smart School Update

2020 slowed up our progress towards our 5th Star but 4th term saw a flurry of activity including renewing our Waste module and completing the final tasks for our 5th star.

This has now been submitted to Sustainability Victoria who have a very long and rigorous process to award the coveted 5th star. The final step which can occur soon in a Covid safe manner is having Sustainability Victoria and CERES staff visit and tour our school to see Sustainability in action. The Green Team and Marine Ambassadors are preparing this tour and hopefully we will have some great news soon!





Marine Ambassadors Seal Rock Excursion

On Wednesday 10th March, the Marine Ambassadors went on a boat trip to Seal Rocks in Bass Strait, home to 30000 Australian Fur seals. I've learnt that seals can sleep under water and that seals can eat human food although it is not great for them. We also learnt that when seals are dry for too long their fur turns into a pale color. Seals are friendly animals.

Humans affect seals in many ways, one of the biggest problems are rubbish, especially plastic. Seals mistake plastic for food and sadly many seals die every year from this. So please remember to reduce, reuse and recycle and bring a rubbish free lunch everyday so we can protect our precious wildlife.

by Hasina and Annabelle Marine Ambassadors





Clean Up Australia Day

On Thursday 4th March Strathaird PS participated in Clean up Australia Day. The Grade 2 and Green team cleaned up the yard with tongs and buckets to be covid safe. Also the Green team and Marine Ambassadors went outside the school grounds around the fence line to clean up. They also went to the frog pond and surrounding Endangered Ecosystem garden.

Most of the rubbish we found were micro plastics and paper. We also found quite a few masks, cigarette butts, bottles and cans that have been dropped by members of the community on the paths, in the gutters and on the grass. These items are all dangerous and toxic for birds, insects, mammals, amphibians and fish. They fall into the gutters which run into the storm water drains, into local waterways, rivers and eventually the ocean.

Of particular concern was the amount of dog poo on the grass outside the school where parents and children walk. Not only is this unhygienic but the toxins from the poo run into the water and cause pollution and decrease water quality in our local waterways.

This is a good reminder to put your rubbish in the bin because it helps keep our country's amazing biodiversity healthy and makes for a nicer environment for us too.

By Katie, Gurlin and Elias
Green Team members





Strathaird Parents & Friends



Sharon McMahon
Strathaird Parents &
Friends



Save the Date -

Friday 19th March	Meeting at 9am
Sunday March 21st	Bunnings BBQ
May 2021	Chocolate Drive

FUNDRAISER BBQ



BUNNINGS
warehouse



Bunnings BBQ—

We need helpers!!!

We will be having a Bunnings BBQ on

Sunday March 21st

at Bunnings in Cranbourne. If you are able to
help with our BBQ, please contact
Sharon McMahon on 9705 3800

Every hour helps



Thank You!
FOR YOUR DONATION

Thank you to the families who have donated towards our BBQ.

We really appreciate it.

We have also been lucky enough to have donations from

Coles Casey Central

Bakers Delight at Casey Central

If you are unable to help and would like to donate, please drop a
Coles gift card to the office

*Bakers
Delight*

coles

Next Meeting

Our next meeting will be held in the Before & After School Care Room on
Friday 19th March at 9am. Everyone is Welcome

Entertainment

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HERE**

The Strathaird Newsletter is a Newsletter published fortnightly on a Wednesday. The newsletter is sent via an app to families within the school and also in a link to our School website.

For queries and prices, please contact Alex Bradley in the office on 9705 3800.



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Contact Number: _____ Date: _____



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R

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AFL

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<https://www.trybooking.com/BNNZG>

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Movie Time



Mindful Moments

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Inclusion/ Special Activity



In House Fun



**PUBLIC
HOLIDAY**

Public Holiday - No Service - Monday 5 April



Suess-tastic - Tuesday 6 April

We're off on an adventure into a world like no other as we are inspired by our favourite Dr Seuss stories. From exploring the Lorax to stacking items like the Cat in the Hat, there are no limits to what could happen today.

Feature Activity: The Lorax Activities
Additional Activities: Obstacle, truffle trees craft, wacky races, cat in the hat, plus plenty of time to choose your own adventure.

As low as \$9.00 with the Child Care Subsidy. Full Fee \$60.00. Suburb Avg \$10.80.



Sounds of Nature - Wednesday 7 April

Today we will be joined by some special guests who will teach us how to be mindful and look after ourselves using stretching and animal poses, all while listening to the sounds of nature. We will keep the fun going with plaster prints, play a game of SPUD, and take part in some musical challenges.

Feature Activity: Yoga Session
Additional Activities: Plaster prints, SPUD game, musical games and challenges, plus plenty of time to choose your own adventure.
Please bring a towel to use as a yoga mat

As low as \$11.69 with the Child Care Subsidy. Full Fee \$77.95. Suburb Avg \$14.03.



Aussie Adventures - Thursday 8 April

Today we are off to the Moonlit Sanctuary Wildlife Park where there are more than 70 different species of Australian fauna waiting to meet you, including kangaroos, wallabies, reptiles, wombats and perhaps a dingo or two!

Feature Activity: Moonlit Sanctuary Wildlife Park
Additional Activities: Pop stick art, kickball game, minute to win it challenges, plus plenty of time to choose your own adventure.
Please be at the service by 8:30 am. Estimated return time is 2:00 pm

As low as \$14.74 with the Child Care Subsidy. Full Fee \$98.25. Suburb Avg \$17.69.



Green Thumbs - Friday 9 April

Remember the good old-fashioned Grass Heads? We're bringing them back with a modern twist. Decorate your herb or flower heads, plant your seeds and watch the magic of nature as your herb head grows.

Feature Activity: Herb and Flower Heads
Additional Activities: Bird callers, kits, string art, poison ball, plus plenty of time to choose your own adventure.

As low as \$10.24 with the Child Care Subsidy. Full Fee \$68.25. Suburb Avg \$12.29.

Strathaird Primary School

Hours of operation: 6:30 am - 6:30 pm

Call us on: 0447 006 196

Service Address: 20 Sherwood Rd,
NARRE WARREN SOUTH VIC 3805



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Excursion



Inclusion / Special Activity



In House Fun



World Dance - Monday 12 April



A world of culture, style and costumes. Children learn key steps as they dance away to sounds and styles, experience some traditional dress and fully immerse themselves into many cultures from all over the world.

Feature Activity: Dance Workshop

Additional Activities: Peg planes, passports, tunnel ball plus plenty of time to choose your own adventure.

As low as \$11.69 with the Child Care Subsidy. Full Fee \$77.95. Suburb Avg \$14.03.



Stripes vs Spots - Tuesday 13 April



Today we're celebrating everything animal-related with awesome crafts, games and science experiments. Test your speed in the birds' nest game, make a pipe cleaner maze and make a bowl of fried rice full of yummy vegetables.

Feature Activity: Pipe Cleaner Maze

Additional Activities: Birds nest game, cooking vegetable fried rice, parrot crafts, dodgeball, plus plenty of time to choose your own adventure. Lunch will be provided as part of today's activities.

As low as \$9.00 with the Child Care Subsidy. Full Fee \$60.00. Suburb Avg \$10.80.



At the Movies - Wednesday 14 April



Everyone's favourite cat and mouse duo Tom and Jerry are back with a brand new adventure. After going their separate ways, the pair finds themselves in the big city where Jerry has taken up residence in the city's finest hotel. The frenemies need to team up to save their new friends. Popcorn & water included.

Feature Activity: Tom & Jerry (PG) Movie

Additional Activities: Straw pan flutes, tangrams, cat and mouse tag, plus plenty of time to choose your own adventure. Please be at the service by 8:30 am. Estimated return time is 2:00 pm.

As low as \$14.74 with the Child Care Subsidy. Full Fee \$98.25. Suburb Avg \$17.69.



Mindful Moments - Thursday 15 April



Breathe In, Breathe Out. Today we will be taking a moment to explore mindfulness through hands-on activities including giant bubbles, animal poses and a game of red light, green light. We will also get a Fantastic Animal Kingdom or Secret Garden mindfulness colouring book to take home!

Feature Activity: Mindfulness Colouring Book & Activities

Additional Activities: Giant bubbles, animal poses, red light green light game, balloon powered boat construction, plus plenty of time to choose your own adventure.

As low as \$10.24 with the Child Care Subsidy. Full Fee \$68.25. Suburb Avg \$12.29.



Clever Creations - Friday 16 April



It's time to get creative with extraordinary arts & craft, including quilled creature bookmarks, origami lions, and paper mosaic animals. We will also cook up a storm in the kitchen with ANZAC cookies and run off some of our energy outside with a game of ship, shark, shore.

Feature Activity: Quilled Creature Bookmarks

Additional Activities: Origami, ANZAC cookies, ship, shark, shore, car races, plus plenty of time to choose your own adventure.

As low as \$9.00 with the Child Care Subsidy. Full Fee \$60.00. Suburb Avg \$10.80.

Using the service



What to Bring

✓ Food and Drink

- Breakfast and an afternoon snack will be provided.
- Families need to supply a healthy morning tea, lunch (such as wholemeal sandwiches and dips) and a drink bottle just like you would pack for on a normal school day.
- For lunchbox ideas visit <http://heas.health.vic.gov.au/schools/healthy-lunchboxes>.
- Due to the risk of anaphylaxis items containing nuts should not be included in the lunchbox.
- Please do not include items which need to be reheated.
- Water will be available all day to refill drink bottles.

✓ Medical Management Plan & Medication

All children who has been diagnosed with a medical condition, including all allergies, food/chemical intolerances, anaphylaxis, asthma, epilepsy or any other medical condition which may effect the child must have a completed medical management plan with a colour photo in order to attend.

It is a legal requirement under the Education & Care National Regulations and the Term & Conditions for bookings that these are provided, along with any medication listed on the plans where required.

These can usually be sourced from your doctor or can be found in the FAQs at www.theincare.com.au/holidayprograms.

In the interests of the child's safety, care may be refused on the day should the appropriate documentation or medication not be supplied or is incomplete.

If you have any questions, please feel free to speak with one of our friendly educators at the service or call us on 1300 072 410.

✓ Appropriate Clothing & Hats

- Clothing suitable for an active day, including closed toe shoes and a jacket if it is predicted to be wet or cold.
- A Sun Smart hat similar to the one worn at school is required. Children who do not bring a hat will be unable to play outside.
- Sunscreen will be provided throughout the day.
- For more information about being Sun Smart visit www.sunsmart.com.au.
- We recommend that all items are labeled with the child's name in case they are left behind at the end of the day.

✗ Personal Belongings & Devices

Personal belongings including electronic devices such as phones, iPads, laptops, game consoles, money and valuables should be left at home. If brought to the service, these remain the responsibility of the family. We can not accept responsibility for loss or damage.

Reminders

Keeping Everyone Safe - COVID-19

We have implemented strict infection prevention and control measures to reduce the risk of spreading communicable diseases such as COVID-19. We are guided by the Health & Education Departments in your state, along with advice from professionals.

- Families who are unwell, are showing symptoms of the virus or have been directed to isolate by the health authority are not to attend the service.
- Regular cleaning of all high touch areas.
- Everyone will wash their hands at least every 30 minutes.
- Social distancing of adults, including limits to the number of adults in the service.
- Hand sanitiser is available at the sign in desk for families.
- Modifying activities to promote physical distancing, including using multiple rooms/spaces where available.
- All staff have received additional training in infection control and supporting children through the pandemic.
- VIC - Masking: All adults are to wear masks when picking up or dropping off their children in line with government directions. We follow the same rules as the classroom teachers in relation to educators wearing masks.

Changes to your booking

We understand that your needs may change in the lead up to your attendance at the Holiday Program. Whether you need to add an additional day to keep the kids busy or cancel a day to suit your schedule, we're here for you.

Simply log into your account anytime to make the relevant changes or give us a call on 1300 072 410 between 9:30 am to 6:00 pm on weekdays.

As we plan our programming, supplies and educators in advance to the day to ensure that the children have lots of fun, all changes to bookings, including new bookings and cancellations made within the 5 days of the booking (120 hours from the start of the session) will incur a \$10.00 charge.

When making additional bookings, the \$10.00 is eligible for the Child Care Subsidy, which means you may only need to pay the gap, depending on your families' circumstances.

Changes to your booking

Activities and times are subject change due to unforeseen circumstances such as severe weather and provider availability. In the rare event that an activity will be unable to be run, an alternative activity will be provided where possible. If an alternative can not be sourced, we will automatically update your invoice to reflect the lower fee.



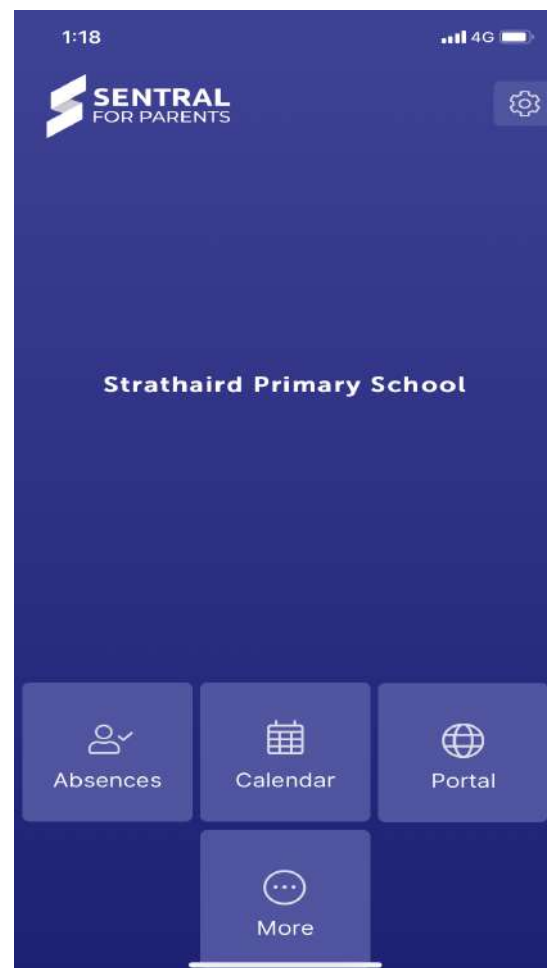
Sentral for Parents App

The **Sentral for Parents** app allows families to:

- ✦ view academic reports
 - ✦ explain past and upcoming student absences
 - ✦ view calendar events
 - ✦ book parent/teacher interviews
 - ✦ receive sick bay notifications
 - ✦ view school newsletters
- as well as receive real-time notifications and messages from the school.

Instructions for accessing the Sentral for Parent App

1. **Download** the 'Sentral for Parents' app. Depending on your device, visit either the Apple App Store, or the Google Play Store.
2. **Search** for Strathaird Primary School. Tap Next.
3. **Sign in** using your Sentral username (your registered email address) and password (that you created when Registering). Tap Log In.
4. You are now ready to start using the app.



If you have never registered on Sentral:

1. Click register here to register a new account. It will ask you to create a user name and password. Enter your email address as your username and create your own password. You will receive a verification email which **MUST** be verified in order to continue.
2. Once verified, log back into the app and use the access key provided by the school to link to your child's details. *The access key will be created for you once your child is attending.*

For a quick overview on how to access the Parent Portal, please watch this short video.

<https://vimeo.com/sentraleducation/review/431752138/968dcb15a8>

If you have questions about using the app, or need some extra help then please browse the list of FAQs at

<https://info.sentral.com.au/new-app-getting-started> or contact us for assistance.

PROTECT

Everyone has the right to be safe and be protected from abuse.

No one should behave in a way that makes you feel unsafe or afraid, including anyone in your family, anyone at school or anywhere else in the community.

Tell a teacher or any adult at your school if you feel unsafe.



It's everyone's responsibility.

Adults at school must listen and respond to concerns about child abuse.

If you suspect abuse of any child or young person, you have a responsibility to report it, even if you are not sure.

Further information & resources

www.education.vic.gov.au/protect



Australian Government
Children's eSafety Commissioner

Cyberbullying: the new Children's eSafety Commissioner

The Office of the Children's eSafety Commissioner (the Office) was established on 1 July 2015 to handle complaints about cyberbullying material targeted at Australian children.

The Office can investigate complaints about material considered likely to have a seriously threatening, intimidating, harassing or humiliating effect on the child. Where possible, the material should be reported to the social media service first, before it is complained about to the Office. To consider a complaint the Office will need evidence of the cyberbullying material.

Parents, along with schools and the government have a role in ensuring children are protected online. The Office will work with social media services, parents and schools to ensure serious cyberbullying material is removed.

What to do if your child is being cyberbullied

If your child is being cyberbullied advise them to:

- avoid retaliating or responding
- collect the evidence—keep mobile phone messages and print emails or social networking conversations
- block the bully and change their privacy settings
- report the abuse to the social media service

If your child continues to be cyberbullied and you believe it is having a seriously threatening, intimidating, harassing or humiliating effect, we encourage you to assist your child in [making a complaint](#) on the Commissioner's website.

More information on the [role of the Office](#), how to [deal with cyberbullying](#) and how to [lodge a complaint](#) is available on the website.

The [Kids Helpline](#) provides a private and confidential, telephone and online counselling service for young people. Encourage your child to speak to them if they are in need of counselling support. The Kids Helpline also manages [Parentline](#), a confidential telephone counselling service providing counselling and support for parents and care-givers.

If you believe your child is in **immediate danger**, call 000.

The website is: <https://esafety.gov.au>



Our Vision Statement and Mission

VISION STATEMENT AND MISSION

To empower students to strive for personal achievement, embrace challenges and develop the skills and values that enable them to become lifelong learners and engaged responsible citizens in an ever changing global society.

OUR VALUES

We value Wisdom, Respect, Self Esteem and Happiness.

Wisdom – Growth through the acquisition of knowledge skills and experiences. It encompasses the qualities of independence, responsibility and goal setting.

Respect – The valuing of people's worth and qualities and treating everyone in the school community in a polite and friendly manner. It encompasses the qualities of friendship, cooperation, courtesy, honesty, trustworthiness, compassion and consideration.

Self Esteem – A feeling of self worth and confidence. It encompasses the qualities of confidence, achievement, enthusiasm, patience, and positive attitude.

Happiness – Appreciation of life and ability to see the positives in most situations. It encompasses the qualities of fairness, forgiveness, safety, and kindness.

Our school motto is: Success, Pride, Self Esteem, chosen by school council as fitting attributes that reflect our underlying values.

HOW WE ENACT OUR VISION STATEMENT AND MISSION

School Council provide Governance and direction through School Policies, the school's Strategic Plan and the implementation of that plan through the Annual Implementation Plans.

The philosophy of our curriculum delivery is based on our vision statement and mission.

We promote our values across the school and include specific presentations on values through whole school assemblies.

Extra curricula activities during lunch times include: library time, gardening, music/choir, Years 2 sports fun, chess for grades 3, 4 and grade 5 and 6 camps, are all aimed at developing this philosophy.

