



Strathaird

Success

Pride

Self-esteem

Newsletter Edition 13

☎ 03 9705 3800

✉ strathaird.ps@education.vic.gov.au

🌐 www.strathairdps.vic.edu.au

18th August 2021

FROM

THE PRINCIPAL

Julie Kennedy

REMOTE LEARNING

A big thank you and great job to all parents and carers in our school community. We know many of you are doing it very tough at the moment. Things will get better and we will get to the other side of this, please remember we are just a phone call away if you need us.

We have included a few suggestions in this newsletter that might make life a little easier for you.

Try not to be overly worried about remote learning:

We know that some students are flourishing or doing really well with remote learning, whilst for some others it is a struggle. Motivation and engagement during another period of remote learning may be difficult for some students. We know that some parents are extremely stressed, believing their children aren't learning or completing enough work. We don't want parents to be overcome with stress and worry because they think their children aren't learning and are falling further and further behind. Our experience would tell us this is not the case for most children.

At a recent online Principals Conference, we had the opportunity to listen to Professor John Hattie, from the Melbourne Graduate School of Education University of Melbourne. He has analysed the impact of online learning from the 120 days of COVID lockdown in Melbourne last year and he said we should not presume learning loss in students. Learning did not stop, students were still learning. At secondary level, VCE performance was relatively stable in terms of exam study scores and outcomes compared to previous years. Try not to believe in gloom and doom reports. We heard many last year including being told that 'students have lost 6 months of learning'. We definitely don't believe this is the case.

Develop a routine:

For many people, lockdowns are very challenging and very difficult but developing routines can be very beneficial. We know that routines at school are very important for students, we know routines at home during normal times are important too, we believe they are *just as important for home learning*.

Routines such as sleep time, showering, getting dressed, eating meals together, taking breaks, and family time are important. For home learning, we think, where possible, it would be good for children to be in the routine of being ready for 'school' at 8.50 a.m. each morning and trying to work through their tasks according to their teachers plan. However, we don't want children sitting at computers for 6,7,8 hours per day doing school work. If your child is struggling with tasks and they are too long and drawn out, please speak with the Class Teacher.

Make time for being outdoors:

It is really important that children complete their work as soon as they can and get outside for some play and fresh air. Although they cannot go to the local park during the lockdown, they can do many outdoor things such as playing outside games, exploring the garden, going for a walk or ride, having a picnic in the backyard, planting some seedlings, doing some gardening.



And a little piece of advice from Swinburne University of Technology...

Green time, me time, us time and screen time:

'Green time' is time in the garden, walking outside, or doing anything in nature. 'Me time' is the individual time you require to refresh and rejuvenate. 'Us time' is time spent together investing in your family relationships. This could be a games night, listening to music, watching a movie, exercise, meals, or making something together. We're all familiar with 'screen time', but it's important to think about how the screen is featuring in your life right now, especially how much time you're spending away from the screen. Remember to step away.

Think about 'what we have', rather than 'what we don't have':

During this COVID rollercoaster and yet another lockdown it is very common for people to have many different feelings including high stress, anxiety, anger, frustration, confusion, a feeling of hopelessness. Sometimes it helps to be aware of how we are feeling and make a conscious decision to change our thinking. It may help to focus on '*what I can control*' rather than '*what I can't control*'; '*what I have*' rather than '*what I don't have*' and '*what I can do*' rather than '*what I can't do*'. During another lockdown it takes a lot of strength to switch our thinking but by consciously doing this, it may bring peace, calmness, happiness and gratefulness.

PREP ENROLMENTS 2022

If any current families have children who will be starting Prep next year, can you please ensure you complete the enrolment process at the Office as soon as possible. If you know of families outside the school who have a child likely to commence Prep at our school in 2022 can you please ask them to contact the Office to complete the enrolment process. These confirmed enrolments are important as we are now planning for 2022.

August

Monday 16th	Tuesday 17th	Wednesday 18th	Thursday 19th	Friday 20th	Sat 21st & Sun 22nd
Remote Learning					
Monday 23rd	Tuesday 24th	Wednesday 25th	Thursday 26th	Friday 27th	Sat 28th & Sun 29th
Remote Learning					
Monday 30th	Tuesday 31st	Wednesday 1st September Book Club Due	Thursday 2nd	Friday 3rd School Returns from Online Learning	Sat 4th & Sun 5th Fathers' Day
Remote Learning					
Monday 6th	Tuesday 6th Canteen Open	Wednesday 7th	Thursday 8th Canteen Open	Friday 9th Canteen Open	Sat 10th & Sun 10th



Student OF THE WEEK

CONGRATULATIONS TO THE FOLLOWING STUDENTS WHO HAVE BEEN AWARDED STUDENT OF THE WEEK
FOR WEEKS 4 & 5 OF TERM 3.

Prep A

Chloe & Haider

Prep B

Manha & Montel

Prep C

Sofia & Audai

Prep D

Nui & Neville

Prep E

Jaiwanth & Riley

Prep F

Akash & Mikayla

Junior School

Grade 1A

Alivia & Noah

Grade 1B

William & Eva

Grade 1C

Hunter & Lucey

Grade 1D

-

Grade 1E

Preston & Julie

Grade 2A

Mohammad & Ashlea

Grade 2B

Ryan & Zayn

Grade 2C

Maisam & Ebony

Grade 2D

Ellie & Declan

Music

Prep C

1E

Senior School

Grade 3A

Amity & Amul

Grade 3B

Charlize & Elyana

Grade 3C

Mahdi & Fatima

Grade 3D

Aban

Grade 3E

Sahas & Syed Hussain

Grade 4A

Dhulan & Dylan

Grade 4B

Fatima & Genesis

Grade 4C

Tyler & Cristian

Grade 4D

Stacey & Ethan

Grade 5A

Harper & Deacon

Grade 5B

Nathan & Ali Aqa

Grade 5C

Luka & Lincoln

Grade 5D

Raena & Noah

Grade 5/6E

Charlee & Sanowbaar

Grade 6A

Ambreen & Neisha

Grade 6B

Camden

Grade 6C

Cordell & Ella



Wisdom



Respect



Self Esteem



Happiness



Sustainability News



Core



Energy



Biodiversity



Water



Waste

Home Bin Audit

How much waste does your house produce every day? Do a waste audit of the bins in your home, you can use our **Home Bin Audit sheet** to record what you find in the bins. You can make a pie graph from your results! Do any of these common items appear in your rubbish? Sustainability Victoria has some alternatives you might like to use

<https://www.sustainability.vic.gov.au>

You can also watch <https://www.abc.net.au/btn/classroom/war-on-waste-school/10522784> Behind the News clip from the War on Waste.

What was the main point of the BTN story?

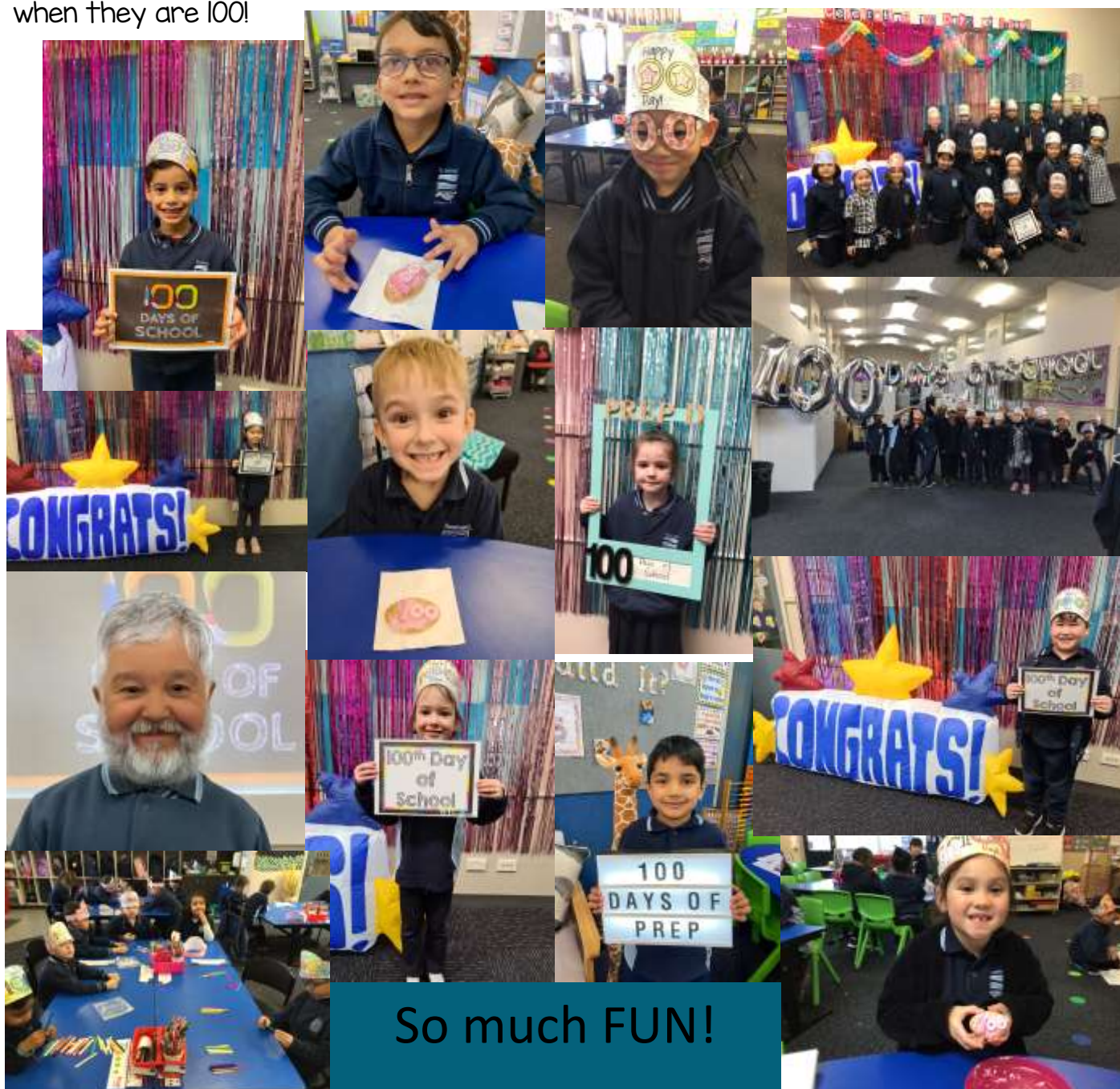
2. What was the mission that the kids in the BTN story set themselves?
3. What inspired them to go on this mission?
4. Australia is one of the biggest producers of trash in the world. True or false?
5. What reusable items did the students buy?
6. What is nude food?
7. What are the benefits of having nude food at school? Try having your own nude food day.
8. What does your school already do to reuse and recycle?
9. How well do you know the 5 Rs? Discuss as a class.
10. How has your thinking changed since watching the BTN story?

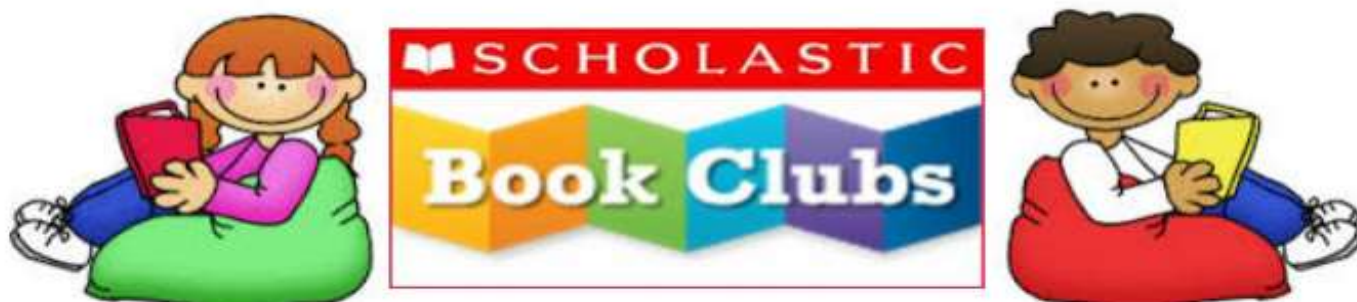
Think about how you can reduce waste in your home:

Develop some goal and a plan to reduce the waste you create

Prep 100 Days of School Celebration

The Prep children have been counting the number of days we have had at school all year. We reached the milestone of 100 days on Tuesday 27th July during Lockdown 5. We spent the entire day on Tuesday 3rd August to acknowledge this milestone. Everyone had a fantastic day as can be seen in the photos we have included on this page. From making crowns and glasses shaped like 100, to counting to 100, to biscuit creations showing the number 100 and writing about what we will be like when we are 100 years old. It is definite that everyone had a fantastic day with the highlight being the children's reactions to seeing themselves having aged to look like they might when they are 100!



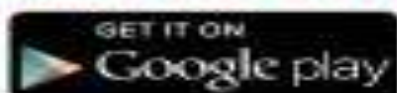


Issue 6 Book club is due

Wednesday 1st
September

SCHOLASTIC
Book Club LOOP
for Parents

LOOP is the Scholastic Book Club
Linked Online Ordering & Payment platform for parents.
To order and pay for Scholastic Book Club by credit card visit:
www.scholastic.com.au/LOOP



Strathaird



CK TENNIS

-COACHING-

Available lessons:

Group
Private
Cardio Class
Semi-Private
Advanced Programs

Free Trial Lesson Available



ck_tennis_coaching



170 Cranbourne Rd
Narre Warren South VIC 3805

Mobile: 0412050145

Email: Privatecoaching.ck@gmail.com



Australian Government
Children's eSafety Commissioner

Cyberbullying: the new Children's eSafety Commissioner

The Office of the Children's eSafety Commissioner (the Office) was established on 1 July 2015 to handle complaints about cyberbullying material targeted at Australian children.

The Office can investigate complaints about material considered likely to have a seriously threatening, intimidating, harassing or humiliating effect on the child. Where possible, the material should be reported to the social media service first, before it is complained about to the Office. To consider a complaint the Office will need evidence of the cyberbullying material.

Parents, along with schools and the government have a role in ensuring children are protected online. The Office will work with social media services, parents and schools to ensure serious cyberbullying material is removed.

What to do if your child is being cyberbullied

If your child is being cyberbullied advise them to:

- avoid retaliating or responding
- collect the evidence—keep mobile phone messages and print emails or social networking conversations
- block the bully and change their privacy settings
- report the abuse to the social media service

If your child continues to be cyberbullied and you believe it is having a seriously threatening, intimidating, harassing or humiliating effect, we encourage you to assist your child in [making a complaint](#) on the Commissioner's website.

More information on the [role of the Office](#), how to [deal with cyberbullying](#) and how to [lodge a complaint](#) is available on the website.

The [Kids Helpline](#) provides a private and confidential, telephone and online counselling service for young people. Encourage your child to speak to them if they are in need of counselling support. The Kids Helpline also manages [Parentline](#), a confidential telephone counselling service providing counselling and support for parents and care-givers.

If you believe your child is in **immediate danger**, call 000.

<https://esafety.gov.au>

How to report cyberbullying material

| 1

Report
the cyberbullying
material to the
social media service



| 2

Collect evidence
copy URLs or take
screenshots of the material



If the content is not removed within 48 hours apply steps 3 and 4

| 3

Report it
esafety.gov.au/report



| 4

Block
the person and
talk to someone
you trust



If you are in immediate danger, call **000** (triple zero)
If you need to talk to someone, visit kidshelpline.com.au or call them on
1800 55 1800, 24 hours a day 7 days a week



Sentral for Parents App

The **Sentral for Parents** app allows families to:

- ✦ view academic reports
- ✦ explain past and upcoming student absences
- ✦ view calendar events
- ✦ book parent/teacher interviews
- ✦ receive sick bay notifications
- ✦ view school newsletters

as well as receive real-time notifications and messages from the school.

Instructions for accessing the Sentral for Parent App

1. **Download** the 'Sentral for Parents' app. Depending on your device, visit either the Apple App Store, or the Google Play Store.
2. **Search** for Strathaird Primary School. Tap Next.
3. **Sign in** using your Sentral username (your registered email address) and password (that you created when Registering). Tap Log In.
4. You are now ready to start using the app.



If you have never registered on Sentral:

1. Click register here to register a new account. It will ask you to create a user name and password. Enter your email address as your username and create your own password. You will receive a verification email which **MUST** be verified in order to continue.
2. Once verified, log back into the app and use the access key provided by the school to link to your child's details. *The access key will be created for you once your child is attending.*

For a quick overview on how to access the Parent Portal, please watch this short video.

<https://vimeo.com/sentraleducation/review/431752138/968dcb15a8>

If you have questions about using the app, or need some extra help then please browse the list of FAQs at

<https://info.sentral.com.au/new-app-getting-started> or contact us for assistance.

PROTECT

Everyone has the right to be safe and be protected from abuse.

No one should behave in a way that makes you feel unsafe or afraid, including anyone in your family, anyone at school or anywhere else in the community.

Tell a teacher or any adult at your school if you feel unsafe.



It's everyone's responsibility.

Adults at school must listen and respond to concerns about child abuse.

If you suspect abuse of any child or young person, you have a responsibility to report it, even if you are not sure.

Further information & resources
www.education.vic.gov.au/protect



VISION STATEMENT AND MISSION

To empower students to strive for personal achievement, embrace challenges and develop the skills and values that enable them to become lifelong learners and engaged responsible citizens in an ever changing global society.

OUR VALUES

We value Wisdom, Respect, Self Esteem and Happiness.

Wisdom – Growth through the acquisition of knowledge skills and experiences. It encompasses the qualities of independence, responsibility and goal setting.

Respect – The valuing of people's worth and qualities and treating everyone in the school community in a polite and friendly manner. It encompasses the qualities of friendship, cooperation, courtesy, honesty, trustworthiness, compassion and consideration.

Self Esteem – A feeling of self worth and confidence. It encompasses the qualities of confidence, achievement, enthusiasm, patience, and positive attitude.

Happiness – Appreciation of life and ability to see the positives in most situations. It encompasses the qualities of fairness, forgiveness, safety, and kindness.

Our school motto is: Success, Pride, Self Esteem, chosen by school council as fitting attributes that reflect our underlying values.

HOW WE ENACT OUR VISION STATEMENT AND MISSION

School Council provide Governance and direction through School Policies, the school's Strategic Plan and the implementation of that plan through the Annual Implementation Plans.

The philosophy of our curriculum delivery is based on our vision statement and mission. We promote our values across the school and include specific presentations on values through whole school assemblies.

Extra curricula activities during lunch times include: library time, gardening, music/choir, Years 2 sports fun, chess for grades 3, 4 and grade 5 and 6 camps, are all aimed at developing this philosophy.

