

Strathaird Primary School News

14/05/2025

Edition 7



Strathaird



Primary School

School Values

Respect

Honesty

Responsibility

Compassion

Contact Us:

20 Sherwood Road
Narre Warren South, 3805

PO Box 4124
Narre Warren South, 3805

9705 3800

Strathaird.ps@education.vic.gov.au
www.strathairdps.vic.edu.au

Principal Page

Curriculum Day

Friday June 6 is a Curriculum Day, therefore there will be no school for students on that day.

Monday June 9 is a public holiday for the King's Birthday.

EDUCATION WEEK *VOICES OF MANY, LEARNING AS ONE*

**Thursday 22 May 2.20 – 3.00 p.m.
OPEN AFTERNOON**

Parents are invited to classrooms where students will be completing activities related to our theme:

Promoting and celebrating our cultural diversity; reinforcing a school environment of respect, appreciation and care for each other, where everyone works and learns together so all students can thrive.



Our oval is ready for use again after undergoing reseeding and fertilizing a couple of weeks ago. Yesterday, much to the delight of our students, four new soccer goals were installed on the oval and wow what a fabulous lunchtime they had playing soccer.

Learning together in the Eco-Cabin Multipurpose space

At Strathaird Primary School we enjoy the advantages of a traditional classroom structure and our students do extremely well in this environment. We can also see the benefits of year levels often coming together to learn in a large flexible area, this is why we built the Eco-Cabin Multipurpose space. This type of learning environment promotes broader collaboration, cooperative learning, a sense of community, as well as teachers being able to team teach and share their skills. Recently our year levels have been coming together to undertake maths problem solving. Students have been mixed outside of their normal class groups and have been very engaged in this way of learning. Our photos below show Year 2 and Year 5 students. Year 2 students have been using money to explore how many different ways they can make \$1.00. Year 5 students have been using their knowledge of transformation of shapes in a complex problem solving context (further details are on the Year 5 page of this newsletter). A big thank you to teachers at both levels for the effort they put into planning and organising these valuable learning experiences.



Mother's Day stall THANK YOU

A big thank you to the wonderful mums who helped at the Mother's Day Stall last week. Our students got so much joy out of visiting this stall and buying gifts for their mums, this would not have been possible without your amazing help. Thanks so much.

A big thank you to Sharon McMahon, Sarah McKenzie and Brooke Bontemps for the huge amount of work they did to prepare for the stall. We really appreciate your efforts.





Attending school every day means experiencing what counts - the learning, friendships, fun and opportunities that can shape their future.

Term 2 2025

MAY

JUNE

12th	13th	14th	15th	16th
	School Council Meeting 6.30pm	Gr 1 Sustainability Incursion		Senior Assembly \$ due Gr 4 History Box Incursion
19th	20th	21st	22nd	23rd
		Gr 4 History Box Incursion	\$ due Gr 3 Botanical Gardens Excursion Education Week Open Afternoon 2.20-3.00pm	Junior Assembly
26th	27th	28th	29th	30th
	\$ Due Grade 2 Ricketts Point Excursion	Gr 3 Botanical Gardens Excursion Divisional Cross Country	Gr 3 Aquatics Notices Due	Senior Assembly Gr 2 Ricketts Point Excursion
2nd	3rd	4th	5th	6th
\$ due Prep Woodworkers Incursion			Whole School Photo Day	Curriculum Day
9th	10th	11th	12th	13th
Kings Birthday - Public Holiday - No School	School Council Meeting 6.30pm Gr 5 Camp Information Night 5.30pm		Gr 4 Aquatics Notices Due	Senior Assembly Gr 6 Lightning Prem
16th	17th	18th	19th	20th
	Gr 3 Aquatics	Bookclub Issue 4 Due		Junior Assembly

Student of the Week



Week 2

Prep A	Bonnie	For always being ready to learn. Well done!
Prep B	Aayan	For trying hard with all learning tasks! Well done :)
Prep C	Zainab	For working hard to learn new sounds to help you read. Well done!
Prep D	Ali Kaihan	For collaborating well with others during maths :) Well done!
Prep E	Storm	For working so hard to learn our classroom routines and being so enthusiastic to share your writing. Keep up the great work!
Prep F	Ali	For working so hard during writing!
1A	Saleena	For working hard to sound out CVC words during phonics lessons. Well done!
1B	Aizah	For creating a wonderful narrative in writing! Keep up the great work!
1C	Elias	For your increased confidence in writing independently.
1E	Idris	For always showing honesty and telling the truth.
2A	Naweed	For always being a kind and helpful friend to others.
2C	Amelia-Jay	For your hard work in phonics.
2D	Elias	For working extra hard all week and challenging yourself
3A	Sarah	For including five senses when writing descriptive pieces.
3B	Oliver	For your increased confidence in your writing!
3D	Chloe	For continuing to build her confidence in sharing her thoughts and ideas in group discussions.
3F	Yasir	For writing a good introduction for your chosen animal. Well done Yasir!
4B	Claire	For beautiful poem writing about ANZAC Day!
4D	Ethan	For using strong vocabulary to write a procedure. Brilliant effort Ethan!
4E	Timothy	For your efforts at district cross country, representing your school.
5A	Dua	For doing such a great job in your reading responses. Keep up the super effort!
5B	Preston	For doing an awesome job with his Realistic Fiction text. Keep up the great work!
5C	Lina	For being an amazing helper this week. Thank you Lina!
6A	Arsin	For your mature and positive approach that you have shown towards your learning
6B	Saindhavi	For showing confidence to answer questions during class discussion
6C	Daksha	For identifying her own Next Step Learning in Reading.



Student of the Week



Week 3

Prep A	Ayla	For always trying your best when completing the writing tasks!
Prep B	Farhad	For a fantastic effort during Phonics! Well Done :)
Prep C	Jenna	For working hard to use sounds in your writing. Well done!
Prep D	Ramila	For helping others and always having a positive attitude. Well Done! :)
Prep E	Lilly	For working so hard during phonics and making such big progress with her reading. Keep up the great work!
Prep F	Hannah	For thre amazing effort she puts into every task!
1A	Rayol	For working hard to collaborate with his group during interactive writing. Well done!
1B	Tariq	For consistently showing a positive attitude towards his learning! Keep it up!
1C	Mahsa	For working hard on your writing tasks this week!
1E	Zeeshan	For always offering to help his classmates and teacher.
2A	Fernando	For all your hard work in Writing this week
2C	Mia	For always listening to feedback and applying it to your work.
2D	Hania	For settling well into your new school !
3A	Muzhda	For being kind to others and helping them out when necessary.
3D	Aiden	For his fantastic use of descriptive language and similes in his writing!
3E	Yunus	For asking questions to help drive his learning further!
3F	Adna	For being a communicator during the Maths group work. Well done Adna!
4B	Sharun	For focussing on, and completing his tasks all week! Well done!
4D	Kaitlyn	For being a self-manager to always to make wise decisions about her learning.
4E	Stacey	For being a contributor and sharing in class discussions.
5A	Yahya	For all of your hard work in maths this week. Keep up the super effort!
5B	Felix	For your amazing effort in your PAT Reading and Maths Assessment. Keep up the great work!
5C	Aysher	For being a lot more organised this week. Well done Aysher!
6A	Aliyana	For the attention to detail you apply to all of your learning tasks.
6B	Mahdi	For working well duirng Inquiry sessions
6C	Sara	For using feedback given to uplevel her exposition writing.





School Values Awards



Congratulations to the following Students

Week 2

Prep A	Diana
Prep B	Chelsea
Prep C	Fahad
Prep D	Ramila
Prep E	Eva
1A	Armin
1B	Arman
1C	Noura
2A	Tara
2C	Ariana
2D	Sabella
3A	Kody
3B	Baneen
3D	Faizan
3E	Cooper
3F	Ali
4B	Yahya
4D	Ayaan
4E	Stacey
5A	Summer
5B	Mursal
5C	Moe
6A	Wright
6B	Harper
6C	Yutong

Week 3

Prep A	Octavia
Prep B	Aria
Prep C	Eman
Prep D	Zeke
Prep E	Sartaj
Prep F	Nargis
1A	Jayon
1B	Alariah
1C	Imran
2A	Amelia
2C	Amelia-Jay
2D	Enosh
3A	Zorah
3D	Johanna
3F	Letitia
4B	Montel
4D	Fawad
4E	Makayla
5A	Athena
5B	Elena
5C	Sania
6A	Elise
6B	Savannah
6C	Heather

Respect

Responsibility

Compassion
Honesty

Wellbeing Page

Five tips to help with back to school anxiety (not just for children)

It's a big adjustment for families having to schedule school drop-offs, pick-ups, packed lunches and homework, and for first timers there's the fear of the unknown – new faces and places – to add to the equation.

All this change means starting or returning to school can be an emotionally turbulent time for some children and it's perfectly normal for parents to also have their reservations.

Here are five tips to help your child (and you!) deal with any 'back to school' worries or anxiety.

1. Mum and Dad, take care of yourself!

Going to school is a time for your child to expand the circle of people they can trust, be exposed to different values and manage an increasingly complex way of interacting with others.

Parents and carers can react to this in a variety of ways.

If you're worried, know that you're not alone, it's common for parents to worry about how their child will manage.

Try to not let these feelings overwhelm you as it's important for you to be a positive role model for your child. Children can be highly attuned to parents' feelings so be aware that your child may sense your distress, which may in turn affect the way they look at school.

Most importantly, allow yourself and your child to feel excited about starting school. Praise them when you see them doing something quite grown-up and allow yourself to enjoy it.

2. Look for signs your child is anxious.

If your child is acting a bit out of sorts, they may have some unresolved feelings about starting school.

Kids don't always tell us what's going on so it's useful to watch their behaviour for answers with common behaviours including:

- being clingy
- being emotionally withdrawn
- being aggressive
- misbehaving or refusing to follow the rules
- crying and throwing tantrums
- having trouble eating and sleeping
- reverting to younger behaviours (like thumb sucking)

There is no 'right way' to talk about school anxiety with your child beyond trying to be sensitive to what you know about them and what they might be experiencing.

If you feel your child will not respond well to direct questions try being curious and wondering out loud about things (their behaviour, how school will be full of surprises and what that might be like) so your child can join in.

Wellbeing Page

3. Getting ready for the big day

The week before

- Prepare your child for the new school routine by visiting the school and practising what 'going to school' might look like. This will help them become familiar with the new surroundings and the journey.
- Write a story with your child about a new school can help them to talk about their feelings around the impending change.
- Playing school with your child at home is a great way to have fun and build excitement and readiness.
- Practice getting dressed for school and packing lunch boxes with your child to support their sense of independence. It can also be helpful to support your child's sense of maturity by giving them new responsibilities such as contributing to their food choices for their lunchbox or choosing their 'school' haircut.
- Try to arrange play dates with other children who will be attending the same school in advance. This will help them feel a sense of comfort and security on their first day.
- Encourage your child's social and learning skills to give them the best start to their education. For example, practise the back-and-forth of conversation and chat about social rules using questions like: "We have to wait to have our chance to speak, don't we?" Listening and following instructions is a big part of adapting to school life. If you think the first week will be challenging from a time-management perspective, cook some meals you can freeze to free up more time with your child after school.

The night before

- Organisation is key so have your child's uniform laid out and help them pack their bag.
- Most importantly, stick to familiar routines as much as possible and have a calm evening allowing extra time to settle before bedtime if your child is nervous or excited about starting school.
- Make sure you have enough sleep.

The first day of school

- To minimise the expected 'first day stress' for both you and your children, allow extra time to get ready in the morning – and don't forget the important 'first day of school' photo.
- On the way to school, try talking positively about what your child will do while they are away from you (e.g. you will have story time, you are going to have fun meeting new children). This will help promote positive images of school experiences.
- Once at school, develop a positive goodbye routine with your child (e.g. sharing a special high five, hug or loving gesture). Avoiding lengthy goodbyes is key. When saying goodbye always reassure your child you (or someone else they know) will be there to collect them at the end of the day. This will help manage any separation distress, build trust and create a sense of security for them. You can look for cues from your child's teacher, as they will already be establishing a routine to support your child to feel comfortable and their role includes helping children separate from their parents.
- Chat with your child about who they might like to call (grandparent/uncle/friend) after school to let them know all about it. Calling a grandparent who hasn't been to school for years or a family with a toddler who has yet to start can make your child the "expert" on how it works which can generate a great sense of self-esteem.

Wellbeing Page

At the end of the day

- When you collect your child, be ready to listen to their experiences of their first day. Notice things that went well, and if necessary, support them around difficulties. Remember that transitioning into school does not happen in one day.
- Ask them some questions about what they did, but not too many – remember, your child may be exhausted so give them some down time or they may become overwhelmed. Share about your day and let them know you were thinking about them.
- The first day is a huge milestone to achieve so consider rewarding your child with a special activity or family dinner over the weekend.
- If it's helpful arrive early and meet some of the other parents for a chat before the bell rings.

It's important to remember that every child and family is different – you will have good days and may have some more challenging days. There is no set time for how long it will take your child to settle into a new school but, generally, most feelings around starting school tend to be short-lived.

Finally, keep in mind these tips are suggestions only and you know best what is going to suit your child and family.

Among all the preparations for getting ready for school, take the time to celebrate this next phase for your family. As a parent, you know and have nurtured your child's strengths, their capacity to be kind, manage challenges, learn new things and trust others. Take time to be proud of them and enjoy seeing them take these strengths into the world.

If you need help

If you have ongoing concerns about your child settling into school, please ask for help as early as possible. For further support, contact:

- your local GP (they can discuss private psychological referral options if required)
- your child's school support staff (e.g. guidance counsellor, teacher or principal)
- your local [Child and Youth Mental Health Service](#)
- [Parentline](#) on **1300 30 1300**, from 8am-10pm, seven days a week.

Wellbeing Page



Being Dad

Do you want to be the Dad you've always wanted to be?

Being Dad is an interactive group for fathers with children aged 0-17.

For fathers/carers in Southern Melbourne and Bayside Peninsula

This 6-week group will help you explore:

- Parenting
- Children's development
- Healthy relationships
- Managing a work/life balance
- Cyber safety
- Supports and activities available to you and your children

Being Dad Expression of interest



Cost: Free

Date: Every Wednesday

7th May 2025 to 11th June 2025

Time:

5:30PM to 7:30PM

Venue:

Uniting

55 Webb Street, Narre Warren 3805

Light refreshment will be served

Get in touch:

Anas or Colin
03 5990 8400

BeingDadSM@vt.uniting.org

Bookings essential

Uniting

Student Attendance

Why Showing Up Every Day Matters

Attending school every day is one of the most important factors in a student's success. While it may seem simple, consistent attendance creates the foundation for strong academic growth, social development, and lifelong habits.

1. Learning Builds on Itself

School lessons are designed to build on one another. Missing even a day can cause gaps in understanding that make it harder to catch up. By attending school regularly, students stay on track and can fully grasp new concepts.

2. Classroom Engagement

Being in school every day means participating in discussions, activities, and getting real-time feedback from teachers. These interactions are essential for deeper learning and are difficult to replicate if students are absent.

3. Building Strong Habits

Regular school attendance teaches important life skills, such as responsibility and time management. These habits help students succeed not only in school but in their future careers and personal lives.

4. Better Academic Performance

The more consistently a student attends school, the better they tend to perform academically. Regular attendance improves test scores, completion of assignments, and overall academic achievement.

Conclusion

Simply showing up every day sets students up for success. It provides them with the chance to engage, learn, and grow, both academically and personally. Make each day count—because every day in school is an opportunity to get one step closer to your goals.

Attendance Matters

Everyday Counts at Strathaird Primary School

If your child is absent:	That equates to:	Which is:	Which means over their 13 years of education, this is:
1 day every 2 weeks	20 days per year	4 weeks per year	Almost 1.5 years of learning.
1 day per week	40 days per year	8 weeks per year	Over 2.5 years of learning.
2 days per week	80 days per year	16 weeks per year	Over 5 years of learning.
3 days per week	120 days per year	24 weeks per year	Nearly 8 years of learning.

School Photo Day

Thursday 5th June

Order online

Have You Ordered Your School Photos?

Your photo day is: **05/06/2025**



leadingimage.com.au

Strathaird Primary School
DON'T MISS OUT!

To order your school photos:

1. Go to www.leadingimage.com.au
2. Click on Order Your School Photos
3. Enter your Access Key

! Individual & family photos can be ordered with the same access key. Family photographs must be ordered **before 4:30pm the night before photo day**. Please ensure your orders are placed before this time.

Access key: **GLD48ZXJ**

Strathaird



Primary School

Scan to order!



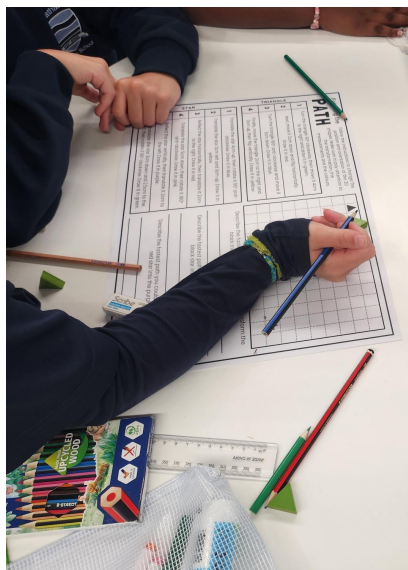
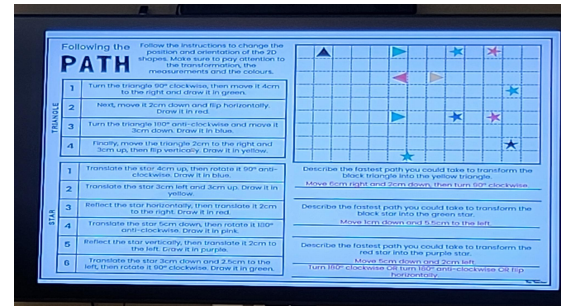
LEADING
IMAGE School Photos

Grade 5

Last week, our Grade 5 students had a fantastic opportunity to come together in the Multi-Purpose building for a collaborative mathematics session. Working in small groups, students engaged in problem-solving activities focused on translating, reflecting, and rotating 2D shapes using the correct mathematical language.

It was wonderful to see the students demonstrating our learning assets of *"I am a Collaborator"* and *"I am a Contributor"* as they worked together to solve these tasks. Through discussion and hands-on learning, students applied their prior knowledge and developed their critical thinking skills to tackle each challenge thoughtfully.

This whole-cohort experience not only strengthened mathematical understanding but also encouraged teamwork and supported positive learning interactions across the Grade 5 classes.



Sport Report

District Cross Country

On the 30th April we had 50 students compete at District Cross Country at Sweeney Reserve. Students competing in the under 10s age group had to run 2km and students competing in the under 11/12s age groups had to run 3km. All of our students tried their hardest and enjoyed the experience of competing against other schools. Congratulations to Savanah Gersbeck, Ali Jabree, Noah Van Der Akker, Irfan Tahsin, Peyton Horne, Timothy Wilkes, Shikeb Zahir, Claire Sho who all placed in the top 10 of their races and will now advance through to Divisionals on the 28th may.



Grade 6 Zooper Dooper Sales

MONDAY AND TUESDAY

\$1.00 Each

OUTSIDE ADMIN AT RECESS

Money raised goes
towards Graduation
2025



**ZOOPER
DOOPER**

STRATHAIRD P.S.

KITCHEN GARDEN PROGRAM



Term 2 Volunteers Grade 5

In Term 2 the Grade 5's will be taking part in the Kitchen Garden Program.

We are **seeking 3-4 volunteers per session** from parents, guardians and carers from within our school community to support the running of the Kitchen Garden Program

Requested Volunteer times

Monday

5B- 9:00am - 11:30am

5A- 11:15am-1:30pm

Thursday

5C - 9:00am - 11:30am

5D - 11:15am-1:30pm

Friday

2:30pm-3:15pm

Kitchen Reset and Garden Maintenance

We welcome volunteers with knowledge and experience in cooking or gardening as well as those wanting to have an active role within their child's school community.

Applicants must have a current **working with children check** or be happy to apply for one which the school office can guide you through. This process is free



to register your
interest please fill
out this form:



Education Week

EDUCATION WEEK



Thursday 22nd May

Open Afternoon - 2:15pm

Parents & Carers are invited to attend your child's
classroom

Voices of many, Learning as one

Helping Hands

Mothers Day

We hope everyone had a wonderful Mother's Day! It was lovely to see the students thoughtfully selecting gifts for their mums, grandmothers, and step-parents.

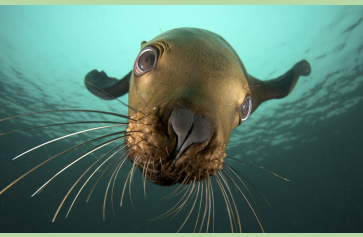
A big thank you to all the volunteers who helped out at the stalls — your support was truly appreciated.

A special shoutout to Brooke Bontemps and Sarah McKenzie for their efforts in organising and purchasing items ahead of time. Your contribution made it all possible!



2nd Hand Uniform Stall

Thank you to everyone who has kindly donated to our second-hand uniform stall. We're currently in the process of washing the clothing, and we'll share a uniform stall date with you as soon as possible.



SUSTAINABILITY NEWS



Rubbish Free Lunches

Over the past few weeks we have been seeing some delicious, healthy and rubbish free lunches. Don't forget we are a rubbish free lunch school **every day!**

The Marine Ambassadors have put together some ideas to make lunch boxes easy:

sandwiches and wraps without plastic wrap (Nude)
mini pancakes

**NO
PLASTIC**

left overs from dinner
e.g. rice dishes, pasta,
nuggets, fish pieces
either cold or in a
thermos flask.

Cut up fruit

- orange
- apples
- banana
- mango
- cherry tomatoes
- berries

cheese cut
into strips
yogurt from
a large tub in
a container
with metal
spoon

Cut up vegetables

- carrots
- mini cucumber
- mini capsicum
- broccoli
- celery

With a dip in a
small container.

popcorn or chips from
a large bag in a
container.



**Rubbish free lunches make less waste and
protect our oceans.**

Basic Muffin Recipe

This recipe is great for rubbish free lunches as it is homemade so involves much less packaging and you can add any flavour you like e.g. chocolate chips, berries, orange and poppyseed etc.

Ingredients (5)

2 1/4 cups self-raising flour

3/4 cup caster sugar

1 egg

1/2 cup vegetable oil

3/4 cup milk



Step 1

Preheat oven to 190C (170C fan-forced). Line a 12 hole, 1/3 cup capacity non-stick muffin pan with paper cases.

Step 2

Sift flour into a large bowl. Stir in sugar. Make a well in the centre. Combine egg, oil and milk in a jug. Pour milk mixture into the well. Using a large metal spoon, stir until just combined.

ENJOY!!

Step 3

Spoon mixture into muffin holes. Bake for 20 minutes or until a skewer inserted into the centre comes out clean. Stand in pan for 2 minutes before turning out onto a wire rack to cool.

Sentral for Parents App

The **Sentral for Parents** app allows families to:

- view academic reports
- explain past and upcoming student absences
- view calendar events
- book parent/teacher interviews
- receive sick bay notifications
- view school newsletters

as well as receive real-time notifications and messages from the school



Instructions for accessing the Sentral for Parent App

1. **Download** the 'Sentral for Parents' app. Depending on your device, visit either the Apple App Store, or the Google Play Store.
2. **Search** for Strathaird Primary School. Tap Next.
3. **Sign in** using your Sentral username (your registered email address) and password (that you created when Registering). Tap Log In.
4. You are now ready to start using the app.

If you have never registered on Sentral:

1. Click register here to register a new account. It will ask you to create a user name and password. Enter your email address as your username and create your own password. You will receive a verification email which **MUST** be verified in order to continue.
2. Once verified, log back into the app and use the access key provided by the school to link to your child's details. *The access key will be created for you once your child is attending.*

For a quick overview on how to access the Parent Portal, please watch this short video.

<https://vimeo.com/sentraleducation/review/431752138/968dcb15a8>

If you have questions about using the app, or need some extra help then please browse the list of FAQs at

<https://info.sentral.com.au/new-app-getting-started> or contact us for assistance.



Important Parent Resources

PROTECT

Everyone has the right to be safe and be protected from abuse.

No one should behave in a way that makes you feel unsafe or afraid, including anyone in your family, anyone at school or anywhere else in the community.

Tell a teacher or any adult at your school if you feel unsafe.



It's everyone's responsibility.

Adults at school must listen and respond to concerns about child abuse.

If you suspect abuse of any child or young person, you have a responsibility to report it, even if you are not sure.

Further information & resources
www.education.vic.gov.au/protect



Attendance

Please ensure your children are at school on time. Students should be at their class by 8.50am ready to begin class by 9am.

If your child is absent, please notify the school through the Parent Portal on Sentral or call the admin on 9705 3800.

Every Minute Counts

Minutes late each school day	5 minutes	• 3 days lost
	10 minutes	• 6.5 days lost
	15 minutes	• 10 days lost
	20 minutes	• 13 days lost
	30 minutes	• 19 days lost

In a school Year



Top 5 online safety tips for kids

1

Set up your device to protect your information.

2

Explore safely & tell an adult if you see anything online that makes you feel yuck.

3

Limit who can contact you when you're playing games.

4

Stop all contact with anyone online who asks you to do anything you don't want to do. Report and block them.

5

Ask for help if anything online is bothering you.



How to report cyberbullying material

1

Report the cyberbullying material to the social media service



2

Collect evidence
copy URLs or take screenshots of the material



If the content is not removed within 48 hours apply steps 3 and 4

3

Report it
esafety.gov.au/report



4

Block the person and talk to someone you trust



If you are in immediate danger, call 000 (triple zero)
If you need to talk to someone, visit kidshelpline.com.au or call them on 1800 55 1800, 24 hours a day 7 days a week

Make good choices



Why do you like it?



Use devices near a grown-up



Time's up



Make good choices

Help children to think about the content they watch and how to manage their time on screens.

Message 1: Why do you like it?

Choosing to say kind things when connecting online is a life-long skill that can help prevent cyberbullying later on. The screen image can be a stimulus to discuss the types of things you should do when video calling, like saying hello with a smile.

Message 2: Use devices near a grown-up

Children need to be aware that digital technologies should be used with a grown-up nearby and in a shared space. Children should get used to the idea, from an early age, that devices should not be used in bedrooms.

Message 3: Time's up.

It is important to discuss with children how they will know when it's time to turn devices off and how they will transition to another activity.

Key questions when discussing this poster could include:

- What do you like to play on devices? What makes you like it?
- Where are these people using devices? Where are you allowed to use them?
- Have you ever been told you have been playing on a device for too long? How do you feel when that happens? What do you usually do?

Be safe



Play with the games and apps that are yours



Only talk with people you know



Some things should be kept private



Be safe

Help children understand personal information and how it can be protected.

Message 1: Play with the games and apps that are yours.

Devices should be set up so children know which content is for them and that other games, programs or apps may not be suitable for them. The screen image shows the folder where the little girl can find the games and apps just for her use.

Message 2: Only talk with people you know.

This picture reminds children that they should only video call when a grown-up is helping them, and only speak to people they know.

Message 3 - Some things should be kept private.

In this picture the boys are creating an avatar with their Grandad. Avatars can be a practical way of showing children how they can keep their real name and identity private by creating a character to represent themselves in games.

Key questions when discussing this poster could include:

- Do you play on your Mum or Dad's phone, tablet or computer? Do you have a special place for your games and apps? How do you know what is yours?
- Do you talk on the computer to your friends and family? Who helps you?
- Why do you think the boy in the last picture looks confused? If you were going to create an avatar for yourself what would it look like? Why?

Be kind



Say kind things



Take turns



Ask before you take a photo



Be kind

Teach children to be kind and respectful in digital contexts.

Message 1: Say kind things

Choosing to say kind things when connecting online is a life-long skill that can help prevent cyberbullying later on. The screen image can be a stimulus to discuss the types of things you should do when video calling, like saying hello with a smile.

Message 2: Take turns

Taking turns is a good way of managing time on screens and building self-regulation skills. The child in the background of this picture is sad because they have been left out of the game.

Message 3: Ask before you take a photo.

The little boy in is taking a photo of himself with his family. The screen image depicts another time when he is asking his family if they would like to be in the photo.

Key questions when discussing this poster could include:

- Have you ever called your family or friends on a computer or tablet like the people in the first photo? What do you think they are saying? How do you know?
- Why do you think the boy in the middle photo looks sad? What could they do to stop him feeling sad?
- Do you always ask someone if it is OK to take their photo before you take it? Why?

Ask for help



Tell a grown-up



Check before you tap



You won't get in trouble



Ask for help

Teach children to ask a trusted grown-up for help with any issue using digital technologies.

Message 1: Tell a grown-up.

It is really important for children to know that if something makes them feel worried, scared or sad when they are using a device they should tell a grown-up.

Message 2: Check before you tap.

Before children use a device, they should ask a grown-up. The picture shows the little boy asking if he can play a new video he has not seen before.

Message 3: You won't get in trouble.

When children are playing with digital technology often things happen that they didn't expect. It can be the same for grown-ups too! Children need to know that if something unexpected happens, they should tell a grown-up. They should be assured that the grown-up will know it was important for the child to share the problem even if it happened because they made a mistake.

Key questions when discussing this poster could include:

- Have you ever seen something that made you feel worried, scared or sad when you were playing on a tablet? Who would you tell? What do you think they would say?
- Who do you ask before you play, watch or tap on something new on a device?

Our Vision Statement and Mission

VISION STATEMENT AND MISSION

To empower students to strive for personal achievement, embrace challenges and develop the skills and values that enable them to become lifelong learners and engaged responsible citizens in an ever changing global society.



Honesty

We are truthful in what we say and do, people can rely on us and trust us .



Strathaird



Primary School

Responsibility

We make good choices and are accountable for our actions .



**School
Values**
PROGRAM



Respect

We value people's worth and qualities and treat them in a polite and friendly manner.



Compassion

We care about others, we treat them with kindness and we help people when they are in need .