

THE PRINCIPAL

Last day of school for Term 2 is Friday next week

School will finish at 2.30 p.m. on Friday June 24th for school holidays.

School will return on Monday 11th July.

A big thank you and well done to all of our students for their effort, hard work and kindness this term and to all families for their help and support. We wish you a happy, relaxing holiday break. Please take care when you are out and about. We will look forward to seeing you next term. :)

STAFFING

Mia Young will be replacing Shelley Smythe in the Office and will commence at the start of Term 3. We look forward to welcoming Mia to our school.

Cheryl Gates, Year 6 Class Teacher and Team Leader, is taking long service leave for Terms 3 and 4. We thank Cheryl for her fine contribution to our school and for all that has been achieved with her students and we wish her a very well-deserved break.

Synead Smith is leaving us next Friday to go on Family Leave. We are delighted for Synead and wish her well for the arrival of her first child. We thank Synead for her excellent work as a Year 1 Teacher and Team Coordinator and look forward to her return sometime in the future.



5 STAR ResourceSmart School

On Friday 3rd June our local MP, Gary Maas, came to assembly to present our School with our fifth and final star, we are now one of a small number of schools in Victoria who are **5** Star ResourceSmart Schools. This a wonderful achievement due to the hard work and commitment of staff, students and families over many years. We should be so proud that we are a school that is jointly leading the way towards a more sustainable world.

STRATHAIRD PRIMARY SCHOOL PRODUCTION—Caught Between the Pages - An event not to be missed!!

The excitement is building towards the Strathaird Primary School production of *Caught Between the Pages*. All Years 3-6 students will be involved in the Production Evening to be held at Bunjil Place Theatre, Fountain Gate, for one night only. What a wonderful experience it is for our students. The music teachers have put a lot of effort into the performances and many others are doing a lot of work behind the scenes in preparation.

The show is on Wednesday 10 August at 6pm. Tickets will be on sale next term (parents will be notified when they go on sale).

All students in Grades 3-6 will be attending a special rehearsal at Bunjil Place on Wednesday 10 August during school time, even if they are unable to attend the actual night time performance.

WHAT WE CAN DO TO LIMIT THE SPREAD OF ILLNESS OVER THE WINTER MONTHS

Continue to look for symptoms of COVID and the flu

We have been experiencing higher than usual student absence rates due to illness. If your child is showing symptoms of COVID or the flu, please do not send them to school. This is important in reducing the spread of illness to others students and staff. Anyone in your household with cold and flu symptoms should get RAT tested for COVID-19 and remain at home. until their symptoms have resolved. To protect others, you and your family should stay at home when unwell, even if you do not have COVID-19.

RAT testing

It is recommended that rapid antigen tests are used by students and staff when symptomatic. Rapid antigen tests are also required to be used for five days if a student or staff member is an identified close contact of a confirmed case, and they are attending school. RAT test kits are available at the Office for families who need them.



Flu vaccinations

Free flu vaccinations are being provided between 1 June and 30 June 2022 to boost vaccination coverage, to help keep Victorians well over winter. With case numbers rising quickly, families are encouraged to get vaccinated against the flu to help stay well and avoid hospitalisation during the colder months. More than 3,000 GP clinics and pharmacies offer free vaccinations.

PARENT TEACHER INTERVIEWS

Parent Teacher Interviews will be held at school on Monday 20 June from 3.30—7.30 p.m. and Tuesday 21 June 3.30—5.00 p.m. Please book appointments on Sentral. If you are having difficulty booking, please call the Office. Student reports can be accessed this Friday, 17 June.

GRANDPARENTS DAY IN PREP

Yesterday we were delighted to welcome Grandparents into Prep classrooms.

As part of their Inquiry Learning unit, Prep students have been developing an understanding of families; that every family is made up of different family members and that all families are special and unique. They have also explored different family events and traditions celebrated by families. Having Grandparents come to school is a very special highlight for our students.



NAIDOC DAY

NAIDOC Day is being celebrated on Friday 17th June to recognise the history, culture and achievements of Aboriginal and Torres Strait Islander peoples. Students will gain some insight into First Nations cultures and histories by completing activities during the day. Students are able to come to school dressed in the colors of the Aboriginal or Torres Strait Islander flags. There will be a poetry writing competition for Years 3-6 and a coloring competition for P-2. Students will develop an indigenous round football jumper design.

CRAZY HAIR AND SOCK DAY

Crazy Hair and Sock Day will be held on the last day of term with students bringing a gold coin donation for Cystic Fibrosis Victoria.

Friday June 17th

Dress in the colours of the Aboriginal flag

 Enter the Naidoc Week poetry or colouring competition.

 Complete your own indidgenous round AFL jumper design,

June/July 2022

Monday 13th Queens Birthday Public Holiday	Tuesday 14th Canteen School Council 7pm	Wednesday 15th Zooper Dooper Day	Thursday 16th Canteen Whole school Photo Day	Friday 17th Canteen Naidoc Day—dress in Aboriginal colors Chocolate Monies Due	<u>Sat 18th &</u> <u>Sunday 19th</u>
Monday 20th Zooper Dooper Day Parent Teacher Interviews	Tuesday 21st Canteen Parent Teacher Interviews AFL Gala Day - Rescheduled	Wednesday 22nd Zooper Dooper Day	Thursday 23rd Canteen	Friday 24th Canteen Last day of Term 2.30pm dismissal—No Assembly Crazy Hair and Sock Day — Gold coin donation	<u>Sat 25th &</u> <u>Sunday 26th</u>
Monday 27th	Tuesday 28th	Wednesday 29th	Thursday 30th	Friday 1st July	<u>Sat 2nd &</u> Sunday 3rd
Monday 4th	Tuesday 5th	Wednesday 6th	Thursday 7th	Friday 8th	<u>Sat 9th &</u> Sunday 10th
Monday 11th School Returns —1st Day Term 3 Zooper Dooper Day	Tuesday 12th Canteen	Wednesday 13th Zooper Dooper Day \$ Due Gr 1 Author Incursion \$ due gr 2 Rockpool Incursion	Thursday 14th Canteen	Friday 15th No Assembly Canteen	<u>Sat 16th &</u> <u>Sunday 17th</u>



Ident

student of the week

Junior School

Prep A -Prep B Nihad & Brandon Prep C Tahlia Prep D Liam & Charlotte Prep E Aidah & Billie Prep F

Strathaird

Prep G Subaiya

Grade 3A

Grade 3B

James & Kai

Grade 3C

Arfan & Lyla

Grade 3D

Rukia & Selini

Grade 1A Audrey & Austin Grade 1B Advith & Eden Grade 1C Eman & Zackariya Grade 1D -Grade 1E

Grade 1F Campbell Grade 2A Hanasa & Elaina Grade 2B Soleiya Grade 2C Asra Grade 2D Ruby & Yasin Grade 2E Macoy



Specialist

Auslan 5C, 6A & 2C Senior PE 5D & 6D Performing Arts 6E

Grade 6A -Grade 6B Ehsan & Sahar Grade 6C Georgia & Gurlin Grade 6D Ryan & Riahana Grade 6E Praganya & Jason



Grade 4A Benji & Bahram Grade 4B Roman Grade 4C Saima Grade 4D Taylah Grade 4E Stephanie

Senior School

Grade 5A Brandon & Zishan Grade 5B Mohammad Grade 5C Hunter & Isaiah Grade 5D Justin & Marcelino & Elaha

Wisdom

Respect

<u>Self</u> Esteem

Happiness

SAVE THE DATE: Thursday 16th of June

Strathaird

Strathaird PS School Photo Day

*Sibling photos taken from 8.00-8.45am *Class photos and groups will be taken during the school day.

Leading Image prefer all payments to be completed online prior to the school photo day.

If you wish to pay cash, please collect an order envelope at the office and *bring exact money on the day of the photos.* NO CHANGE is available at the office.

FAMILY ORDERS: need to be placed online prior to 4.30pm on Wednesday 15th of June.



FEATHERS, FUR & SCALES GRADE 3 INCURSION

Strathaird



At our animal incursion on Wednesday 1st June in the BER building, Tilly showed us different Australian native animals. My personal favourite was the joey. It was so tiny and so fluffy. She felt like cotton candy but not sticky! I got my photo taken with the joey and I had so much fun that I wish I could do it all again! Lyla

Today was going to be special because we were going to an incursion. There were going to be amazing animals and I was excited! Shingle backs are reptiles, their scales feel like pine cones. They stock food in their tail. We waved to its butt and we laughed when Tilly told us. Its scales looked fat and lumpy. Jett

I had been waiting for this incursion forever! When I finally got there, I was amazed but also scared... I thought some animals would eat me! The long neck turtle played dead when Tilly put it on the floor. I thought it would be fast. We also saw a salt water crocodile, luckily it did not eat us! Maria

On Wednesday the 1st of June we had an animal incursion. Tilly showed us some very cool native Australian animals. My favourite part of the incursion was when we saw the Monitor Lizard because Tilly explained that it could knock somebody out with a whip of its tail! How cool is that! Kannon

Let me tell you about our marvellous incursion where we got to see lots of Australian animals. I got to hold a tawny frog mouth! He was very fluffy. He had brown feathers. He could open his mouth as big as his head to catch bugs!



The water monitor eats venomous snakes for us but if you get bitten by the water monitor you won't stop bleeding. The tawny frog mouth can eat any insects with its large beak and it was so soft. Siya

The barn owl really loves its cage and at the end when she had to go back to her cage, she flew straight into it! - Eli

The turtle would go into the road and lay there because it is lovely and warm. To save the turtle you would slide your hand underneath and one hand on top, just like a hamburger. You softly press the shell and then pick it up to move it to safety.

I was excited to see all of the Australian animals Tilly brought to show us! There were reptiles, birds and amazing mammals. The black headed python eats its own family! It uses its black head as a solar panel. Kai

My favorite part of the animal incursion was when Tilly let us hold the different animals. I had a lizard, it felt weird and rough. I learnt that animals can be cold blooded or warm blooded and the Blue-tongue lizard is cold blooded. Michelle

Wow, Tilly brought so many animals for us too see! The Grade 3s got to go on a special incursion and we saw Freddo the Green Tree Frog. He was slimy and absorbs things through his skin. There are different species of possums and we got to see a cute, fluffy ring tail possum. Abbas



Strathaird







Strathaird



Grade 1: Ponding—What lives in our Pond?

This term the Grade 1s continue to find out what animals live in our school with the first focus being on aquatic macro-invertebrates. They went ponding to find out what creatures are living in the pond, some features of these animals and what they tell us about the health of our pond.





A lot of backswimmers live in our pond. They tolerate pollution



A lot of dragon fly nymph live in our pond. They are a little tolerant to pollution. They change into dragon





A lot of water beetles live in our pond. They are a littletolerant to pollution.



We found out that the Strathaird pond is really clean because we found a lot of different aquatic macroinvertebrates, could hear 2 types of frogs and found some tadpoles. We also found some bugs that are very sensitive and only like very clean water.

Introducing our 2022 Marine Ambassadors!



Strathaird

NAME: Azariah Abrahams

<u>GRADE: 6A</u>

Why I wanted to be a Marine Ambassador: to expand my knowledge about marine life and educate others about it.

What I'd like to achieve: learning about seals on our excursion and also to teach younger children to pick up rubbish.

My favourite marine animals is a stingray because I love learning new facts about them, also I find them really pretty and special animals.

LATE FOR SCHOOL?

CHILDREN LEARN BEST AT THE START OF THE DAY

If your child misses	That Equals	Which is	Over 13 years of schooling that is
10 minutes a Day	50 minutes a Week	1.5 Weeks per Year	Nearly <u>1/2 Year</u> of lost learning
20 minutes a Day	1 hour 40 minutes a Week	2.5 Weeks per year	Nearly <u>1 Year</u> of lost learning
30 minutes a day	1/2 a Day a Week	4 Weeks per year	Nearly <u>1.5 Years</u> of lost learning
1 hour a Day	1 day a Week	8 Weeks per year	Nearly <u>2.5 Years</u> of lost learning

Support your child's success. Make sure they attend school, all day, every day!

EVERY MINUTE COUNTS!



Next Meeting

Preferred Payment Method

by MasterCard

Agenilie RUNSy.

Our next meeting will be held in the Before & After School Care Room on Monday 25th July at 9am- Everyone Welcome



Zooper Dopper Days Only \$1

STARTING FROM THE 9TH OF MAY. AVAILABLE ON MONDAYS AND WEDNESDAYS FROM OUTSIDE THE BER ROOM. ALL FUNDS GO TO GRADE 6 GRADUATION

MUSIC SCHOOL

Strathaird

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<u>Establishing Digital Boundaries for a good night's sleep.</u>

By Dr. Kristy Goodwin.



It's well established that sleep is vital for children and adolescents' learning, physical health, mental wellbeing and emotional regulation. Yet, a concerning number of Australian children and adolescents aren't meeting the national sleep guidelines according to a recent study^{*}. There are many reasons for young people's poor sleep habits including school demands, co-curricular and/or work commitments, perceived pressure from parents and educators and consumption of energy drinks. Young people's digital device habits can have a significant, negative impact on their sleep. Handheld devices emit blue light which hampers melatonin production. This can result in the delayed onset of sleep and potentially shorten critical phases of the sleep cycle. Research confirms that children who have not yet gone through puberty are particularly vulnerable to blue light exposure in the evening as they have larger pupils, compared to post-puberty adolescents.

<u>Strategies to stop screens from sabotaging your child's sleep</u>: Parents can have a positive influence on their child and teens' digital habits and doing so will yield positive results for their child's sleep and subsequent learning and wellbeing.

Establish a digital bedtime: Kids should switch off digital devices 60 minutes prior to falling asleep. Reinforce this habit by establishing a 'landing zone' such as a kitchen bench, or desk in a study or sideboard where digital devices go for charging and storage. Many students report that they 'need' to complete homework or submit assignments late at night. Verify the validity of such statements and work in partnership with your child's school to limit this type of required screen activity at night. Parents need to also be good role models by switching off before bed too.

<u>Tech-free zones:</u> Bedrooms should be tech-free zones so consider buying an alarm clock if your child uses a mobile phone to wake themselves up. Keeping devices out of bedrooms removes the tech-temptation to use them throughout the night, reduces the likelihood that they'll reach for them upon waking and lessens the chance of cyberbullying incidents. Ensure any devices left in bedrooms are on airplane mode and that the device is away from their line of sight.

Ensure a daily dose of 'greentime': Exposure to natural blue light from sources such as the sun is critical for regulating circadian rhythms and promoting sleepiness at night. Ensure your child/teen is exposed to bright, natural, daytime light preferably before midday each day

<u>Use blue light filters</u>: Most devices include options for 'night mode' or 'dark mode' that reduce blue light exposure. Dimming the brightness of the screen in the settings or applying a filter on a desktop or laptop also assists.

Do a screen swap before bed: Encourage passive tech activities before bed such as watching TV, listening to an audiobook, music or podcast, or reading on an e-reader. It can be a challenge navigating digital boundaries with your child or teen particularly when it involves sleep, which is vital for health, wellbeing and learning.

David Inturrisi—Acting Assistant Principal and Melissa Coverdale—Student Welfare



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Est 2005

In primary school, some students MISS on average 3 WEEKS of school DET YEAT. That's half a year of school by the end of year 6.

EVERY DAY COUNTS

Primary school attendance

Going to school every day is the single most important part of your child's education. Students learn new things at school every day – missing school puts them behind.

Why it's important

We all want our students to get a great education, and the building blocks for a great education begin with students coming to school each and every day.

If students miss school regularly, they miss out on learning the fundamental skills that will set them up for success in the later years of school.

There is no safe number of days for missing school – each day a student misses puts them behind, and can affect their educational outcomes.

Each missed day is associated with progressively lower achievement in numeracy, writing and reading.

Getting in early

Attendance patterns are established early – a child regularly missing days in kindergarten or in the early years of school will often continue to miss classes in the later years, and receive lower test scores than their classmates. It's vital that students go to school every day – even in the early years of primary school.

What we can do

The main reasons for absence are:

Sickness – There are always times when students need to miss school, such as when they're ill. It's vital that they're only away on the days they are genuinely sick, and setting good sleep patterns, eating well and exercising regularly can make a big difference.

It's vital that holidays are planned during school holidays where possible, and not during the term if it can be avoided.

"Day off" – Think twice before letting your child have a "day off" as they could fall behind their classmates – every day counts.

Truancy – This is when students choose not to go to school without their parent's permission. There can be many reasons for truancy. The best way to address this is for schools and parents to work together.

If for any reason your child must miss school, there are things you can do with your school to ensure they don't fall behind:

 Speak with your classroom teacher and find out what work your child needs to do to keep up. Develop an absence learning plan with your teacher and ensure your child completes the plan.

Remember, every day counts. If your child must miss school, speak with your classroom teacher as early as possible.

Openly communicating with your child's school about all absences is a good way to prevent attendance issues being escalated to a School Attendance Officer. A School Attendance Officer is a Department of Education and Early Childhood Development Regional Director who has authority to follow up attendance issues. Attendance issues that are escalated can lead to an Infringement Notice.

If you're having attendance issues with your child, please let your classroom teacher know so we can work together to get your child to school every day.

For more information and resources to help address attendance issues, visit: www.education.vic.gov.au/school/parents/ behaviour/Pages/studentattendance.aspx



Education and Training



Make good choices



We are Swoosh and Gilde. Here are some tips to keep you safe online.



Why do you like it?

Use devices near a grown-up

Time's up



eSafety Commissioner



Make good choices

Help children to think about the content they watch and how to manage their time on screens.

Message 1: Why do you like it?

Choosing to say kind things when connecting online is a life-long skill that can help prevent cyberbullying later on. The screen image can be a stimulus to discuss the types of things you should do when video calling, like saying hello with a smile.

Message 2: Use devices near a grown-up

Children need to be aware that digital technologies should be used with a grown-up nearby and in a shared space. Children should get used to the idea, from an early age, that devices should not be used in bedrooms.

Message 3: Time's up.

It is important to discuss with children how they will know when it's time to turn devices off and how they will transition to another activity.

- What do you like to play on devices? What makes you like it?
- · Where are these people using devices? Where are you allowed to use them?
- Have you ever been told you have been playing on a device for too long? How do you feel when that happens? What do you usually do?

Be kind

Strathaird

We are Swoosh and Gide. Hore are some tips to keep you safe anline.



Say kind things

Take turns

Ask before you take a photo

eSafety

Early Years

A Commission

Be kind

Teach children to be kind and respectful in digital contexts.

Message 1: Say kind things

Choosing to say kind things when connecting online is a life-long skill that can help prevent cyberbullying later on. The screen image can be a stimulus to discuss the types of things you should do when video calling, like saying hello with a smile.

Message 2: Take turns

Taking turns is a good way of managing time on screens and building self-regulation skills. The child in the background of this picture is sad because they have been left out of the game.

Message 3: Ask before you take a photo.

The little boy in is taking a photo of himself with his family. The screen image depicts another time when he is asking his family if they would like to be in the photo.

- Have you ever called your family or friends on a computer or tablet like the people in the first photo? What
 do you think they are saying? How do you know?
- Why do you think the boy in the middle photo looks sad? What could they do to stop him feeling sad?
- Do you always ask someone if it is OK to take their photo before you take it? Why?

Be safe









Only talk with people you know



Some things should be kept private





Be safe

Help children understand personal information and how it can be protected.

Message 1: Play with the games and apps that are yours.

Devices should be set up so children know which content is for them and that other games, programs or apps may not be suitable for them. The screen image shows the folder where the little girl can find the games and apps just for her use.

Message 2: Only talk with people you know.

This picture reminds children that they should only video call when a grown-up is helping them, and only speak to people they know.

Message 3 - Some things should be kept private.

In this picture the boys are creating an avatar with their Grandad. Avatars can be a practical way of showing children how they can keep their real name and identity private by creating a character to represent themselves in games.

- Do you play on your Mum or Dad's phone, tablet or computer? Do you have a special place for your games and apps? How do you know what is yours?
- Do you talk on the computer to your friends and family? Who helps you?
- Why do you think the boy in the last picture looks confused? If you were going to create an avatar for yourself what would it look like? Why?

Strathaird

Est 2005

Ask for help



We are Swoosh and Glide. Here are some tips to keep you safe online.





Tell a grown-up

Check before you tap

You won't get in trouble



Commissioner

eSafety **Early Years** Online safety for under 5s



Ask for help

Teach children to ask a trusted grown-up for help with any issue using digital technologies.

Message 1: Tell a grown-up.

It is really important for children to know that if something makes them feel worried, scared or sad when they are using a device they should tell a grown-up.

Message 2: Check before you tap.

Before children use a device, they should ask a grown-up. The picture shows the little boy asking if he can play a new video he has not seen before.

Message 3: You won't get in trouble.

When children are playing with digital technology often things happen that they didn't expect. It can be the same for grown-ups too! Children need to know that if something unexpected happens, they should tell a grown-up. They should be assured that the grown-up will know it was important for the child to share the problem even if it happened because they made a mistake.

- Have you ever seen something that made you feel worried, scared or sad when you were playing on a tablet? Who would you tell? What do you think they would say?
- Who do you ask before you play, watch or tap on something new on a device?

How to report cyberbullying material

Strathaird



If the content is not removed within 48 hours apply steps 3 and 4





If you are in immediate danger, **call 000** (triple zero) If you need to talk to someone, visit kidshelpline.com.au or call them on **1800 55 1800**, 24 hours a day 7 days a week





esafety.gov.au

PROTECT

Everyone has the right to be safe and be protected from abuse.

No one should behave in a way that makes you feel unsafe or afraid, including anyone in your family, anyone at school or anywhere else in the community.

Tell a teacher or any adult at your school if you feel unsafe.





It's everyone's responsibility.

Adults at school must listen and respond to concerns about child abuse.

If you suspect abuse of any child or young person, you have a responsibility to report it, even if you are not sure.

Further information & resources www.education.vic.gov.au/protect













VISION STATEMENT AND MISSION

To empower students to strive for personal achievement, embrace challenges and develop the skills and values that enable them to become lifelong learners and engaged responsible citizens in an ever changing global society.

OUR VALUES

We value Wisdom, Respect, Self Esteem and Happiness.

Wisdom – Growth through the acquisition of knowledge skills and experiences. It encompasses the qualities of independence, responsibility and goal setting.

Respect – The valuing of people's worth and qualities and treating everyone in the school

community in a polite and friendly manner. It encompasses the qualities of friendship,

cooperation, courtesy, honesty, trustworthiness, compassion and consideration.

Self Esteem – A feeling of self worth and confidence. It encompasses the qualities of confidence, achievement, enthusiasm, patience, and positive attitude.

Happiness – Appreciation of life and ability to see the positives in most situations. It encompasses the qualities of fairness, forgiveness, safety, and kindness.

Our school motto is: Success, Pride, Self Esteem, chosen by school council as fitting attributes that reflect our underlying values.

HOW WE ENACT OUR VISION STATEMENT AND MISSION

School Council provide Governance and direction through School Policies, the school's Strategic Plan and the implementation of that plan through the Annual Implementation Plans.

The philosophy of our curriculum delivery is based on our vision statement and mission. We

promote our values across the school and include specific presentations on values through whole school assemblies.

Extra curricula activities during lunch times include: library time, gardening,

music/choir, Years 2 sports fun, chess for grades 3, 4 and grade 5 and 6 camps, are all aimed at developing this philosophy.

