

Strathaird Primary School News

22/03/2023

Edition 4



Strathaird



Primary School

School Values

Respect

Honesty

Responsibility

Compassion

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Principal Page

SCHOOL PROGRAMS: CHILD ART THERAPY

Whilst academic learning is high priority for our school, supporting the health and wellbeing of our students, particularly after three years of COVID, is also very important. This year we have introduced Child Art Therapy for our students in Years 4-6. Art Therapy is an evidence-based program which has many benefits for our students. This term Year 4's have been thoroughly enjoying the Art Therapy experience. Students are currently creating an Emotions Toolbox and will be able to use it at school or home once completed.

Terri Whitehouse from the *Seeds of Creation* is running the program and has provided the information below for parents. We are so grateful to Terri for making the time to implement this wonderful program at our school.

"The arts are powerfully transformative, and they provide us with an outlet to express our thoughts, feelings, and ideas without having to put them into words. Child Art Therapy uses visual arts to enhance individual and community development and growth. Art Therapy uses integrative methods, such as kinaesthetic, sensory, perceptual and symbolism to engage the mind, body, and spirit and surpass the limitations of verbal communication."

Art Therapists are professionals with a master's level qualification. They are often registered with the Australian, New Zealand, and Asian, Creative Arts Therapy Association (ANZACATA), which guide their ethical standards and scope of practice.

On an individual level Art Therapy can help boost creativity, spontaneity, and build confidence, self-validation, and realisation of the participants own potential. The way the Art Therapy sessions are structured allows for participants the freedom to explore a theme through art making. This freedom to experiment and test out ideas, express feelings, emotions, and conflicts can help increase personal autonomy and motivation, and can provide participants with insights, self-awareness, and allows them to process and make sense of experiences visually and verbally.

Art Therapy in group settings, such as in schools, allows the participants to develop awareness, recognition, and appreciation of others, and to practice co-operation and involvement in group activities in a safe environment. Group Art Therapy also helps to improve communication, and can encourage participants to relate to one another, which in turn instils feelings of social support and trust and can increase the cohesiveness of the class.

Art making is a form of active meditation and allows the participants to relax and focus on the moment, without judgement. Participants are reassured that Art Therapy focuses more on the meaning and kinaesthetic process of using the art materials, rather than how the image looks. Therefore, being skilled at art is not a requirement!"



Principal Page

Reflections from our Year 4 students on their Art Therapy classes with Terri:

Art Therapy is a calming and relaxing Art that is similar to Visual Art. I love Art Therapy because when we walk in I see pillows and yoga mats. The teacher is Terri and she is such a nice teacher. The thing I love most is when we make the inside and the outside. I love how she gives me advice when I need it. I also love that she is nice and happy to me and all of us. ART THERAPY IS THE BEST. **By Ashwanth**

I do Art Therapy every Monday. Art Therapy helps me in my life because it helps me to be calm and relaxed. We also had a session where we focussed on breathing to calm ourselves down, which really helped me. Terri, our Teacher, always makes us feel like it is a safe place. Terri is very understanding. Everyone loves Art Therapy. We didn't have one session where anyone was upset. Art Therapy is amazing and I think everyone would agree. **By Mannet**

We all love Art Therapy. In Art Therapy we are making boxes. Inside those boxes are animals and we make safe and sound homes for them. On the front of the boxes we draw or write what we are grateful for. The Art Therapist is Terri. When we come inside Terri makes us sit on the floor with a pillow and she gets us to breath in and out to get us calm and relaxed to start the activity she has planned for us. Usually the activity is calm and fun, like using water color paint to paint with. We made the animals out of colorful clay and plasticine. After we were done, we started to make a home for them and camouflaged them. **By Sara**

I love how Terri lets us come in and listen to calm music and explain what we are doing. I also love and enjoy talking to and expressing our emotions to Terri. What I enjoy most is when we draw and color and also paint. **By Phenix**

Art Therapy helps you in many ways, for example, if you have been running around and then do Art Therapy, it helps you to feel relaxed. Terri puts on relaxing music that sounds like waves. I have Art Therapy every Monday and it always helps me. **By Amelia**

We all love Art Therapy. We do great stuff like making special boxes. We decorate the boxes, we can decorate them however we want. The box really helps me. It helps me to feel good and enjoy myself. It has a sheet with strategies to help me be calm or to be in a good mood if I need it. **By Abbas**



Principal Page

NATIONAL RIDE2SCHOOL DAY

This **Friday, 24 March** our School is celebrating Ride2School Day and students are encouraged to ride, walk or scoot to school. It is expected that more than 350,000 students across the country will participate. We would like as many families to participate as possible. The aim of Ride2School day is to promote healthy habits and active travel and it is hoped this day kick starts continuation of these activities.

As well as the health benefits of active travel, it is also good for the environment because there are fewer cars on the road. *For every kilometre you actively travel instead of driving, you save 243.8 grams of carbon emissions. But what does that actually mean? On National Ride2School Day 2022, students across Australia saved 28 tonnes of CO2 by actively travelling to school – the equivalent of planting 195 trees. That's only one day. Imagine if we did that every day of the school year. Over a year we'd save 5,600 tonnes of CO2 – the equivalent of planting 39,000 trees!* How many trees can WE save on Friday?

LET'S GET INVOLVED

EASTER BONNET PARADE & LAST DAY OF SCHOOL

Thursday 6th April is the final day of school for Term 1 and School will finish at 2.30 p.m.

At 9.15 a.m we will be having an Easter Bonnet Parade on the Basketball Court.

From next week, students will be creating Easter Bonnets/Decorated hats at school during class time for the parade. All materials will be provided.

Students are not able to bring hats to school but they can bring craft supplies from home if they would like to.

Please see the flyer in this newsletter.





School Values

Awards



- Congratulations to the following Students who received the **Responsibility Award**

Prep A	Tina
Prep A	River
Prep B	Jayda-Tay
Prep B	Parker
Prep C	Ava
Prep C	Laila
Prep D	Billie
Prep D	Ali
1A	Raahim
1A	Selena
1B	Marwa
1B	Amelia
1C	Hunter
1C	Rory
1D	Haidera
1E	Nihad
1E	Johanna
1F	Aiden
1G	Avaleen
1G	Subhan
2A	Seth
2A	Arlo
2B	Prathna
2B	Kaitlyn
2C	Claire
2E	Diva
2E	Angus

3A	Isla
3A	Charlene
3B	Kiara
3B	Emran
3C	Jay
3C	Zoey
3D	Jerry
3E	Felix
3E	Ami
4A	Ashwanth
4A	Roya
4B	Ryan
4B	Zayn
4D	Andrea
4D	Maria
5A	Stephanie
5A	Kane
5B	Liam
5B	Daniel
5C	Nima
5C	Gifre
5D	Oman
5D	Fatima
5E	Chase
5E	Aksh
6A	Zishan
6A	Eman
6B	Ella
6D	Izabela

Honesty

Respect

Responsibility

Compassion

TERM 1 2023 - DATES TO REMEMBER

	Monday	Tuesday	Wednesday	Thursday	Friday
M A R C H	6	7 Gr 6 Camp Info Night 5pm	8 Division Swimming	9 Parent English Language Program Information Session	10 Curriculum Day - No School
	13 Labour Day - No School	14 Grade 4 City of Casey Incursion	15 Marine Ambassadors Training Day	16	17 P-2 Assembly
	20	21 School Council 7pm	22 Grade 6 Camp BookClub Due	23 Grade 6 Camp	24 Grade 6 Camp 3-6 Assembly Ride2School Day
	27 \$ Due Happy Me Incursion	28 Student Leadership Conference	29	30	31 P-2 Assembly

A P R	3 Prep Happy Being Me Incursion	4	5 \$ due Cross Country	6 Last day of Term 1- 2.30pm finish Easter Bonnet Parade @9.15am	7 Good Friday
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TERM 2 2023 - DATES TO REMEMBER

	Monday	Tuesday	Wednesday	Thursday	Friday
A P R	24 First Day Term 2 No Students PPD Day for Staff	25 Anzac Day - No School - Public Holiday	26 Students Return 9am Start	27 \$ Due District Cross Country	28 3-6 Assembly
M A Y	1 \$ Due Gr 1 Mad Science Incursion	2 \$ due Gr 3 Healesville Excursion	3 District Cross Country	4 Gr 1 Mad Science Incursion	5 P-2 Assembly
	8 Mothers Day Stall	9 Mothers Day Stall Gr 3 Healesville Excursion School Council 7pm	10 Extra Mothers Day Stall at recess	11	12 3-6 Assembly

Student of the Week



Prep A	Asra	For excellent work with learning her numbers and for following instructions in the classroom!
Prep A	David	For excellent work during Phonics lessons and a huge effort with your sounds! Well Done!
Prep B	Adam	For showing excellent reading skills
Prep B	Jayda-Tay	For having a go at using sounds in your writing
Prep C	Fabhea	For being a hard worker
Prep C	Amiel	For using his sound knowledge in writing
Prep D	Issy	For being a great classroom helper
Prep D	Leon	For his wonderful work and focus during Phonics
1A	Yasir	For being extra kind and helpful to others.
1A	Michael	For working so hard on your reading reading skills!
1B	Max	For being kind and always helping others.
1B	Ali	For being honest and respectful at all times.
1C	Jannat	For working hard to keep her handwriting neat.
1C	Jesse	For working on using expression in reading
1D	Daniel	For fantastic concentration and effort with number lines in maths
1D	Heavenly	For her fantastic sentences in writing this week.
1E	Aron	For working hard to improve his reading.
1E	Priscilla	For working hard to include more detail in her writing.
1F	Billie	Hard work in Writing
1F	Andy	Working hard to improve his writing stamina
1G	Leah	For working hard each morning to improve your reading.
1G	Adeli	For producing creative and interesting writing each day!
2A	Nataliah	For her outstanding effort when completing a task in Writing, Reading and Maths.
2A	Shayan	For working hard and being descriptive in his writing.
2B	Hamza	For always following instructions quickly and quietly.
2B	Roya	For her amazing work with fact families.
2C	Sharun	For making good choices during learning times
2C	Taylah	For being an excellent reading team leader and helping her classmates
2E	Jaweria	For being a super helper around the classroom.
2E	Nui	For the detail and punctuation he used while writing about our virtual excursion to the snow.

Specialists

Auslan	4A	For remembering lots of the signs we have learnt along our Auslan journey so far
Auslan	2C	for being amazing little number runners in our fruit salad game
PE Junior	PC	Great soccer skills in PE.
PE Junior	1E	Demonstrating great skills in PE
PE Senior	5A	For displaying great sportmanship when playing basketball.
PE Senior	3E	For always trying their hardest.
Sustainability	1A	Terrific work making their own bird nests and explaining how birds can be hurt by litter.
Sustainability		Marine Ambassadors for amazing work on their training day and showing great leadership.

Student of the Week



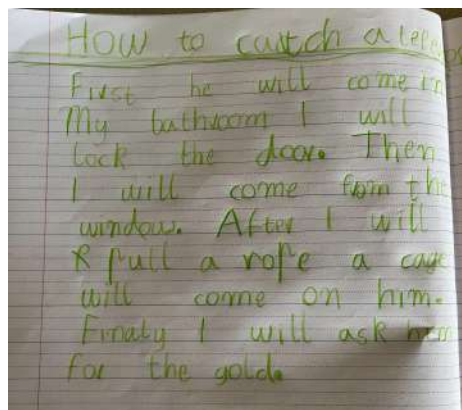
3A	Ali-Sina	for trying his best when writing an exposition text.
3A	Timora	for showing positive attributes such as compassion and caring for others
3B	Isaac	for displaying a positive approach towards worded problems in Mathematics
3B	Samira	for some great arguments in her exposition text
3C	Reza	For working hard to produce a fabulous exposition. Amazing work!
3C	Cleo	For the wonderful work and effort this week!
3D	Athena	For her exposition writing
3E	Georgia	For trying her best with her work.
3E	Wasi	For always being polite and helpful in class.
4A	Ashley	For always doing her best in activities and taking care with the presentation of her work.
4A	Sam	For his creative sizzling starts for narrative writing!
4B	Ali	For his amazing presentation of all book work, including his homework.
4B	Isabel	For her enthusiasm during Writing sessions all week.
4D	Laine	Her beautiful manners and always doing her best. Well done!
4D	Mohammad	For participating in class activities and discussions enthusiastically. Well done!
5A	Ali	For using magnificent persuasive techniques in Writing!
5B	Benji	For sharing his ideas in class discussions. Well done Benji!
5B	Iqra	For always doing her best and being a kind and thoughtful student. You're a star!
5C	Tyler	For your awesome attention to your introduction in your exposition. Keep up the super effort!
5C	Nimar	For always trying your hardest in everything that you do. Well done Nima!
5D	Nimar	For consistently working hard to complete tasks. Keep up the terrific work!
5D	Aban	For trying hard in all learning areas. Keep it up!
5E	Isabella	For writing a strong introduction for your exposition piece. Awesome job!
5E	Elhaam	For trying his best in all learning tasks this week. Well done Elhaam!
6A	Fatima	Having a great attitude to your learning
6A	Breanna	Always trying your best! For always being enthusiastic in the classroom.
6B	Abigail	For always applying yourself to class tasks and striving to further your knowledge.
6B	Mia	For your happy and positive outlook, and your cheery smile that lights up our room!
6D	Justin	For excellent contributions to Guided Reading discussion
6D	Oscar	For his wonderful effort when completing his homework tasks. Well done!



Grade 2

As part of our weekly writing sessions, we have been creating fun and engaging experiences for the students to participate in and then write about. Here are some of our students' spectacular writing pieces!

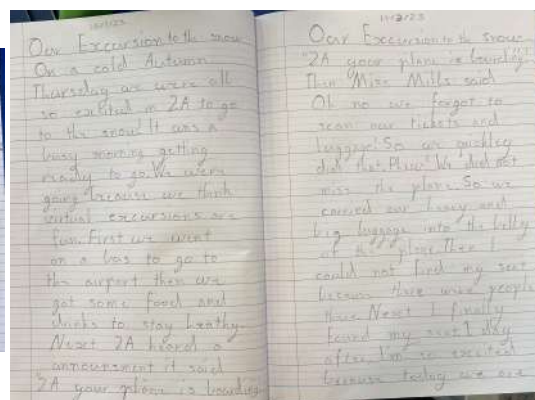
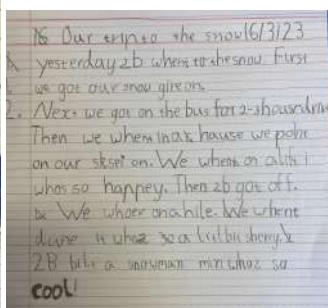
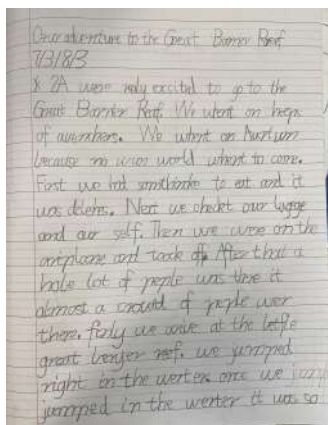
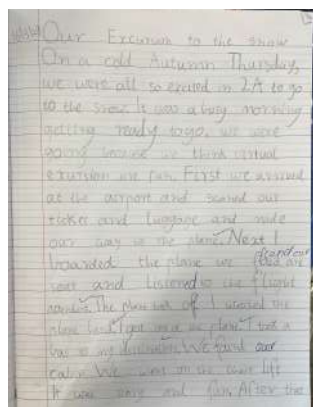
St. Patrick's Day We have listened to a story about how to catch a leprechaun and have come up with our own ideas on how we can catch a leprechaun. We even got to write in **green**!



Monster Friend for a Day We used our senses to create a monster character and built it with playdough to match our descriptions. We then wrote all about our adventures with our new monster friend.



Virtual Excursions We have also been on 2 virtual excursions together. One to the Great Barrier Reef and one to the Snow!



Swimming News



JUNIOR SWIMMING PROGRAM

Each year Strathaird Primary School offers a swimming program as an extra curricula activity to our grades Prep, 1 & 2 students. This program is run by Paul Sadler Swimland in Narre Warren South and is extremely beneficial for each child who participates as it not only teaches swimming stroke technique, water safety and water confidence it also promotes fitness and independence. It is not compulsory for children to participate however is highly recommended by our School Leadership team and the PE department.

The program will run in Term 3. Children attend 8 sessions which are organised into four 30 min sessions per week, with Friday assigned as a rest day. Grade 2 students and students in grades 1A, 1B and 1C will be swimming from the dates August 21st through to August 31st. Students in grades Prep and grades 1D,1E,1F and 1G will be swimming from September 4th through to September 14th.

A permission form and details will be sent to you via Sentral on Friday 24th March. The cost of the program is \$125 per student which covers bus transport and swimming instructor charges. Payment is due by July 31st and can be made through QKR, Eftpos or CSEF. Payments can also be made in cash at our school office (8.30-8.50 am or after school) More information regarding swimming times will be sent to parents closer to the commencement of the swimming program.

DIVISIONAL SWIMMING RESULTS

Congratulations to Ethan Van Den Akker for his efforts at the Divisional Swimming Finals, which he participated in the Freestyle and Backstroke Under 12 boys events. After winning both races at the District level he placed 2nd and 3rd at the Divisional finals.

Well done Ethan on your efforts and we wish you success with your swimming in the future.



Music

STRATHAIRD'S GOT TALENT

Do you have a special talent?

We want to see it!

**We're holding
a talent show
in term 3.
Auditions will
be early term
2.**

Rehearsals will be some
recess and lunch times.
The performance will
be during the day in the
school gym.

If you can dance,
sing,
play an instrument,
do magic,
martial arts,
gymnastics or another
amazing skill,
you might be the
talent we need.

**Student info meeting - music
room - lunch time - tuesday 28th
March.**



Marine Ambassadors 2023 - Peer teaching Excursion

On Wednesday 15th March the Marine Ambassadors for the Great Southern Reef attended an excursion to Pearcedale PS. There they were taught how to conduct a peer teaching lesson about marine animals and the effect of pollution on marine life. They will be teaching this lesson to Strathaird Students during Term 2.



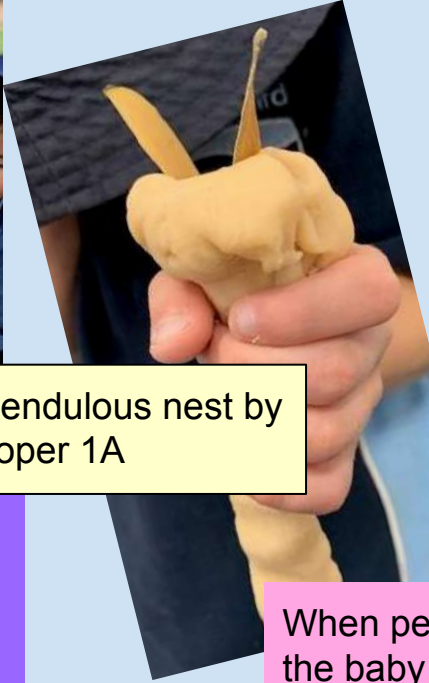
The students showed excellent leadership skills, work collaboratively with the Pearcedale Ambassadors and overcame their nerves to teach a group of Grade 2 students. Well done Ambassadors!

Grade 1 Nest Building

The Grade 1 students have been learning about the animals that live in our school. One group of animals they have learned about is birds. We have explored what birds need to survive and learned about next build. We make our own nests from natural materials and playdoh.



A pendulous nest by Cooper 1A



If you bring balloons to school and they go on the ground they might hurt a bird because they could not breathe.

When people break eggs that will hurt the baby birds so we should leave next alone. By Zarah 1D

We can use bubbles instead of balloons because balloons can kill birds.



Rubbish is really bad for the environment so you shouldn't bring rubbish to school because it can get in the environment and that is really bad by Natalie 1D



Birds don't know some things are rubbish but they use them for their nests and it can hurt the baby birds and they can die. by Hugo 1D

If there is rubbish the birds might get hurt so we have to try to make sure there is no rubbish anywhere so the birds won't get hurt or die by Willow 1D



Earth Hour

‘Take time out for nature’

This Earth Hour, we’re calling on all Australians to sign up to switch off and join a worldwide community of millions taking #TimeOutForNature.

We need to take time out for our planet. Our environment continues to degrade at an alarming pace. Eastern Australia is among the 24 global deforestation fronts, and we are the only developed nation on this list.


An estimated 200,000 trees are bulldozed in Australia every day. That’s 8,000 trees every hour!

Trees are the lungs of our planet, and we need them to help reverse the impacts of climate change. Now is the time to press Pause and work together to protect nature and restore what we have lost.

So make the time – whether its 60 seconds, 60 minutes or beyond the hour – to reflect on the incredible benefits nature provides us and create a better future for people and planet.

Together, lets take #TimeOutForNature this Earth Hour.

If you want to sign up as a family to participate visit – www.earthhour.org.au



The poster features a woman in a hat and backpack standing in a forest with her arms outstretched. The text 'Take time out for nature' is overlaid on the image, along with a 'switch off' button icon. At the bottom, it says 'Saturday March 25, 8:30pm' and 'earthhour.org.au'. Logos for '60 EARTH HOUR' and 'WWF' are also present.

Take time out for nature

switch off

Saturday March 25,
8:30pm

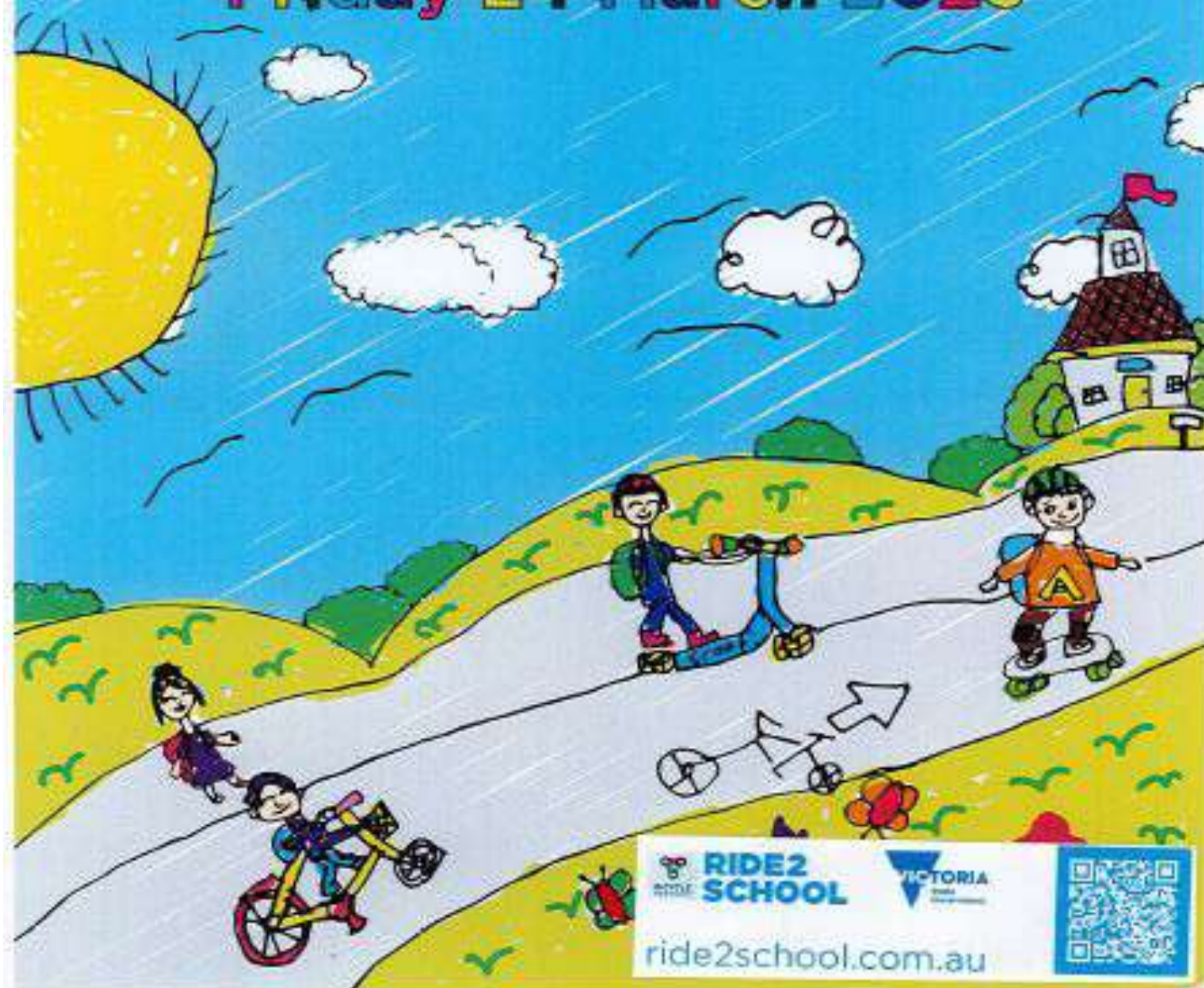
earthhour.org.au

60
EARTH
HOUR

WWF

NATIONAL RIDE2SCHOOL DAY

Friday 24 March 2023



Strathaird Primary School is celebrating Ride 2 School Day. We are encouraging all students to ride/walk/scoot to school on Friday 24th March 2023. If you are unable to ride/walk/scoot the whole way, part of the way is encouraged if possible.

Special Events



You're invited to the Strathaird PS
Easter Bonnet Parade

Thursday 6th April
9:15am
Basketball Court



In the last 2 weeks of Term 1 students will create an Easter Bonnet/decorated hat for the parade during class time. We kindly ask no hats made from home are brought in. However, we do need your help!

If your child has any great craft supplies that they would like bring in from home to use for their bonnet they are welcome to or if you have an excess supply you want to bring in for your child's class. If you don't have any at home, some supplies will be available for each class to use.

If you have donated craft supplies, please hold on to them until March 27th.

Sport/Child Safety



Child safety and wellbeing at Strathaird Primary School information for families and the school community

The Victorian Government has announced new Child Safe Standards to further strengthen child safety across organisations, including schools. The new standards recognise the critical importance of families and the broader school community in maintaining and promoting child safety and wellbeing.

Strathaird Primary school has reviewed and updated our child safety policies and procedures to ensure they meet the requirements of the new standards. These are available to view on the school website on: www.strathairdps.vic.edu.au

We are committed to continuous improvement in our approach to child safety and wellbeing and welcome feedback from families and members of our school community on ways we can further strengthen our child safety policies, procedures and practices.

If you have any suggestions, comments or questions, please contact

Julie Kennedy
Strathaird Primary School Principal



From the Admin

Changes to permission forms and payments in 2023

This year we are aiming to go as paperless as possible with our parent communications and permission forms for excursions, incursions and activities.

What does this mean for me as a parent?

*Permission forms for excursions and incursions will now be completed digitally on the Sentral for Parents App.

*Paper copies will no longer be sent home, so it is important that at least one parent in each family has access to the Sentral for Parents app and that you have **NOTIFICATIONS** turned on.

***Sentral for parents will have a strict due date and no late permissions can be given once an event is closed.**

*Payments can still be made on the **QKR app (preferred)**, with EFTPos at the office or with cash, however cash payments for excursions and incursions can no longer be sent via the classroom teacher.

*All cash payments need to be made at the office between 8.30 - 8.50am OR afterschool.

*CSEF can still be used for activities. We aim to notify families of their CSEF balance on the newsfeed of the Sentral for Parents App. (this used to be handwritten on the permission forms). If you need to check your CSEF balance at any time, please contact the office via phone or email.

The office staff are happy to help you with access to the app, Sentral access keys, questions about how it works etc. We also have an ipad in the office that parents can use if you do not have access to the internet at home.

A reminder that we do not keep change in the office, so if you wish to pay cash, please make sure that you have exact money.

Are your details up to date?

Have you changed your home address, mobile numbers or work details?

Do you have a new parent email address?

Do you need to change your emergency contact details?

If you answered yes to any of the above questions, please email the school office strathaird.ps@education.vic.gov.au and we will update the information on file.

Sentral for Parents App

The **Sentral for Parents** app allows families to:

- view academic reports
- explain past and upcoming student absences
- view calendar events
- book parent/teacher interviews
- receive sick bay notifications
- view school newsletters

as well as receive real-time notifications and messages from the school



Instructions for accessing the Sentral for Parent App

1. **Download** the 'Sentral for Parents' app. Depending on your device, visit either the Apple App Store, or the Google Play Store.
2. **Search** for Strathaird Primary School. Tap Next.
3. **Sign in** using your Sentral username (your registered email address) and password (that you created when Registering). Tap Log In.
4. You are now ready to start using the app.

If you have never registered on Sentral:

1. Click register here to register a new account. It will ask you to create a user name and password. Enter your email address as your username and create your own password. You will receive a verification email which **MUST** be verified in order to continue.
2. Once verified, log back into the app and use the access key provided by the school to link to your child's details. *The access key will be created for you once your child is attending.*

For a quick overview on how to access the Parent Portal, please watch this short video.

<https://vimeo.com/sentraleducation/review/431752138/968dcb15a8>

If you have questions about using the app, or need some extra help then please browse the list of FAQs at

<https://info.sentral.com.au/new-app-getting-started> or contact us for assistance.



Important Parent Resources

PROTECT

Everyone has the right to be safe and be protected from abuse. No one should behave in a way that makes you feel unsafe or afraid, including anyone in your family, anyone at school or anywhere else in the community. Tell a teacher or any adult at your school if you feel unsafe.



It's everyone's responsibility.

Adults at school must listen and respond to concerns about child abuse.

If you suspect abuse of any child or young person, you have a responsibility to report it, even if you are not sure.

Further information & resources
www.education.vic.gov.au/protect



Top 5 online safety tips for kids

- 1** Set up your device to protect your information.
- 2** Explore safely & tell an adult if you see anything online that makes you feel yuck.
- 3** Limit who can contact you when you're playing games.
- 4** Stop all contact with anyone online who asks you to do anything you don't want to do. Report and block them.
- 5** Ask for help if anything online is bothering you.



Attendance

Please ensure your children are at school on time. Students should be at their class by 8.50am ready to begin class by 9am.

If your child is absent, please notify the school through the Parent Portal on Sentral or call the admin on 9705 3800.

Every Minute Counts

5 minutes	• 3 days lost
10 minutes	• 6.5 days lost
15 minutes	• 10 days lost
20 minutes	• 13 days lost
30 minutes	• 19 days lost



In a school Year

How to report cyberbullying material

1

Report the cyberbullying material to the social media service



2

Collect evidence
copy URLs or take screenshots of the material



If the content is not removed within 48 hours apply steps 3 and 4

3

Report it
esafety.gov.au/report



4

Block the person and talk to someone you trust



If you are in immediate danger, call 000 (triple zero)
If you need to talk to someone, visit kidshelpline.com.au or call them on 1800 55 1800, 24 hours a day 7 days a week

Make good choices



Why do you like it?



Use devices near a grown-up



Time's up



Make good choices

Help children to think about the content they watch and how to manage their time on screens.

Message 1: Why do you like it?

Choosing to say kind things when connecting online is a life-long skill that can help prevent cyberbullying later on. The screen image can be a stimulus to discuss the types of things you should do when video calling, like saying hello with a smile.

Message 2: Use devices near a grown-up

Children need to be aware that digital technologies should be used with a grown-up nearby and in a shared space. Children should get used to the idea, from an early age, that devices should not be used in bedrooms.

Message 3: Time's up.

It is important to discuss with children how they will know when it's time to turn devices off and how they will transition to another activity.

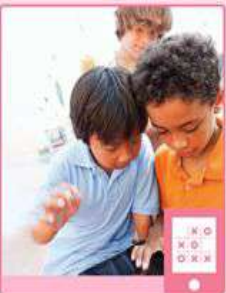
Key questions when discussing this poster could include:

- What do you like to play on devices? What makes you like it?
- Where are these people using devices? Where are you allowed to use them?
- Have you ever been told you have been playing on a device for too long? How do you feel when that happens? What do you usually do?

Be kind



Say kind things



Take turns



Ask before you take a photo



Be kind

Teach children to be kind and respectful in digital contexts.

Message 1: Say kind things

Choosing to say kind things when connecting online is a life-long skill that can help prevent cyberbullying later on. The screen image can be a stimulus to discuss the types of things you should do when video calling, like saying hello with a smile.

Message 2: Take turns

Taking turns is a good way of managing time on screens and building self-regulation skills. The child in the background of this picture is sad because they have been left out of the game.

Message 3: Ask before you take a photo.

The little boy in is taking a photo of himself with his family. The screen image depicts another time when he is asking his family if they would like to be in the photo.

Key questions when discussing this poster could include:

- Have you ever called your family or friends on a computer or tablet like the people in the first photo? What do you think they are saying? How do you know?
- Why do you think the boy in the middle photo looks sad? What could they do to stop him feeling sad?
- Do you always ask someone if it is OK to take their photo before you take it? Why?

Be safe



Play with the games and apps that are yours



Only talk with people you know



Some things should be kept private



Be safe

Help children understand personal information and how it can be protected.

Message 1: Play with the games and apps that are yours.

Devices should be set up so children know which content is for them and that other games, programs or apps may not be suitable for them. The screen image shows the folder where the little girl can find the games and apps just for her use.

Message 2: Only talk with people you know.

This picture reminds children that they should only video call when a grown-up is helping them, and only speak to people they know.

Message 3 - Some things should be kept private.

In this picture the boys are creating an avatar with their Grandad. Avatars can be a practical way of showing children how they can keep their real name and identity private by creating a character to represent themselves in games.

Key questions when discussing this poster could include:

- Do you play on your Mum or Dad's phone, tablet or computer? Do you have a special place for your games and apps? How do you know what is yours?
- Do you talk on the computer to your friends and family? Who helps you?
- Why do you think the boy in the last picture looks confused? If you were going to create an avatar for yourself what would it look like? Why?

Ask for help



Tell a grown-up



Check before you tap



You won't get in trouble



Ask for help

Teach children to ask a trusted grown-up for help with any issue using digital technologies.

Message 1: Tell a grown-up.

It is really important for children to know that if something makes them feel worried, scared or sad when they are using a device they should tell a grown-up.

Message 2: Check before you tap.

Before children use a device, they should ask a grown-up. The picture shows the little boy asking if he can play a new video he has not seen before.

Message 3: You won't get in trouble.

When children are playing with digital technology often things happen that they didn't expect. It can be the same for grown-ups too! Children need to know that if something unexpected happens, they should tell a grown-up. They should be assured that the grown-up will know it was important for the child to share the problem even if it happened because they made a mistake.

Key questions when discussing this poster could include:

- Have you ever seen something that made you feel worried, scared or sad when you were playing on a tablet? Who would you tell? What do you think they would say?
- Who do you ask before you play, watch or tap on something new on a device?

Our Vision Statement and Mission

VISION STATEMENT AND MISSION

To empower students to strive for personal achievement, embrace challenges and develop the skills and values that enable them to become lifelong learners and engaged responsible citizens in an ever changing global society.



School Values Awards



We value Honesty, Respect, Responsibility and Compassion.

Honesty – We are truthful in what we say and do, people can rely on us and trust us.

Respect – We value peoples worth and qualities and treat them in a polite and friendly manner.

Responsibility – We make good choices and are accountable for our actions.

Compassion– We care about others, we treat them with kindness and we help people when they are in need.

Our school motto is: Success, Pride, Self Esteem, chosen by school council as fitting attributes that reflect our underlying values.

HOW WE ENACT OUR VISION STATEMENT AND MISSION

School Council provide Governance and direction through School Policies, the school's Strategic Plan and the implementation of that plan through the Annual Implementation Plans. The philosophy of our curriculum delivery is based on our vision statement and mission. We promote our values across the school and include specific presentations on values through whole school assemblies.

Extra curricula activities during lunch time include: library time gardening, music/choir, Years 2 sports fun, chess for grades 3, 4 and grade 5 and 6 and camps, are all aimed at developing this philosophy.

