

Strathaird Primary School News

06/12/2023
Edition 19



Strathaird



Primary School

School Values

Respect

Honesty

Responsibility

Compassion

Contact Us:

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9705 3800

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www.strathairdps.vic.edu.au

Principal Page

Thank you to all families within our school community for an excellent year. Whilst we have had some challenging times getting our building works completed and with the statewide staffing shortage, there have been many successes and achievements. Our students have been delightful; kind and caring friends and excellent learners in their classrooms. Thank you to all of our staff, they are an outstanding group of people who work incredibly hard each and every day for every student. Thank you to all of our parents, who have supported their children's learning, the staff and our school in so many ways, I am very grateful to you all.



Thank you and very best wishes to all of our Year 6 students as they commence Secondary School in 2024, we are sad to see them leave our school but we know they will go on to bigger and better things in the future. Finally, a very big thank you to Jenny Smith who has been an outstanding School Council member and President over many years, we thank her for her valuable contributions and wish her well for the future. I wish you all a very happy festive season. Have a happy, relaxing holiday, stay safe, we look forward to seeing you when school resumes on Tuesday 30th January.

Building works

Our students and staff have been incredibly patient since our building works commenced in August last year. We have had a large amount of fencing up for a very long time and students have been amazing, playing without issues or complaints in a small space. Our staff have also been impacted in many ways over the past 17 months but have showed tremendous good will, as they always do. We are hoping that with the return to school next year that almost all of our building works will be completed and most fencing will be gone.

Staff farewells

Last Friday, we farewelled Ms Page who is taking family leave. We wish Jayde and her partner well for the arrival of their baby in January. At the end of the school year we will say goodbye to Ms Belinda McLean, Ms Madi Slade and Ms Megan Heys. We thank Belinda, Madi and Megan for the very significant effort they have put into their Year 2 and Year 6 classes this term and we wish them well for the future. Ms Allison Weiss is taking up a 12 month position at another school closer to home. She has done an excellent job providing English as a Second Language instruction to students, working with our Multicultural Aides and supporting school families over many years. We wish Allison well for the future.

End of year dismissal/start of school 2024

A reminder that students will be dismissed at the usual time of 3.15 p.m. for the last day of school on **Monday 18th December. Tuesday 19th December and Wednesday 20th December are Pupil Free Days.** School commences on **Tuesday 30th January** for all students except Prep, who will start full time on **Monday 5th January.**



A short, easy to remember, check for children to practice when crossing roads

REMINDER FOR CHRISTMAS CONCERT

PHOTOGRAPHING, FILMING AND RECORDING SCHOOL ACTIVITIES

Strathaird Primary School permits parents/carers, students and invited guests to photograph, film or record school performances, sporting events and other school-approved activities.

Strathaird Primary School requests that parents/carers, students and invited guests who photograph, film or record school activities only do so for their own personal use and do not publish the images in any form, including on social media, without the prior consent of persons whose children also appear in the images.

Neither the school nor the Department own or control any images of students taken by parents/carers, students or their invited guests at school activities.

Principal Page

What is happening for the remainder of the school year?

- * Year 6 Graduation - Wednesday 6 December at Bunjil Place from 6.00 p.m. Students to arrive at 5.15 p.m.
- * Whole School Assembly - Monday 11 December at 9.00 a.m. Parents are invited to attend.
- * Christmas Concert - Monday 11 December 5.15—7.00 p.m. Families to attend. Food vans will be available or bring a picnic.
- * State-wide Transition Day - Tuesday 12 December

2024 Preps will be at Strathaird Primary School for their final transition session from 9.15—10.45 a.m.

2024 Year 7s at their new secondary school (check information you have received from your child's secondary school)

- * Year 6 Excursion to Gumbuya World - Monday 14 December
- * Class Parties Wednesday 13 December 11.30 a.m.—12.30 p.m.
- * Meet 2024 Classes - Friday 15 December 10.15 a.m.
- * Last day for students - Monday 18 December (normal finishing time 3.15 p.m.)
- * Teachers Professional Practice day - Tuesday 19 December (no school for students, students finish the previous day).
- * Curriculum day - Wednesday 20th December (no school for students).

CHRISTMAS CONCERT Monday 11 December

We are looking forward to our end of year Christmas Concert and over the coming week's students will be busy practicing their songs ready for their performance.



The important times for the evening are as follows:

4.15 - 5.15 p.m.

FAMILY, FRIENDS and FUN TIME

- * Vendors start selling at 4.15 p.m.
- * Time to eat with family and friends.
- * Time to socialise.
- * There will be an area at the back if you wish to bring a chair and an area for rugs in the front half.
- * There will be a floor seating viewing section in front of the stage where you can photograph your child. Please ensure you are sitting on the ground so the people behind you can see.

5.15 p.m.

ANNOUNCEMENT for students to come and sit with their teacher and class group in their designated spot.

5.30 p.m.

CHRISTMAS CONCERT TIME



School Values Awards



Congratulations to the following Students

Week 8 - Responsibility

Prep A	Minahil
Prep B	Ethan
Prep C	Rylee
Prep D	Skye
1A	Skye
1B	Rayn
1C	Ariah
1D	Jowakou
1E	Umrah
1F	Billie
1G	Yunus
2A	Mahsa
2B	Yevin
2E	Austin
3A	Moe
3B	Samira
3C	Noah
3D	Blake
3E	Yousuf
4A	Selini
4B	Mohammad
4C	Zainab
4D	Sabehlla
5A	Isla
5B	Indi
5D	Hosna
6A	Apoorvi

Week 9 - Responsibility

Prep A	River
Prep B	Braxton
Prep C	Diesel
Prep D	Carter
1A	Yasir
1B	Iqra
1D	Mali
1E	Cedric
1G	Amir
2E	Mia
3A	Timora
3B	Ethan
3C	Reza
3D	Macoy
3E	Lincoln
4A	Phenix
4B	Leah
4C	Wyatt
4D	Omar
5A	Omid
5B	Sanika
5D	Abieha
6A	Hadia
6C	Saaim

Respect

Compassion

Honesty

Responsibility

TERM 4 2023 - DATES TO REMEMBER

	Monday	Tuesday	Wednesday	Thursday	Friday
D E C E M B E R	4th	5th Gr 6 Graduation Lunch	6th Gr 6 Graduation @ Bunjil 6pm	7th Prep Myuna Farm Excursion	8th JNR Assembly SNR Electives Last day of canteen for 2023
	11th Christmas Concert Final Whole School Assembly Gr 6 Swimming	12th 2024 Yr 7 Transition Day 2024 Prep Orientation Day 2nd Hand Uniform Stall	13th Gr 6 Swimming	14th Gr 6 Gumbuya World	15th Gr 6 Swimming
	18th Last day of 2023 for students - 3.15pm finish	19th PPD Day for Staff - No Students to attend	20th Curriculum Day - No Students	21st	22nd
				Christmas Holidays	



Don't forget your Hat

From Friday the 1st of September don't forget to wear your hat every day.

We are a sunsmart School.

Have a happy, relaxing holiday, stay safe, we look forward to seeing you when school resumes on Tuesday 30th January.



Student of the Week



Week 8

Prep A	Daniel	For being a kind and thoughtful student of Prep A!
Prep B	Estella	For working hard to add extra detail to your writing. Well done!
Prep C	Vihaan	For trying your best in your writing!
Prep D	Madison	For always working so hard and for beautiful handwriting!
1A	Mehria	For writing wonderful stories all week!
1B	Iqra	for your hard work in reading and writing!
1C	Sarina	For always showing our school values!
1D	Amon	For his excellent reading and detailed retell. I'm so proud of you!
1E	Samar	For being a kind and thoughtful member of our class. Well done!
1F	Riyansi	For being a kind and thoughtful member of our class
1G	Delda	For terrific effort in reading every day at school!
2A	Alina	For all her hard work in Reading this year!
2B	Arsalan	For excellent work and focus in Mathematics!
2C	Eman	For brilliant work on her story
2E	Jax	For showing amazing growth over the year in all aspects of school life!
3A	Zahra	For working hard this semester to improve her knowledge in Number.
3B	Xiomara	for demonstration great team work and persistence during our maths problem-solving
3C	Mikayla	For her wonderful recount. Well done!
3D	Blake	For showing your understanding of number.
3E	Ruby	For always being helpful in the classroom.
4A	O'Brian	For being well-mannered and always having a positive attitude!
4B	Lola	For settling well into classroom routines and expectations
4C	Ray	For his excellent teamwork!
5B	Lincoln	For working hard and making good choices. Well done Lincoln!
5D	Karim	For having a positive attitude and being a wonderful friend.
5E	Elhaam	For making good choices with your Maths learning. Well done Elhaam!
6A	Zishan	For your high interest and being actively involved in all of your learning tasks.



Student of the Week



Week 9

Prep A	Kainat	For always listening beautifully and working so hard!
Prep B	Ruby	For always showing kindness and helping others.
Prep C	Amiel	For always trying his best!
Prep D	Richard	For making a big effort in writing this week.
1A	Kamran	For working well with others!
1B	Elektra	For working hard at problem solving this week!
1D	Zahra	For being an amazing helper this week. Thanks Zahra!
1E	Layla	For working hard to improve her writing.
1G	Liam	For terrific fluency and AMAZING comprehension in reading!
2E	Chloe	For using her problem solving skills when completing a challenging Maths task!
3A	Kiyanah	For her fantastic quick write, remembering to use a title and paragraphs.
3B	Zoe	for her great recount from the perspective of Goldilocks
3C	Jason	For his hard work in Maths sessions.
3D	Azeta	For your contributions to learning about the word of the day.
3E	Colin	For excellent group work this week
4A	Hena	For working hard on your Information Report about The Great Barrier Reef.
4B	Mohammad	For working hard to improve his writing.
4C	Ebony	For always being helpful in the classroom!
4D	Andrea	
5A	Omid	For his fantastic effort and attitude towards learning!
5B	Liam	For his fantastic and informative information report. Well done Liam.
5D	Ashvik	For an excellent effort with Author Studies activities. Well done.
5E	Omid	For putting in an amazing effort in his information report on France. Well done Omid!
6A	Kiara	For your great attitude towards your learning, especially during group tasks.
6C	Uahniva	For her commitment and effort in writing a wonderful story for her buddy
6D	Melody	For her dedication and willingness to mentor her peers this term!

Specialists

Auslan	5E	For designing unique illustrations for your handshape design
PE Senior	5D	For great listening
Auslan	2B	For taking part in meaningful discussions on the book Can Bears Ski
PE Senior	6A	For always trying their hardest



Prep Page

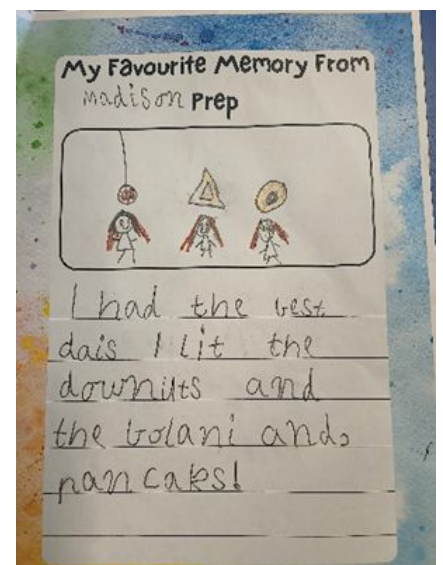
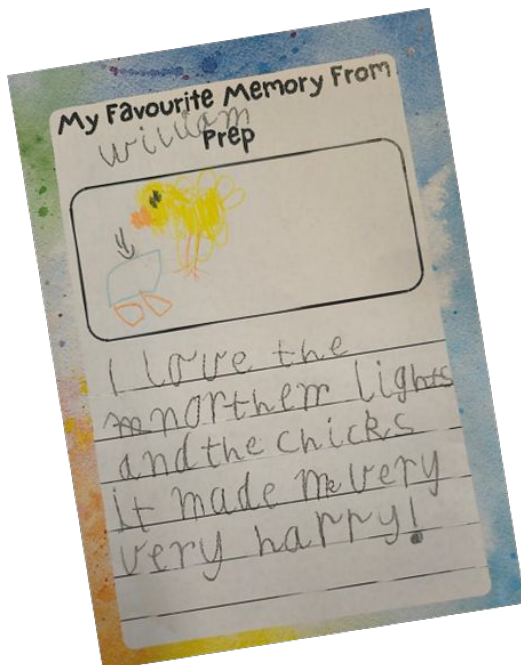
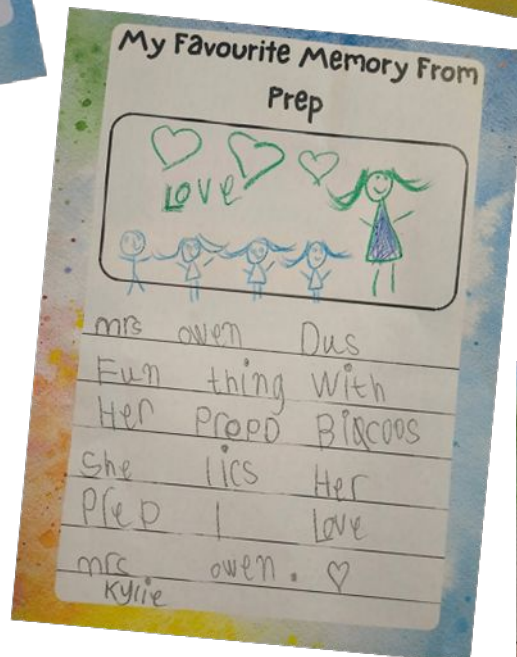
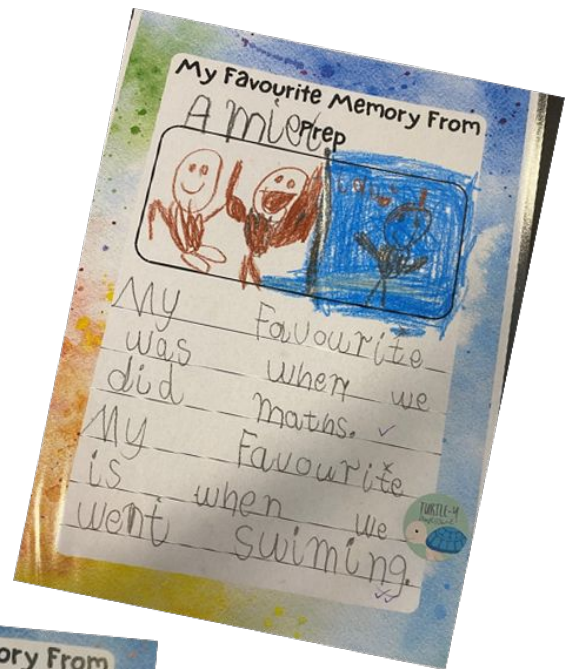
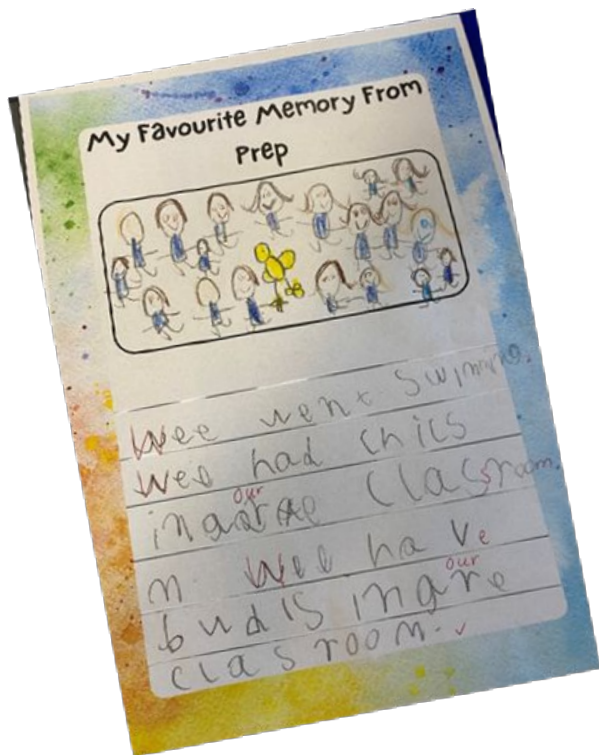
As the year comes to an end, the prep students have been reflecting on their first year of school. We have been thinking about all the fun experiences we have been through and all that we have learnt.

During our Writing sessions we have been talking about our favourite memories; with many students all noting different experiences. Some of the memories including their first day of school, crazy hair day and an Easter bonnet parade. They have reflected on seeing their Grandparents at school, making new friends, building a wooden aeroplane and taking care of baby chicks. Making grass heads, noodle necklaces and celebrating our 100 days of school are only a few fun times we have shared.

The students enjoyed writing about their favourite memory and illustrating their 'best day'.



Prep Page



It has been a fantastic year and the Prep teachers are very proud of every student and the progress they have made throughout the year. The students should be so pleased of the growth they have made and enthusiasm they showed in all that they have undertaken this year.

Wellbeing Page

Enough

by Dr Justin Coulson

Many of our children are drenched in the insecurity of feeling incomplete, inadequate, insufficient. And even our seemingly confident and competent kids are struggling. The ones who are “succeeding”, the ones who are ticking all of the right boxes, the ones who are “winning”, are often the WORST at feeling like they’re “enough”.

I wish it weren’t true, but it is our well-intentioned attempts to optimise our children’s success in the future that can leave them feeling like it’s all too much. After evaluating over 50 studies, one pair of researchers concluded that “increases in excessive parental expectations and harsh parental criticism offer perhaps the most plausible explanation for rising perfectionism to date.”

This is not to lay the blame solely at the feet of parents. Rising levels of societal individualism, focus on attainment, increasing economic inequality and rising competitiveness have created a societal background that easily leads to controlling parenting practices and excessive parental expectations. We have the best of intentions in wanting our children to succeed, but in trying to secure a good future for our kids, we expect too much, criticize too harshly, and minimise their autonomy. All of this leads to a tremendous number of kids feeling that they’re not ‘enough’.

Yet with so many of our children feeling that they are not enough, a helpful question to ask is:

What does ‘enough’ look like?

“If I could only... then I will be enough”, “If I can just... then I will be enough”, “When I achieve... then I will be enough.” A sense of “enough” will never come this way. It can’t. Because even when those things are achieved, there will always be someone more beautiful, smarter, or funnier. Valuing self based on extrinsic characteristics will always lead to feeling incomplete, inadequate, insufficient, imperfect.

Another form of success – what I call intrinsic success – is built on the development of character. It accumulates over time through steady, consistent effort and an emphasis on doing the inner work of becoming a better person.

Here are five things we can do to help our children overcome their anxieties and perfectionism and achieve intrinsic success:

1. Show them they matter

People who know they matter are more resilient and engaged in life than those without a sense of mattering. We show someone they matter by demonstrating that our love and care for them is not conditional upon performance.

2. Teach them who they are

Children who are told family stories believe they are responsible and that they are capable of controlling things rather than being at the mercy of external or environmental elements. Children who know their family identity tend to feel better about themselves. They have “roots”. AUTHOR Dr Justin Coulson Dr Justin Coulson is a dad to 6 daughters. He is the parenting expert and co-host of Channel Nine’s Parental Guidance, and he and his wife host Australia’s #1 podcast for parents and family: The Happy Families Podcast. He has written 7 books about families and parenting. For further details visit happyfamilies.com.au.

3. Be a hope builder

If we are hopeful we know where we’re going (goals), can see a way to get there (pathways), and believe we can actually walk that path (agency). As parents, we must be hope builders in our children’s lives. We do that by helping them identify things that are worth working towards by setting goals based on personal interests and passions. We help them break the goal down into smaller tasks and make sure they have the resources, tools, and information required to pursue their goal. And we celebrate their achievements, provide reassurance when they face difficulties, and remind them that setbacks are opportunities for growth and learning.

4. Encourage them to do hard things

Competence is a vital human need. Yet you don’t become confident by shouting affirmations in the mirror or having your parents pump up your tyres with false praise. It comes from doing the hard thing again and again. And then it comes from celebrating achievement. When they do the hard thing, ask your child how it felt to progress. Boost them up with real compliments and genuine praise – praise that reflects their own positive self-evaluations and helps them feel good about their efforts.

5. Help them make a real difference

We all need to be a part of something larger than ourselves. Perhaps we might help our children realise they are enough by encouraging them to step outside themselves and look outwards in service to others. In so doing, I believe they’ll discover that, while no one may ever be quite “enough”, they will be more than they ever could have been otherwise. Ultimately, here’s what I want our kids to know: I am enough because of who I am right now in this moment. Being enough isn’t something that our kids need to achieve. It isn’t something that is determined by what they have done. It is their ability to accept themselves completely in the present moment that gives them the ability to feel like they are enough. They are enough. Right now. Just the way they are.

Christmas Concert

STRATHAIRD PRIMARY SCHOOL

PRESENTS

2023

CHRISTMAS CONCERT



MONDAY 11TH DECEMBER

NO ACCESS UNTIL 4:15PM

4:15pm - 5:15pm - Food Vendors open & socialise

5:15pm - Be seated in your class area

5:30pm - Start

PLEASE BE MINDFUL THERE WILL BE A CHAIR SEATING AREA
TOWARDS THE BACK AND A PICNIC AREA IN FRONT

A FLOOR SEATING VIEWING SECTION FOR PHOTOS WHILE YOUR
CHILD IS PERFORMING WILL BE IN FRONT OF THE STAGE

Uniforms

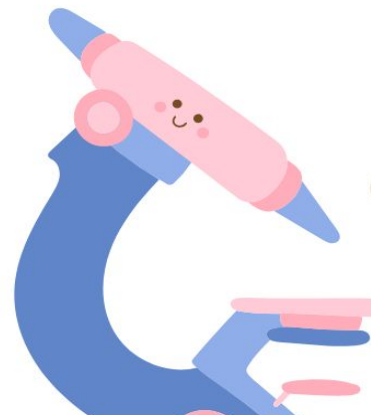
A REMINDER TO:

Please make sure that ALL your children's belongings (clothes, lunch boxes, drink bottles, stationery, etc.) are CLEARLY LABELLED with your child's name.

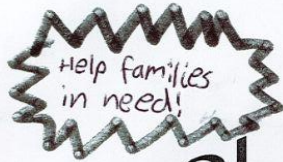
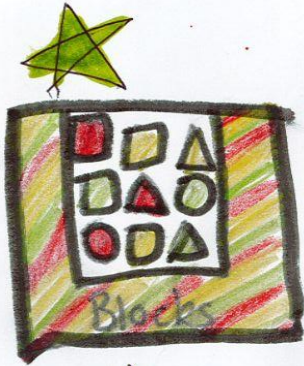
Labelled property can be easily returned to its owner.

لطفاً مطمئن شوید که تمام وسایل فرزندان شما (لباس،
جعبه ناهار، بطری
نوشیدنی، لوازم التحریر و غیره) به وضوح با نام فرزند شما
برچسب گذاری
شده باشد.
اموال دارای برچسب را می توان به راحتی به صاحب آن
بازگرداند.

Thank You



Food and Toy Drive



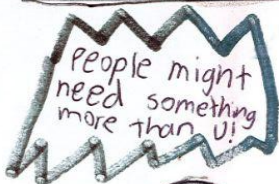
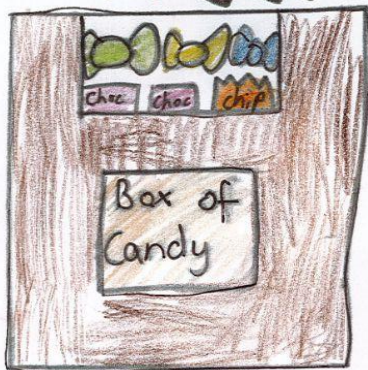
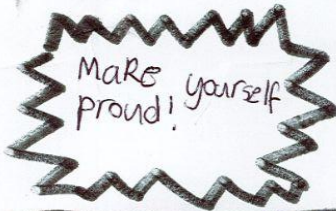
Christmas

FOOD & TOY DRIVE

Donations go to the
Salvation Army to help
local families in need.

Nov 27 - Dec 15

All donations of New
Toys and Non perishable
food appreciated.



Drop off point SPS office



Food and Toy Drive



BASKETBALL PROGRAMS



JOIN A TEAM



**To Register
Scan Here**

OR

HOOP HEROES CLASSES

**To Register
Scan Here**



FOR MORE INFORMATION ON OUR PROGRAMS AND COMPETITIONS

EMAIL: HOOPS@CASEYBASKETBALL.COM.AU



Library / Child Safety

Library News

The library is closed for stocktake. Can you please ensure that all library books are returned asap

Thank you.



Child safety and wellbeing at Strathaird Primary School information for families and the school community

The Victorian Government has announced new Child Safe Standards to further strengthen child safety across organisations, including schools. The new standards recognise the critical importance of families and the broader school community in maintaining and promoting child safety and wellbeing.

Strathaird Primary school has reviewed and updated our child safety policies and procedures to ensure they meet the requirements of the new standards. These are available to view on the school website on: www.strathairdps.vic.edu.au

We are committed to continuous improvement in our approach to child safety and wellbeing and welcome feedback from families and members of our school community on ways we can further strengthen our child safety policies, procedures and practices.

If you have any suggestions, comments or questions, please contact

Julie Kennedy
Strathaird Primary School Principal



From the Admin

Are your details up to date?

Have you changed your home address, mobile numbers or work details?

Do you have a new parent email address?

Do you need to change your emergency contact details?

If you answered yes to any of the above questions, please email the school office strathaird.ps@education.vic.gov.au and we will update the information on file.

School Bags for sale at the office

We have a limited number of school bags available for sale at the office.

School bags are \$40 each and are navy blue with a 3 colour printed school logo on them.

To purchase, please visit the office with cash or EFTPos OR on the QKR App.



2024 Student Stationery

Information about the 2024 Student Stationery was sent home with students earlier this term. Copies of each year level's information can be found on our school website:

<https://www.strathairdps.vic.edu.au/parent-information/payment-notifications/>

Strathaird Primary School is looking forward to another great year of teaching and learning and would like to advise you of Strathaird Primary School's voluntary financial contributions for 2024.

The student stationery supplies will be ordered in bulk class lots and **delivered directly to classrooms** for the beginning of the school year. **There will be no book collection day held in 2024.**

We have decided to purchase stationery in bulk to take advantage of the cost savings for our families. Bulk buying supplies allows us to supply all students with the correct materials to complete the curriculum and saves families the hassle of sourcing supplies themselves. We welcome all contributions towards the cost of these materials.

Sentral for Parents App

The **Sentral for Parents** app allows families to:

- view academic reports
- explain past and upcoming student absences
- view calendar events
- book parent/teacher interviews
- receive sick bay notifications
- view school newsletters

as well as receive real-time notifications and messages from the school



Instructions for accessing the Sentral for Parent App

1. **Download** the 'Sentral for Parents' app. Depending on your device, visit either the Apple App Store, or the Google Play Store.
2. **Search** for Strathaird Primary School. Tap Next.
3. **Sign in** using your Sentral username (your registered email address) and password (that you created when Registering). Tap Log In.
4. You are now ready to start using the app.

If you have never registered on Sentral:

1. Click register here to register a new account. It will ask you to create a user name and password. Enter your email address as your username and create your own password. You will receive a verification email which **MUST** be verified in order to continue.
2. Once verified, log back into the app and use the access key provided by the school to link to your child's details. *The access key will be created for you once your child is attending.*

For a quick overview on how to access the Parent Portal, please watch this short video.

<https://vimeo.com/sentraleducation/review/431752138/968dcb15a8>

If you have questions about using the app, or need some extra help then please browse the list of FAQs at

<https://info.sentral.com.au/new-app-getting-started> or contact us for assistance.



Important Parent Resources

PROTECT

Everyone has the right to be safe and be protected from abuse.

No one should behave in a way that makes you feel unsafe or afraid, including anyone in your family, anyone at school or anywhere else in the community.

Tell a teacher or any adult at your school if you feel unsafe.



It's everyone's responsibility.

Adults at school must listen and respond to concerns about child abuse.

If you suspect abuse of any child or young person, you have a responsibility to report it, even if you are not sure.

Further information & resources
www.education.vic.gov.au/protect



Top 5 online safety tips for kids

1

Set up your device to protect your information.

2

Explore safely & tell an adult if you see anything online that makes you feel yuck.

3

Limit who can contact you when you're playing games.

4

Stop all contact with anyone online who asks you to do anything you don't want to do. Report and block them.

5

Ask for help if anything online is bothering you.



Attendance

Please ensure your children are at school on time. Students should be at their class by 8.50am ready to begin class by 9am.

If your child is absent, please notify the school through the Parent Portal on Sentral or call the admin on 9705 3800.

Every Minute Counts

5 minutes	• 3 days lost
10 minutes	• 6.5 days lost
15 minutes	• 10 days lost
20 minutes	• 13 days lost
30 minutes	• 19 days lost



In a school Year

How to report cyberbullying material

1

Report the cyberbullying material to the social media service



2

Collect evidence
copy URLs or take screenshots of the material



If the content is not removed within 48 hours apply steps 3 and 4

3

Report it
esafety.gov.au/report



4

Block the person and talk to someone you trust



If you are in immediate danger, call 000 (triple zero)
If you need to talk to someone, visit kidshelpline.com.au or call them on 1800 55 1800, 24 hours a day 7 days a week

Make good choices



Why do you like it?



Use devices near a grown-up



Time's up



Make good choices

Help children to think about the content they watch and how to manage their time on screens.

Message 1: Why do you like it?

Choosing to say kind things when connecting online is a life-long skill that can help prevent cyberbullying later on. The screen image can be a stimulus to discuss the types of things you should do when video calling, like saying hello with a smile.

Message 2: Use devices near a grown-up

Children need to be aware that digital technologies should be used with a grown-up nearby and in a shared space. Children should get used to the idea, from an early age, that devices should not be used in bedrooms.

Message 3: Time's up.

It is important to discuss with children how they will know when it's time to turn devices off and how they will transition to another activity.

Key questions when discussing this poster could include:

- What do you like to play on devices? What makes you like it?
- Where are these people using devices? Where are you allowed to use them?
- Have you ever been told you have been playing on a device for too long? How do you feel when that happens? What do you usually do?

Be safe



Play with the games and apps that are yours



Only talk with people you know



Some things should be kept private



Be safe

Help children understand personal information and how it can be protected.

Message 1: Play with the games and apps that are yours.

Devices should be set up so children know which content is for them and that other games, programs or apps may not be suitable for them. The screen image shows the folder where the little girl can find the games and apps just for her use.

Message 2: Only talk with people you know.

This picture reminds children that they should only video call when a grown-up is helping them, and only speak to people they know.

Message 3 - Some things should be kept private.

In this picture the boys are creating an avatar with their Grandad. Avatars can be a practical way of showing children how they can keep their real name and identity private by creating a character to represent themselves in games.

Key questions when discussing this poster could include:

- Do you play on your Mum or Dad's phone, tablet or computer? Do you have a special place for your games and apps? How do you know what is yours?
- Do you talk on the computer to your friends and family? Who helps you?
- Why do you think the boy in the last picture looks confused? If you were going to create an avatar for yourself what would it look like? Why?

Be kind



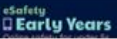
Say kind things



Take turns



Ask before you take a photo



Be kind

Teach children to be kind and respectful in digital contexts.

Message 1: Say kind things

Choosing to say kind things when connecting online is a life-long skill that can help prevent cyberbullying later on. The screen image can be a stimulus to discuss the types of things you should do when video calling, like saying hello with a smile.

Message 2: Take turns

Taking turns is a good way of managing time on screens and building self-regulation skills. The child in the background of this picture is sad because they have been left out of the game.

Message 3: Ask before you take a photo.

The little boy in is taking a photo of himself with his family. The screen image depicts another time when he is asking his family if they would like to be in the photo.

Key questions when discussing this poster could include:

- Have you ever called your family or friends on a computer or tablet like the people in the first photo? What do you think they are saying? How do you know?
- Why do you think the boy in the middle photo looks sad? What could they do to stop him feeling sad?
- Do you always ask someone if it is OK to take their photo before you take it? Why?

Ask for help



Tell a grown-up



Check before you tap



You won't get in trouble



Ask for help

Teach children to ask a trusted grown-up for help with any issue using digital technologies.

Message 1: Tell a grown-up.

It is really important for children to know that if something makes them feel worried, scared or sad when they are using a device they should tell a grown-up.

Message 2: Check before you tap.

Before children use a device, they should ask a grown-up. The picture shows the little boy asking if he can play a new video he has not seen before.

Message 3: You won't get in trouble.

When children are playing with digital technology often things happen that they didn't expect. It can be the same for grown-ups too! Children need to know that if something unexpected happens, they should tell a grown-up. They should be assured that the grown-up will know it was important for the child to share the problem even if it happened because they made a mistake.

Key questions when discussing this poster could include:

- Have you ever seen something that made you feel worried, scared or sad when you were playing on a tablet? Who would you tell? What do you think they would say?
- Who do you ask before you play, watch or tap on something new on a device?

Our Vision Statement and Mission

VISION STATEMENT AND MISSION

To empower students to strive for personal achievement, embrace challenges and develop the skills and values that enable them to become lifelong learners and engaged responsible citizens in an ever changing



Honesty

We are truthful in what we say and do, people can rely on us and trust us .



Strathaird



Primary School

Responsibility

We make good choices and are accountable for our actions .



**School
Values**
PROGRAM



Respect

We value people's worth and qualities and treat them in a polite and friendly manner.



Compassion

We care about others, we treat them with kindness and we help people when they are in need .