# Strathaird Primary School News 6/3/2024 **Edition 3**



### **Strathaird**



**Primary School** 











### **Contact Us:**

20 Sherwood Road Narre Warren South, 3805

PO Box 4124 Narre Warren South, 3805

9705 3800

Strathaird.ps@education.vic.gov.au

www.strathairdps.vic.edu.au

# **Principal Page**



After more than 3 years of planning and construction, a huge amount of effort by a lot of people, together with the support, flexibility and goodwill of our whole school community, I am very pleased to announce our building works will be completed by Thursday 21 March.

On Friday 22 March we will be having a Celebration Day. Students will be given tours of the facilities, an ice-cream from the ice-cream van and a fun bag. Parents and carers are invited to a tour of the new buildings, followed by Devonshire Tea in the Eco-Cabin.

From the start of Term 2 the Eco-Cabin will be home to the *Science and Technology Centre*, *Kitchen Garden program*, and *Whole Year level learning experiences*. The Eco-Cubby will be home to the *Sustainability program*.

We have had issues with the new oval but we are reassured it is almost ready for use. An Eco-Trail around the perimeter of the school still requires some work but will eventually become a wildlife corridor and connect up all of our sustainable practices around the school. The canopy between the Eco-Cubby and Eco-Cabin needed to be taken down and is being redesigned and rebuilt in either the Term 1 or Term 2 holidays.

# **Principal Page**

After 20 months of building works, we are opening up...

# CELEBRATION DAY PRIDAY 22 MARCH

9.00 a.m. - 1.30 p.m.

CLASSES - Each class will tour the Eco-Cabin, Eco-Cubby and Eco-Trail with their

teacher at any time up to 1.30 p.m.

11.00 - 11. 30 a.m.

STAFF - Coffee van and Devonshire Tea

From 11.30 a.m.

STUDENTS - Visit the Ice-cream van.

Option 1 - Your child will be offered an ice-cream from the van. The ice-cream is Halal friendly.

Option 2 - If your child is unable to have ice-cream due to allergies or dietary issues, parents need to email the School Office informing staff their child can be given a Zooper Dooper instead.

Option 3 - If you don't want your child to have ice-cream or a Zooper Dooper, parents need to email the School Office informing staff their child cannot be given an ice-cream or a Zooper Dooper.

2.15 - 3.00 p.m.

PARENTS and CARERS - Will be given a guided tour through the Eco-Cabin and Eco-Cubby and will be offered Devonshire Tea and Coffee from the van. Please meet at the School Office at 2.15 p.m. If you are coming to the Parents and Carers afternoon session, please RSVP the School Office via email by Wednesday 13 March.

3.15 p.m.

STUDENTS - Will receive a special CELEBRATION DAY fun bag from their teacher at home time.

# **Principal Page**



### Wrigh, is 5<sup>th</sup> best in the World Game Coding Competition 2024

Big congratulations to Year 5 student, Wrigh, who was placed 5<sup>th</sup> in the **world** in the 9 and 10 year olds section of the **World Game Coding Competition**. How amazing!

During January while we were on holidays, Wrigh was completing his entry for the competition. There were 917 competitors in total from 786 schools spread across 52 countries. Wrigh was the top Australian in his section.

Wrigh is passionate about programming and coding and said he would like to do this kind of job in the future.

Well done Wrigh, we are so proud of you!

### Year 6 Camp

Yesterday our Year 6 students headed off to Briars Camp at Mount Martha. Set in 15 acres of natural bushland, Briars offers an array of outdoor adventure activities.

Students will enjoy a presentation and some star gazing at the local Observatory tonight.

A big thank you to Jodie Willshire for her outstanding organisation of the camp. A big thank you to Shanna Wyman, Melissa Coverdale, Jenn Van Doorn, Litza Waters, Shane Kelly, Tyson Zimmerle and Corey Fleming for going to camp, without these amazing people, this camp would not have been possible.





### **Helping Hands - Pancake Day**

On Monday our students enjoyed a treat of pancakes thanks to a very big effort from eleven wonderful parents who came to school to cook and serve over **800** pancakes. A big thank you also to Sharon McMahon for her fine organisation of this activity.

# Sustainability News













# Sustainability through your lens photography competition.

The Grade 2 students have been taking photos of things at school that show what Sustainability means to them. A finalist was voted by each grade who have been entered in the Sustainability Victoria photography competition. Congratulations to our finalists and good luck!



Billie R 2D



Rory 2E



Dylan 2B



Mallika 2F



Adna 2A



Ariah 2C

# Sustainability News













ResourceSmart Schools

# **Strathaird Recycling Programs**

Many families have enthusiastically contributed to our school recycling programs oer the last few years. Due to the delay in our use of the Eco Cubby which is where the recycling system will be located, we will not be recycling additional items until Term 2. In the meantime you are welcome to start a collection of the following items ready to bring to school next term.

### these include:

- bottle caps (e.g. milk and soft drink bottles
- empty toothpaste tubes, floss packets, and used plastic toothbrushes
- Bread bags (make sure you shake out all the crumbs)
- mobile phones

We look forward to resuming these programs in TERM 2.

Don't forget to recycle batteries at Coles, Woolies, Bunnings or Officeworks



# Term 1/2 2024 - Dates

	Monday	Tuesday	Wednesday	Thursday	Friday
M A	<b>4th</b> Pancake Day	<b>5th</b> Grade 6 Camp Clean up Australia Day	<b>6th</b> Grade 6 Camp	<b>7th</b> Grade 6 Camp	8th Curriculum Day - No students to attend School
R C H	11th Labour Day Public Holiday	<b>12th</b> Gr 6 Inter School Sports Form due	13th Naplan Gr 3 & 5 Bookclub Due	14th Naplan Gr 3 & 5 \$ Due Gr 1 Incursion	15th Naplan Gr 3 & 5 SNR Assembly Gr 6 Inter School Sport
	<b>18th</b> Naplan Gr 3 & 5 Gr 1 Incursion	19th School Council @ 6.30pm Naplan Gr 3 & 5	<b>20th</b> Naplan Gr 3 & 5	<b>21st</b> Naplan Gr 3 & 5 Prep Parent Open Afternoon	22nd Naplan Gr 3 & 5 No Assembly Ride2SchoolDay Strathaird Cross Country Celebration Day
Α	25th Naplan Gr 3 & 5 Gr 5 Camp Deposit Due	26th	27th	28th Last Day of Term 1 - 2.30pm Dismissal Easter Bonnet Parade 9:15am	<b>29th</b> Good Friday
P R	<b>1st April</b> Easter Monday	2nd	3rd	4th	5th
L	8th	9th	10th	11th	12th
	<b>15th</b> 1st Day of term 2	16th	17th	18th	<b>19th</b> No Assembly



# School Walues





### Congratulations to the following Students

### Week 4 - Compassion

Week 4 - Con	ipassioii	
Prep A	Muzammil	
Prep B	Hezekiah	
Prep C	Willow	
Prep D	Sinoli	
Prep E	Hudson	
Prep F	Tanya	
1A	Ariana	
1C	Indiana	
1D	Jayda-Tay	
2A	Ali	
2B	Fariha	
2C	Ariah	
2D	Shahraj	
2E	Bentley	
2F	Marwa	
3A	Medina	
3B	Roya	
3C	Hiba	
3D	Trey	
3E	Alina	
4A	Peyton	
4B	Phoebe	
4C	Isla	
4D	Amelia	
4E	Azeta	
5A	Ashwanth	
5B	Ebony	
5C	Tahlea	
5D	Phenix	
6A	Sabrina	
6B	Gifre	
6C	Amity	
6D	Hosna	
6E	Daniel	

### Week 5 - Compassion

Prep A	Aurora	
Prep B	Ariana	
Prep C	Amber	
Prep E	Addison	
Prep F	Arian	
1A	Mia	
1C	Yoursa	
1D	Samera	
2B	Amelia	
2D	Billie	
2E	Minh-Anh	
2F	Zoe	
3A	Fatima	
3B	Campbell	
3C	Angus	
3D	Claire	
3E	Hamza	
4B	Dominic	
4C	Sibtain	
4D	Lilly	
4E	Zaine	
5A	Mannet	
5B	Roya	
5C	Lee	
5D	Wyatte	
6A	Reza	
6B	Savanah	
6C	Riley	
6D	Jaimin	

Respect =







# Week 4

Prep A	Prep A Arman For working really hard on his pencil grip all week!			
Prep B				
Prep C	Deja	For always helping your classmates. Well done!		
Prep D Zayana		For having a growth mindset! Well done!		
Prep E	·			
Prep F	Prep F Hoyaar For always giving everything a go!			
1A	1A Skye For trying hard and settling into our classroom well. Good job!			
1B	1B Amir For always trying his best in his school work.			
1C	Nate	For his amazing story writing. Great work!		
1D	Yasmin	For working hard on her reading		
2A	Subaiya	For being a kind friend and listener		
2B	Elektra	For putting in her best effort in all learning tasks.		
2C	Lily	For showing determination in all of her tasks		
2D	2D Baneen for displaying great confidence in Maths this week!			
2E	2E Andrew For working hard in Math lessons!			
2F	J ,			
3A	3A Sienna For always being ready for learning.			
3B	,			
3C	Kiyan	For making a fantastic start at Strathaird Primary School!		
3D	3D Kawsar For using her time wisely during tests!			
3E	<b>3E</b> Race For actively contributing to class discussions to share his ideas. Well done!			
4A	AA Reza For listening to feedback and using it to improve his writing.			
4B	Hovin	For making such a superb start to his time at Strathaird PS!		
4C	Meena	For being extremely polite and always listening to instructions.		
4D	Elaina	For always helping others!		
4E	Lincoln	For working well with your peers and showing good support and encouragement.		
		For trying so hard in reading and supporting your answers with evidence from the text.		
5A	Matilda	Well done!		
5B	Alina	For a confident start to Grade 5. Well done Alina.		
5C	Mitchell	For working positively in our Reading sessions this week. Well done Mitchell!		
5D	Maria	For working hard on your reading activity. Well done Maria!		
6A				
6B	6B Adina For an amazing free verse poem.			
6C	6C Riaan For a consistent effort with all Literacy tasks.			
6D	6D Zion For putting in the extra effort during Inquiry.			
6E	6E Jayden For his enthusiastic attitude displayed in Numeracy sessions			





### Week 5

Prep A Hamed For showing good teamwork during Inquiry this week!		For showing good teamwork during Inquiry this week!		
Prep B Atena		For having a positive attitude with all of your tasks this week!		
Prep C Jason		For working hard to blend words during Phonics lessons. Great work!		
Prep E Max		For putting in his best effort in all learning tasks.		
Prep F Alariah		For trying hard to write a sentence by herself.		
1A Amelia		For being respectful and always assisting others. Well done!		
1C Estella		For her problem solving skills in Maths		
1D	Husni	For super spelling		
2A	Kalani	For being a risk taker!		
2B	Armas	For being a respectful listener during group time.		
2D	Liam	for sharing his knowledge of 2-digit numbers in Maths		
2E	Avaleen	For displaying incredible reading skills!		
2F Muzhda For listening to feedback and improving your w		For listening to feedback and improving your work!		
3A Jaiwanth For your narrative writing.		For your narrative writing.		
3B Arlo For always be		For always being so polite.		
3C	Liana	For always helping those around her!		
3D Roy For usin		For using his time wisely during NAPLAN practice tests		
3E	Mojtaba	For a great start at Strathaird Primary School and for making new friends quickly.		
4B	Lina	For her remarkable time management skills when completing set tasks		
4C	Dua	For being respectful and always assisting others.		
4D	Naomi	For her excellent start at Strathaird Primary School!		
4E	Azeta	For looking out for your peers and showing support to those that need help. Well Done, Azeta! These are great traits to possess.		
5A	Omar	For being so confident when sharing your information about your element after researching.		
5B	Samir	For working super hard and always trying his best. Well done Samir!		
5C	Ethmi	For being confident in presenting her chosen element in front of the class. Well done Ethmi!		
5D Leah For showing enthusiasm during the veggie patch m		For showing enthusiasm during the veggie patch maths activity. Well done Leah		
6A	Hamayon	For your positive attitude towards your learning.		
6B	Charlize	For an amazing week of Reading.		
6C Ruby-Ro		For having a positive attitude during Numeracy sessions.		
6D Mahdi For some wonderful work during Maths.		For some wonderful work during Maths.		
6E	Ali Reza	For working wonderfully in Inquiry sessions		

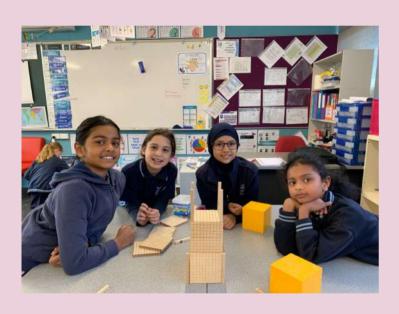
# **Specialists**

Auslan	5C	for creating thoughtful statements about Auslan to be used in our popcorn trivia		
Sustainability	PD	For enthusiastic nature play exploring living and non living things.	astic nature play exploring living and non living things.	
Auslan	4C	For sharing your identity on your Auslan Front Covers	٦.	
Sustainability	PE	For enthusiastic nature play.	7	

# Grade 3

### **Marvellous Maths**

In Term 1, in Numeracy, Grade 3 have been exploring Place Value. Place Value is one of the Big Understandings, which sets a foundation for many other topics. Students created Disney-themed characters using MAB blocks. They were then asked to show the 'value' of their character, using thousands, hundreds, tens and ones. Grade 3s enjoyed working in small groups for this creative, hands-on activity!









# **Pancake Day**







Thank you to our wonderful parents who volunteered their time to come and cook pancakes for all the students at our school. The day started at around 8am with 90 pancake shakers to fill and shake. We had to recruit some students to help!

Thank you to the following helpers, would could not have done this for our students without your help:

- Sarah McKenzie
- Brooke Bontemps
- Dee Marion
- Sophie Best
- Maple Oui
- Genevieve Kolmus
- Catherine McLarty
- Michelle Reid
- Hiroko Asano
- Yvonne Chao
- Kamila Ismail

### **2nd Hand Uniforms**

Please remember we have 2 bins in the front office for 2nd hand uniform donations. If you have uniforms that you want to donate back to the school, please place them in the bins provided Thank you for your support.



# **Sport**

Last Friday March 1st, we had 13 children compete in the Interschool District Swimming. This competition was held at Koo Wee Rup swimming pool. All children swam their best and worked well as a team encouraging each other and showing good sportsmanship.







### Ribbon results were as follows:

Christopher swam third in his Freestyle event.

Under 10 girls Freestyle Relay placed 3rd: Mikayla, Alivia, Chloe and Sofia.

Under 10 boys Freestyle Relay placed 2nd: Jaxon, Haider, Desandu and Christopher

Under 12/13 boys Freestyle placed 3rd: Chase, Phenix, Ashwanth and Sanuga

Thank you to the parents and grandparents who were able to come along to cheer and support the children in their races.









### SPORTS ACHIEVEMENT BADGES

Primary School in Interschool Swimming, Cross Country and Athletics are awarded a sports achievement badge. These badges are also given to students who advance to the Divisional level in our Grade 6 Lightning Premiership or Hooptime. The badge is presented to children to wear to show the school community their success and to also give them a sense of pride with their achievements.



# **Sport**

### STRATHAIRD PRIMARY SCHOOL CROSS COUNTRY RUN

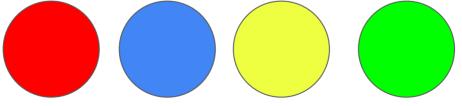
Our annual school cross country run has been organised for Friday 22nd March. Students in grades 3, 4, 5 and 6 will be involved in this event. If the weather is unfavourable on the day, an alternative date will be set. Children will be running in their age groups which are either Under 10,11 or 12. Children under 10 and 11 run appox 2km and the Under 12s 3km.

The cross country is a selection process for our inter-school cross country team. All children will also be participating in the event as it is a requirement of the Physical Education curriculum. If your child has medical reasons for not participating, please provide a note to their class teacher to notify them of this. (Children who have previous medical clearances from participation in sport for the remainder of this term do not require this note)

Please ensure children wear appropriate footwear for running and it is also advisable that children bring along an extra drink for the day. Children are able to wear their house colors to school on this day; however please ensure that sunsmart t-shirts are worn; no singlets are permitted. We also encourage children to eat breakfast. If children are asthmatics they are required to bring their ventolin puffers or take any preventive medication as required. All children participating receive a ribbon.

The top 8 students for each age group will be selected for the school Interschool Cross Country team which will take place in Term 2.





All children participating will earn a point for their house with 1st-10th receiving more points for their success. ie 1st=10 points, 2nd=9 points, 3rd=8 points, 4th=7 points etc. Points are calculated and the winning house will be presented with a plaque for their shield which we celebrate at the next senior assembly.

# Student Attendance

Students learn new things at school every day and sending them to school is the single most important part of their education. This gives them the best opportunities to learn and achieve success.

Families and schools work together to encourage and support student attendance and build sustained learning opportunities.

### Parents responsibility:

Students are required to attend school everyday. If a student is absent, parents and carers **must** inform the school that their child is absent on the day or before the day of absence.

Parents will need to provide an explanation for their absence. This is a legal requirement.

How to inform the school:

- 1) Log it on the Parent Portal.
- 2) Alternative call the school (03) 9705 3800
- 3) Send an email <a href="mailto:strathaird.ps@education.vic.gov.au">strathaird.ps@education.vic.gov.au</a>

### School's Responsibility:

The school must notify you of an unexplained absence in relation to your child as soon as practicable on the same day. This will be sent via a text message.

### **Attendance Support:**

If you require further support with your child's attendance, please contact our school and speak with our Assistant Principal.

### Attendance Matters

### **Everyday Counts at Strathaird Primary School**

If your child is absent:	That equates to:	Which is:	Which means over their 13 years of education, this is:
1 day every 2 weeks	20 days per year	4 weeks per year	Almost 1.5 years of learning.
1 day per week	40 days per year	8 weeks per year	Over 2.5 years of learning.
2 days per week	80 days per year	16 weeks per year	Over 5 years of learning.
3 days per week	120 days per year	24 weeks per year	Nearly 8 years of learning.

# **Wellbeing Page**

### When My Child Won't Listen

### **AUTHOR Dr Justin Coulson**

One of the most common complaints I hear from parents about their children is that, "The kids just won't listen." But guess what. They are listening. They're just not complying! You'll typically find that a handful of standard answers permeate the Internet and parenting advice books when it comes to this topic. Let's acknowledge them first, because they can be helpful.

### 1. Keep it simple

Short sentences are easier to process than long lectures. Keep your statements and requests simple, clear, and direct.

### 2. Get on your child's level

Making eye contact, smiling, and ensuring your child has heard you always improves the likelihood that your child will act.

### 3. Repeat it back

Ask your child to tell you what you told them. If you ask them to pick up the wet towels from the bathroom floor and they're not responsive, ask them, "What did I say just then?" and wait for them to tell you.

### 4. Speak more quietly

Speaking louder (yelling) won't draw them to you and it's unlikely to encourage them to want to listen to you. Try speaking softly. They'll open their ears, lean in, and listen carefully.

### 5. Gentle touch

A soft touch on the arm, a squeeze or a hug, or an arm across the shoulder... These gentle touches can be enough to act as a circuit-breaker so your child can pay attention to what you're asking and help move things along.

### 6. Drop the don't

Say what you want. If you tell your child what not to do (such as "don't hit the stick against the wall) It requires more effort on the part of your child to redirect their energies. Now they have to stop doing the thing that's bothering you and think of something to do instead.

### 7. Find a way to say "yes"

When you have to say "no", spin it into a "yes". If you're asked, "Can we stay at the park longer?" you can say, "You bet. We'll have a longer stay at the park on the weekend when we come back with your friends." If they plead, "Can we please have ice-cream", respond with "You sure love ice-cream. We'll have ice cream on Friday night with our movie like always." Your yes is usually going to be a "not now," but if you phrase it right, it goes down a treat.

# **Wellbeing Page**

### When My Child Won't Listen Cont...

**AUTHOR Dr Justin Coulson** 

If we want to be even better parents, the five suggestions in this next section will help us take it to a whole new level:

### The fancier answers

### 1. Keep it simple

When you ask your child to do something, consider the connection. Connection means feeling seen, heard, and valued. Do your children feel like you see them as more than a convenient way to get something done? Trying to command without connection - like yelling between rooms - is a lousy way to have your kids pay attention and usually won't lead to anything resembling compliance. (It's not realistic to expect that you'll "connect" every time something needs doing. But maybe we can connect more than we currently are)?

### 2. Timing

If your child is in the middle of something their listening and compliance will be way down. This doesn't mean we shouldn't ask our children to be involved in helping when they're doing something. That's not realistic. But when we're sensitive to their priorities, things go better. Consider statements like, "When that episode is done, please turn off the tv."

### 3. Capability

We expect too little of our children physically and we expect too much of our children emotionally. Demanding they "calm down" or "stop it" might be more than they can manage. But asking them to clear the table will typically not be too much. Consider their developmental capability, emotionally and physically, before issuing edicts.

### 4. Context

Your child might be perfectly capable of going to bed on time most nights, but on a sleepover night (or some other major event), the context changes. Demanding perfect behaviour at a funeral might make sense and be a sign of respect, but if they're grieving and confused, or if all of their cousins are there and they're excited, we might need to adjust our expectations. Requiring our children to listen to us the same way in every context is to expect our children to act like robots. Be mindful of context.

### 5. Gentle reminders

Call your child by name. Look at them and quietly remind them of the issue that's requiring focus. The fewer words you use the better. Two is ideal. For example, "Your bedroom," "Your stinky socks," "The dishes," and so on. Say please, and smile kindly.

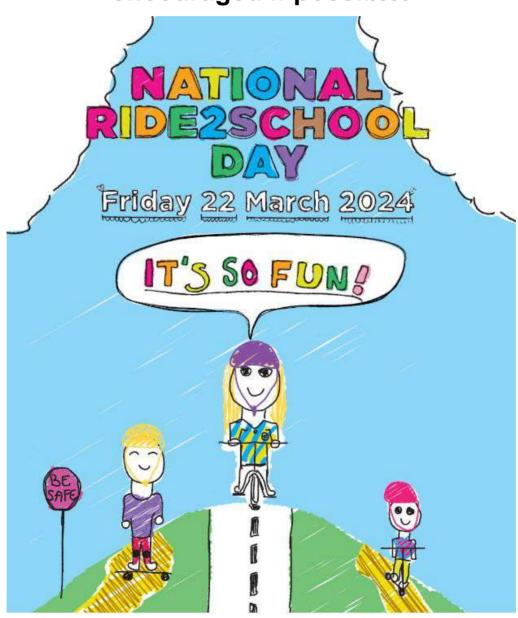
### The advanced answers

There are even better answers, but space won't allow me to describe them here. You can find the entire list in my brand new book, The Parenting Revolution. As a sneak peek, remember to be involved with your children when they have something to do. Be patient and give them a chance to act before cajoling them again, make it fun, and consider how much connection is happening compared to correction and direction. Lastly, remember it's totally reasonable and acceptable for parents to expect their kids to help out around the house. These ideas (and the extras in my book) will help change the game.

# **Special Events**

Strathaird Primary School is participating in Ride 2 School Day.

We are encouraging all students to ride/walk/scoot/skate to school on Friday 22<sup>th</sup> March. If you are unable to ride/walk/scoot/skate the whole way, part of the way is encouraged if possible.







# **Special Events**

Hop on over for our

# EASTER Bonnet Parade

Join us on the basketball court

Thursday 28th March at 9:15am

for some egg-citing fun!

In the last 2 weeks of Term 1 students will create an Easter Bonnet/decorated hat for the parade during class time.

We kindly ask no hats made from home to be brought in.

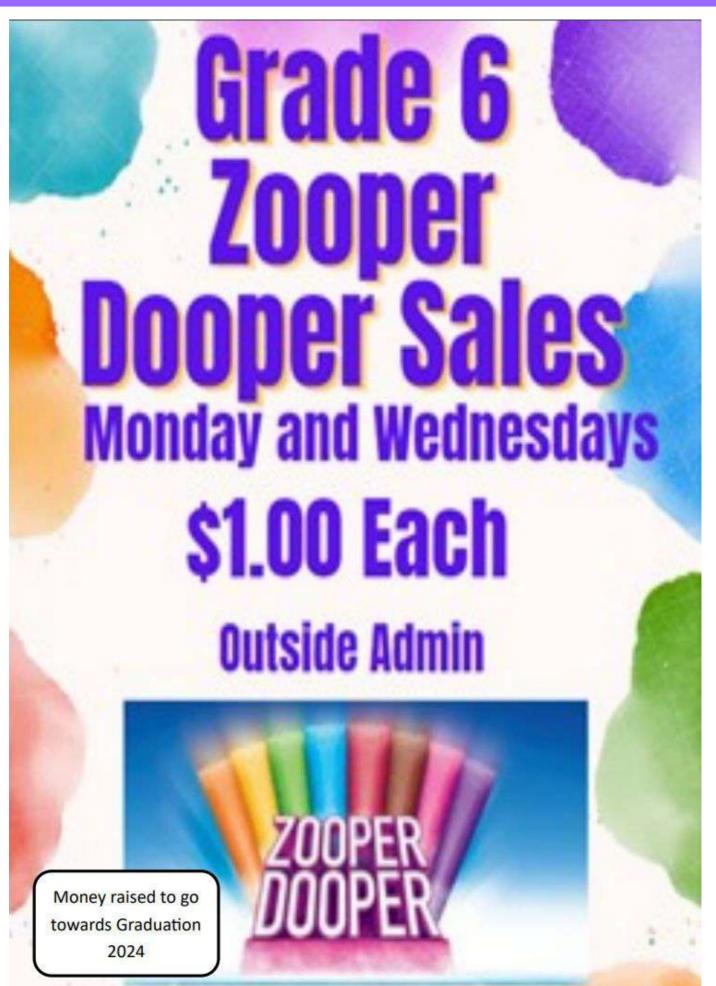
However, we do need your help!

If your child has any craft supplies that they would like to bring in from home to use to decorate their hat they are welcome to. Supplies will be provides for each class to use

If you have any donated class supplies to bring in, please hold on to them until the 11th March.



# Grade 6 Zooper Doopers



# Library / Child Safety

Library News

The library will be open for children to borrow before school and after school.

Before school 8:30am-8:50am After school 3:15pm-3:30pm



# Child safety and wellbeing at Strathaird Primary School information for families and the school community

The Victorian Government has announced new Child Safe Standards to further strengthen child safety across organisations, including schools. The new standards recognise the critical importance of families and the broader school community in maintaining and promoting child safety and wellbeing.

Strathaird Primary school has reviewed and updated our child safety policies and procedures to ensure they meet the requirements of the new standards. These are available to view on the school website on: www.strathairdps.vic.edu.au

We are committed to continuous improvement in our approach to child safety and wellbeing and welcome feedback from families and members of our school community on ways we can further strengthen our child safety policies, procedures and practices.

If you have any suggestions, comments or questions, please contact

Julie Kennedy Strathaird Primary School Principal



# Sentral for Parents App

The **Sentral for Parents** app allows families to:

- view academic reports
- explain past and upcoming student absences
- view calendar events
- book parent/teacher interviews
- receive sick bay notifications
- view school newsletters

as well as receive real-time notifications and messages from the school



### **Instructions for accessing the Sentral for Parent App**

- 1. **Download** the 'Sentral for Parents' app. Depending on your device, visit either the Apple App Store, or the Google Play Store.
- 2. Search for Strathaird Primary School. Tap Next.
- 3. **Sign in** using your Sentral username (your registered email address) and password (that you created when Registering). Tap Log In.
- 4. You are now ready to start using the app.

### If you have never registered on Sentral:

- 1.Click register here to register a new account. It will ask you to create a user name and password. Enter your email address as your username and create your own password. You will receive a verification email which MUST be verified in order to continue.
- 2. Once verified, log back into the app and use the access key provided by the school to link to your child's details. *The access key will be created for you once your child is attending.*

For a quick overview on how to access the Parent Portal, please watch this short video.

https://vimeo.com/sentraleducation/review/431752138/968dcb15a8

If you have questions about using the app, or need some extra help then please browse the list of FAQs at

<u>https://info.sentral.com.au/new-app-getting-started</u> or contact us for assistance.



# **Important Parent Resources**



### **Attendance**

Please ensure your children are at school on time. Students should be at their class by 8.50am ready to begin class by 9am.

If your child is absent, please notify the school through the Parent Portal on Sentral or call the admin on 9705 3800.



# Top 5 online safety tips for kids

1

Set up your device to protect your information.

2

Explore safely & tell an adult if you see anything online that makes you feel yuck.

3

Limit who can contact you when you're playing games.

4

Stop all contact with anyone online who asks you to do anything you don't want to do. Report and block them.

5

Ask for help if anything online is bothering you.







If the content is not removed within 48 hours apply steps 3 and 4



If you are in immediate danger, call 000 (triple zero)
If you need to talk to someone, visit kidshelpline.com.au or call them on
1800 55 1800, 24 hours a day 7 days a week





### **Make good choices**









usafety 🛘 Early Years

Why do you like it?

Use devices near a grown-up

Time's up





Help children to think about the content they watch and how to manage their time on screens.

### Message 1: Why do you like it?

Choosing to say kind things when connecting online is a life-long skill that can help prevent cyberbullying later on. The screen image can be a stimulus to discuss the types of things you should do when video calling,

### Message 2: Use devices near a grown-up

Children need to be aware that digital technologies should be used with a grown-up nearby and in a shared space. Children should get used to the idea, from an early age, that devices should not be used in bedrooms.

It is important to discuss with children how they will know when it's time to turn devices off and how they will transition to another activity

### Key questions when discussing this poster could include:

- What do you like to play on devices? What makes you like it?
- Where are these people using devices? Where are you allowed to use them?
- Have you ever been told you have been playing on a device for too long? How do you feel when that happens? What do you usually do?

### Be kind









Take turns

Teach children to be kind and respectful in digital contexts.

Ask before you take a photo





Early Years



Message 1: Say kind things Choosing to say kind things when connecting online is a life-long skill that can help prevent cyberbullying later on. The screen image can be a stimulus to discuss the types of things you should do when video calling,

like saying hello with a smile.

Taking turns is a good way of managing time on screens and building self-regulation skills. The child in the background of this picture is sad because they have been left out of the game.

### Message 3: Ask before you take a photo.

The little boy in is taking a photo of himself with his family. The screen image depicts another time when he is asking his family if they would like to be in the photo.

### Key questions when discussing this poster could include:

- Have you ever called your family or friends on a computer or tablet like the people in the first photo? What do you think they are saying? How do you know?
- . Why do you think the boy in the middle photo looks sad? What could they do to stop him feeling sad?
- . Do you always ask someone if it is OK to take their photo before you take it? Why?

### Be safe









Play with the games and

Only talk with people you know

Some things should be kept private









Help children understand personal information and how it can be protected.

### Message 1: Play with the games and apps that are yours.

Devices should be set up so children know which content is for them and that other games, programs or apps may not be suitable for them. The screen image shows the folder where the little girl can find the games and apps just for her use.

### Message 2: Only talk with people you know.

This picture reminds children that they should only video call when a grown-up is helping them, and only speak to people they know.

### Message 3 - Some things should be kept private.

In this picture the boys are creating an avatar with their Grandad. Avatars can be a practical way of showing children how they can keep their real name and identity private by creating a character to represent themselves in games

### Key questions when discussing this poster could include:

- Do you play on your Mum or Dad's phone, tablet or computer? Do you have a special place for your games and apps? How do you know what is yours?
- . Do you talk on the computer to your friends and family? Who helps you?
- Why do you think the boy in the last picture looks confused? If you were going to create an avatar for yourself what would it look like? Why?

# Ask for help





Tell a grown-up

Check before you tap

You won't get in trouble









Teach children to ask a trusted grown-up for help with any issue using digital technologies.

Message 1: Tell a grown-up.
It is really important for children to know that if something makes them feel worried, scared or sad when they are using a device they should tell a grown-up.

### Message 2: Check before you tap.

Before children use a device, they should ask a grown-up. The picture shows the little boy asking if he can play a new video he has not seen before.

### Message 3: You won't get in trouble

dren are playing with digital technology often things happen that they didn't expect. It can be the same for grown-ups tool Children need to know that if something unexpected happens, they should tell a grown-up. They should be assured that the grown-up will know it was important for the child to share the problem even if it happened because they made a mistake.

### Key questions when discussing this poster could include:

- Have you ever seen something that made you feel worried, scared or sad when you were playing on a tablet? Who would you tell? What do you think they would say?
- Who do you ask before you play, watch or tap on something new on a device?

## **Our Vision Statement and Mission**

### **VISION STATEMENT AND MISSION**

To empower students to strive for personal achievement, embrace challenges and develop the skills and values that enable them to become lifelong learners and engaged responsible citizens in an ever changing



# Honesty We are truthful in what we say and do, people can rely on us and trust us. Responsibility We make good choices and are accountable for our actions.

# Strathaird



Primary School



### Respect

We value people's worth and qualities and treat them in a polite and friendly manner.



### Compassion

We care about others, we treat them with kindness and we help people when they are in need.