Strathaird Primary School News

28/10/2026

Edition 17

VISION STATEMENT AND MISSION

To empower students to strive for personal achievement, embrace challenges and develop the skills and values that enable them to become lifelong learners and engaged responsible citizens in an ever changing global society.

Strathaird

EST' 2005

Primary School

Honesty Respect Responsibility Compassion

School Values

Contact Us:

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9705 3800

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www.strathairdps.vic.edu.au

Principal Page

REMINDER: Monday 2 November is a normal school day, students should come to school next Monday.

Tuesday 3 November is Melbourne Cup Day, a public holiday, students do not come to school on this day.

There are about seven weeks of school left in Term 4 and there are many exciting events occurring which we would like parents to be aware of.

Tuesday November 3	Melbourne Cup Public Holiday
November 4	Prep Transition program – final day
November 4&5	Year 6 Swimming lessons
November 5	Year 5 Inquiry – Nanotechnology – Presenter Dr Sarah McKenzie
November 6	Last day for parent requests for classes 2027
November 9&10	Year 5 Inquiry - Mad about Science Incursion
November 11	Remembrance Day Ceremony
November 13	House Captain elections
November 13	Fighting extinction showcase – Melbourne Zoo – some School Leaders
November 24	School Council meeting
December 2	Year 6 Graduation@Bunjil
December 4	Battle of the Bands in the gym
December 8	Statewide Orientation Day – for current Year 6 students Prep Transition morning for 2027 Preps
December 10	Year 6 Celebration Day
December 11	House/Teddy Bears Picnic
December 11	Student Leaders Special Lunch
December 14	Final Whole School Assembly
December 14	Christmas Concert on the oval
December 15	Year 6 Graduation lunch
December 16	Students spend time with their 2027 class
December 16	Class parties
December 16	Student reports go live on Compass
December 16	Last school day for all students. Happy holidays 😊
December 17&18	Pupil free days for 2027 school planning

Principal Page

CLASSES FOR 2027 – PARENT REQUESTS

Each year in Term 4, the teachers organise students into their future class groupings for the next school year. Over the years, we have had requests from parents that their child not be placed with specific people.

Given strong and valid reasons, we can sometimes take these requests into consideration, not always. Information that we receive this year will be considered, we cannot guarantee that requests made in previous years can be applied.

Teachers will start to organise grades from November.

Students will not know their class teacher or peers until the final week of school.

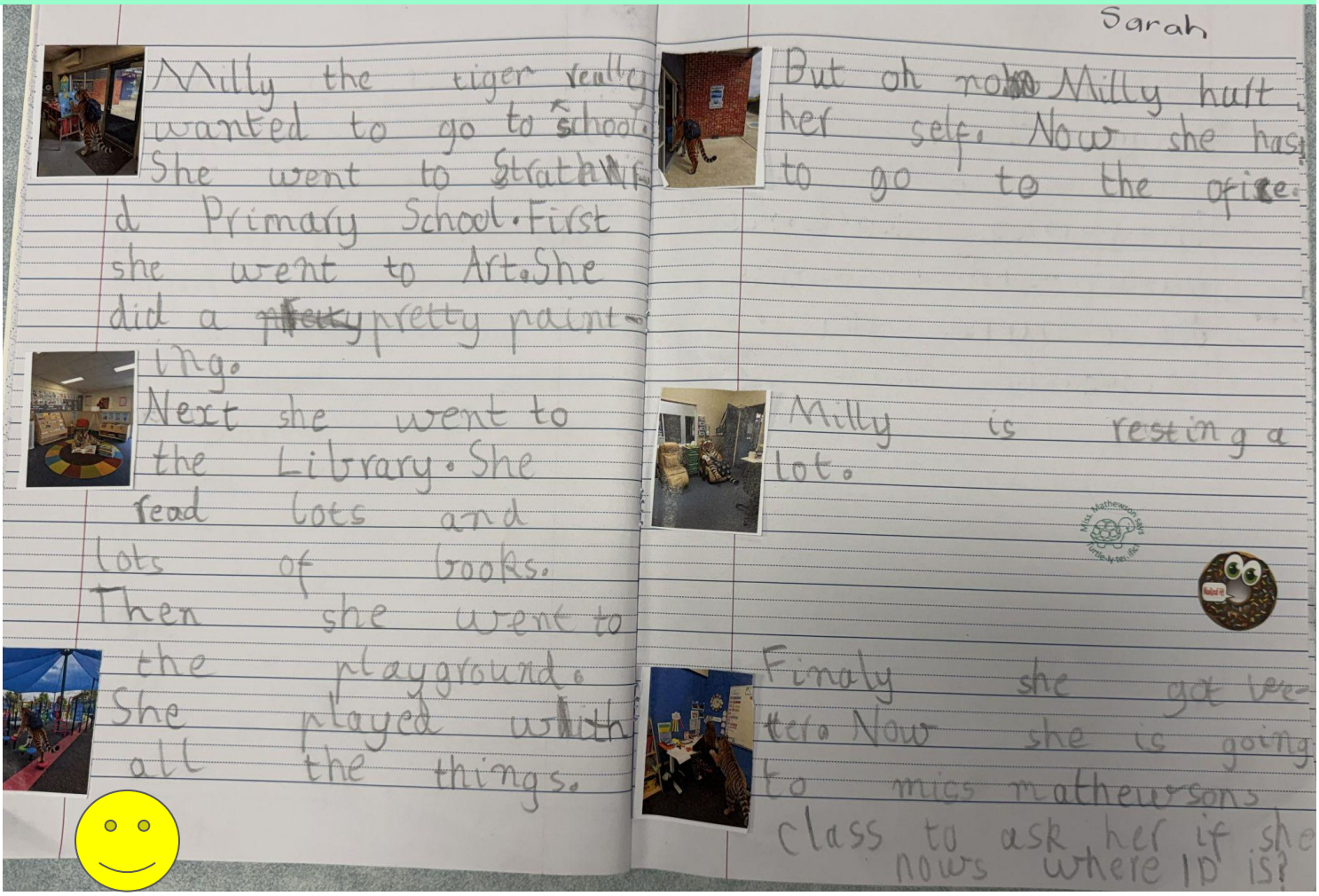
Once grades have been set, they are not to be changed, students cannot be moved.

All requests from parents must be in writing to the Principal before Friday 6 November.

STUDENTS ATTENDING OTHER PRIMARY SCHOOLS IN 2027

At the start of each year, sadly, some of our current students, for various reasons, move house or move to different schools. Please let us know if your family may/will be leaving our school for 2027. This is very important information that assists us in planning for the coming year. If you think you may be in this situation, please let us know asap. Remember, if you change your mind and stay, that's no problem, we would love you to stay.

Our students across the school have been working hard to improve their text type writing. You might like to read some Year 1 writing to find out **what happened when a tiger visited our school.**



Principal Page

Sima

Rod Ney the tiger wanted to get smarter So he went to School. First he did a painting in the art room.

Next he went to the library to read a book.

Then he went to the playground and got hirt.

and he went to the ofic.

Then he went to the sickbay.

Then he went to Mrs. Matherson.

jamse Wonter to go to school every so he came Nowfleens ten each day he got smrar and smrar.

jamse went to the libre to red book.

Then he went to the play ground then he got hirt he hate to go to the ofes.

he worke to the ofes.

he got a ice iceface

jamse went to Mrs Matyoosen and he tad Mrs Matyoosen wer is ID.

LUKA 1D

Term 4 2026

	Monday	Tuesday	Wednesday	Thursday	Friday
OCT	**26th**	**27th** Gr 4 Maps Incursion School Council Meeting 6.30pm	**28th** 2027 Prep Transition 9.30-1030am Gr 2 Metro Incursion Gr 3 Sustainability Incursion	**29th** Gr 1 Drama Toolbox Incursion Gr 2 Melb Orchestra	**30th** JNR Assembly
NOVEMBER	**2nd**	**3rd** Melbourne Cup Public Holiday No School	**4th** 2027 Prep Transition 9.30-1030am Gr 6 Swimming	**5th** Gr 6 Swimming Gr 5 Nanotechnology Incursion $ Due Gr 5 Mad about Science Incursion	**6th** SNR Assembly
	9th Gr 5 Innovation and Tech Incursion	**10th** Gr 5 Innovation and Tech Incursion	**11th** Remembrance Day	**12th**	**13th** JNR Assembly
	16th	**17th**	**18th**	**19th**	**20th** SNR Assembly
	23rd	**24th**	**25th**	**26th**	**27th** JNR Assembly
DECEMBER	**30th** Prep Myuna farm Excursion	**1st**	**2nd**	**3rd**	**4th** SNR Assembly Battle of the Bands
	7th	**8th**	**9th**	**10th**	**11th** JNR Assembly

Student of the Week

Week 2

Prep A	Samim	For working hard and trying his best. You are doing such a great job Samim, keep it up!
Prep B	Sana	For quickly and respectfully following all classroom routines. Great job!
Prep C	Billy	For confidently solving maths problems and explaining your thinking. Keep it up!
Prep D	Elijah	For working hard to bundle tens and ones when being challenged in Numeracy. Well done!
Prep E	Mehran	For always having a positive attitude to school and learning. Keep up the hard work Mehran!
Prep F	Aseya	For her amazing effort during class!
1A	Hazel	For working hard in reading! Well done!
1B	T'Leyni	For her fantastic effort in reading and growing confidence.
1C	Ali	For challenging himself in maths. Well done :)
1D	Raven	For your amazing effort during reading groups this week! Well done Raven :)
2B	Ileana	for her wonderful persuasive writing!
2C	Jennifer	For her excellent efforts in Writing! Well done.
2D	Tina	For writing a very persuasive letter!
2E	Ramin	For using lots of emotive language in your persuasive writing
3B	Fernando	For your amazing work in maths this week!
3C	Marwa	For settling in well to Strathaird Primary School and making new friends!
3D	Fabeha	For taking on feedback given to help improve her persuasive writing piece. Keep up the great work :)
4A	Natalie	For such creative thinking in your persuasive letter writing!
4B	Billie	For showing enthusiasm and making great start on your Persuasive letter!
4C	Kaytan	For being a great support to your classmates.
4D	Rohan	For his fantastic work in writing worded maths problems this week!
4E	Adna	For her hard work and diligence in Maths!
5A	Mia	For your amazing effort toward your persuasive letter writing.
5B	Mahi	For consistently demonstrating excellent organisation by ensuring your diary and homework book are completed accurately and kept up to date.
5C	Armin	For your willingness to contribute to class discussions and offering your ideas.
5D	Farwa	For settling well into 5D and becoming a valued member of our class
5E	Ayaan	For a great start to your school captain letter. Well done!
6A	Sajad	For a great start to term 4 at Strathaird P.S
6B	Jerry	For his wonderful senses related vocabulary during our mentor text studies.
6C	Ali Sina	For working hard to increase your maths skills. Well done!
6D	Avanthika	For demonstrating excellence in all learning areas this week. Well done!

Student of the Week

Week 3

Prep C	Adam	For trying your best to sound out tricky words in your writing. Keep it up!
1D	Sima	For an amazing effort with completing her work and making good choices in the classroom. Well done Sima :)
3B	Leon	For his awesome effort with his persuasive writing piece!
3C	Ava	For creating an excellent persuasive piece of writing and using engaging language effectively!
4A	Minh-Anh	For showing integrity each and every day
4B	Ariella	For showing persistence and determination in learning in learning your multiplication facts!
4C	William	For always being a contributor during class discussions.
4D	Emerald	For her excellent work in Maths this week!
4E	Seanna	For her hardwork in Reading and Writing lessons!
5A	Austin	For using many different devices in your persuasive writing this week.
5B	Seth	For asking for help and showing a positive attitude to attempt most learning tasks.
5D	Jaweria	For always listening following classroom expectations
5E	Mahdi	For having a go with his maths with a positive attitude. Well done!
6A		
6B	Ruby	For trying her best at all learning tasks this week!
6C	Mursal	For trying hard in maths. Well Done!
Prep C	Adam	For trying your best to sound out tricky words in your writing. Keep it up!

School Values Awards

Congratulations to the following Students

Week 2

Prep A	Lucas
Prep B	Ainaz
Prep C	Iritana
Prep D	Erfan
Prep F	Sara
1A	Sana
1B	Mohsin
1D	Nihaal
2B	Diana
2C	Ariana
2D	Mia
2E	Mobina
3C	Jayda-Tay
3D	Mehreen
4A	Poorva
4B	Beta
4C	Jesse
4D	Taaliah
4E	Hunter
5A	Samir
5B	William
5C	Haniya
5D	Jack
5E	Kayleigh
6A	Navid
6B	Desandu
6C	Julie
6D	Asra

Week 3

Prep C	Jiyah
1D	Zainab
3C	Diesel
4A	Subaiya
4B	Donya
4C	Avaleen
4D	Zoe
4E	Bahara
5A	Kiyan
5B	Simrat
5D	Ellie
5E	TIm
6B	Zoey
6C	Moeimalae
6D	Haider

Respect

Compassion

Honesty

Responsibility

5 Secrets to Resilient Kids

Dr Justin Coulson

October 8, 2026

In 2014 Andrew Fuller surveyed around 16,000 Australian young people about resilience. The most resilient kids agreed – almost universally – with two statements. The least resilient disagreed with both:

I have a parent who cares about me.
I have a parent who listens to me.

The most common definition of resilience I hear is that it is the capacity to "bounce back" from adversity and challenge. In other words, it's getting back up and doing the hard thing that just did you. A parent once suggested to me that resilience is "grace through adversity".

The thing about resilience is that it usually doesn't feel very resilient when you're in it. It's only after the trial that you experience the triumph.

Yet many parents misunderstand resilience. They think it means adopting a "toughen up princess" approach to life; that when hard things happen, children should be left alone to figure it out. That they should "drink some concrete and harden up".

The scientific resilience research points *away* from this mindset. Resilience is built as much *inside* a child as it is built *around* a child – in healthy, supportive environments – and usually in interactions that seem too small to matter. Except they do.

Here are five secrets to the most resilient kids:

They know you care – and they know you listen

Based on Andrew Fuller's questionnaire, this has to be the first one. This means resilience is built by knowing you *matter* and have someone's support. Your child will be more likely to be resilient if you can stop what you're doing, look at them, and listen when they speak to you. Turn your body towards them. Put the phone down. When they bring you a problem, hear all of it, then ask "What do you reckon you should do?" and listen again. You don't have to solve it. It's not your job to carry it. It's your job to care about it – and show it.

Wellbeing Page - Cont...

Stay calmer than your child

Steve Biddulph suggests a parent's main job is to always remain calmer than their child in those big moments – and often in the little ones too. A child's nervous system learns to settle by *borrowing* a settled one. If you meet a meltdown with your own meltdown, you've taught escalation and probably created fear and anxiety. This asks a lot of you, but it builds the support needed for resilience and regulation. Before you respond, *take one breath you can hear*. Deal with the behaviour once the storm has passed, not during it.

Let them do hard things

You don't know you're resilient until you've done something hard. But we seem intent on rescuing our kids from anything that they feel challenged by. There *is* a time and a place. Sometimes it makes sense to give them a push or a leg-up. Be discerning. But the default should be towards reducing the rush to rescue and reassure. Stop letting them skip it. Research shows doing hard things makes kids feel *less* anxious. A Yale University team found that reducing those parental accommodations was as effective at reducing anxiety as therapy – but waaaay cheaper! Remember, every time you rescue, you tell them they couldn't have coped without you. Let them approach the new friend. Let them try out for the team. Let them stumble a little. Let them stay in the hard class. Just stay close while they do it. (Secrets 1 and 2 above matter here.)

Give them a story bigger than themselves

Our kids rely on roots for their foundations. This is our family culture. Or our faith, traditions, a cause, a family identity, or some other purpose. It could simply be that someone depends on them – so they know they're contributing to something bigger than themselves. Resilience researcher, Ann Masten, found meaning-making is as important as robust relationships and self-regulation when it comes to core protective factors. Children who can locate their suffering inside something larger – who see hardship as something valuable because it's aligned with a life purpose – get through it faster. Tell them the family stories. Give them something to serve. A child who is genuinely needed or who sees a bigger picture in their trials is very hard to sink.

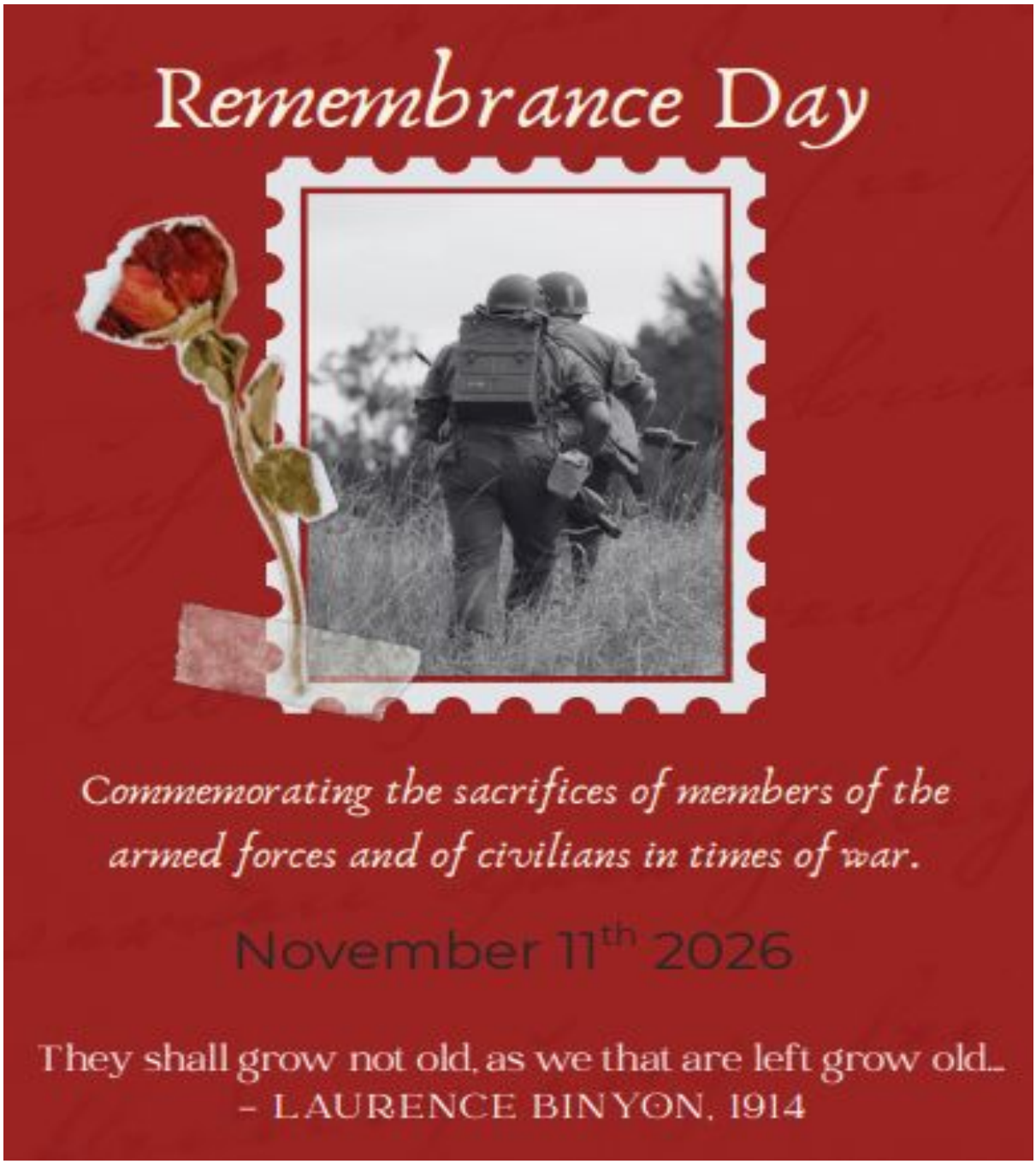
Let them out of your sight

In 2023, Peter Gray, a world-leading "play" expert wrote that the collapse in children's independent activity is a central driver of rising anxiety and depression. Other researchers have found children with more risky outdoor play have better physical and social outcomes. And there's also suggestions that climbing high, moving fast and roaming out of range actually recalibrates the fear system. In short, risky play and other activities are good for your kids. (Note – danger means no idea about risk, like a toddler playing near a pool, whereas risky play means you can see the dangers and make decisions accordingly.) My recommendation: for resilient kids, send them to the shop (or, if they're little, let them go into the next aisle and get the milk and bring it back to you). Let them ride to a mate's place (or, for little ones, ride ahead to the corner and wait for you). Let them climb higher than you'd like. And watch how big and capable it lets them feel.

We don't need to be left alone to be resilient. In fact, the more support we have around us, the stronger we are. Remember, your job is to care, not carry. To support, not save.

Our kids face challenges. They're up to the task if they've got you behind them.

Special Events Page



Students and families are encouraged to support this important cause by purchasing Remembrance Day merchandise, available from the school office.

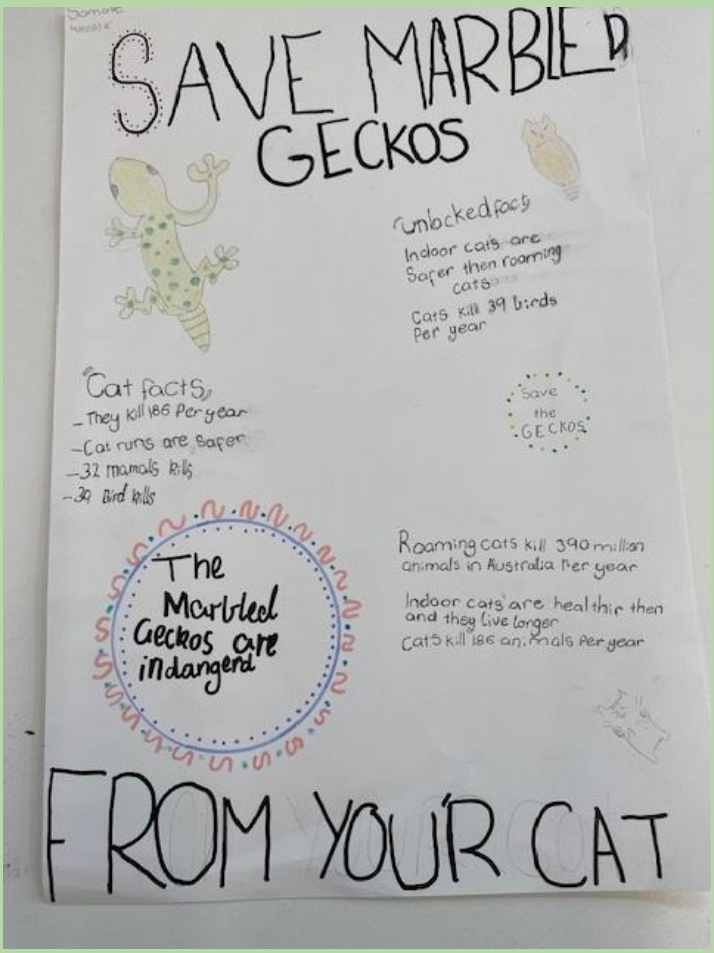
❤️ Every purchase helps raise funds to support Australian Defence Force (ADF) veterans, recognising their service and sacrifice and helping make a difference in the lives of those who have served.

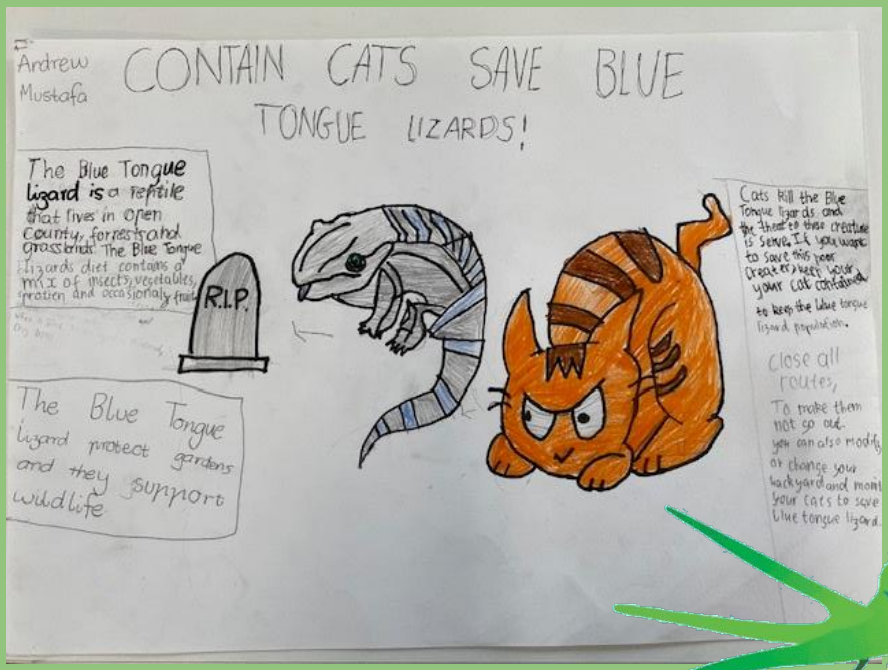
🌺 Lest We Forget.

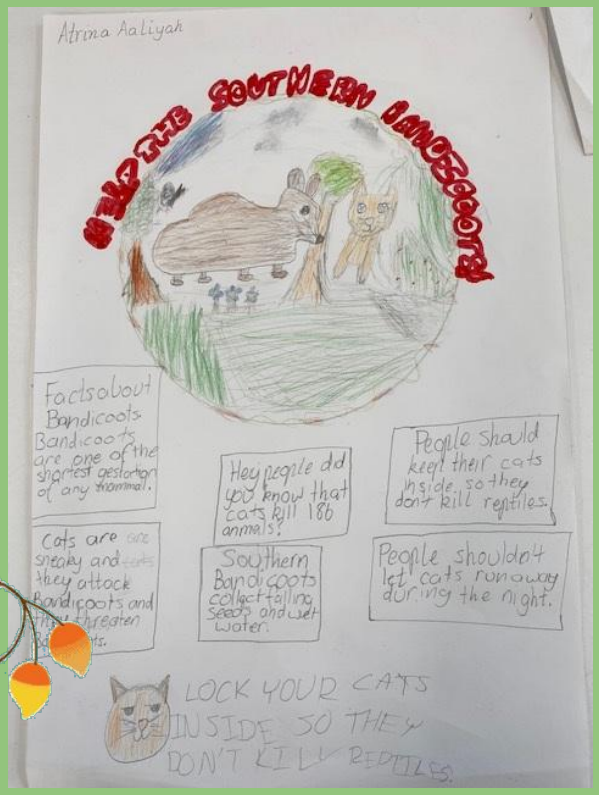
SUSTAINABILITY NEWS

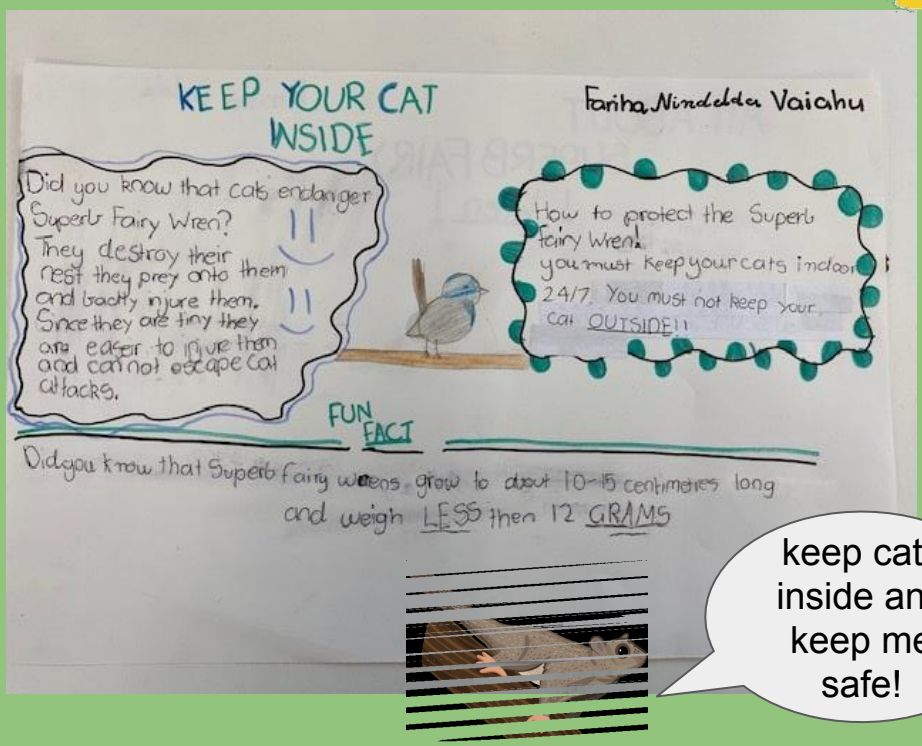
Grade 4 Biodiversity projects
KEEP YOUR CAT INSIDE!

During Term 3 the Grade 4 students learnt about biodiversity and how we can protect it. They found out that 1 cats kill up to 186 wild animals a year including:
40 reptiles
38 birds
32 mammals
76 introduced animals like mice.
Cats kill during the day and night so keeping your cat inside is the best way to protect wildlife.

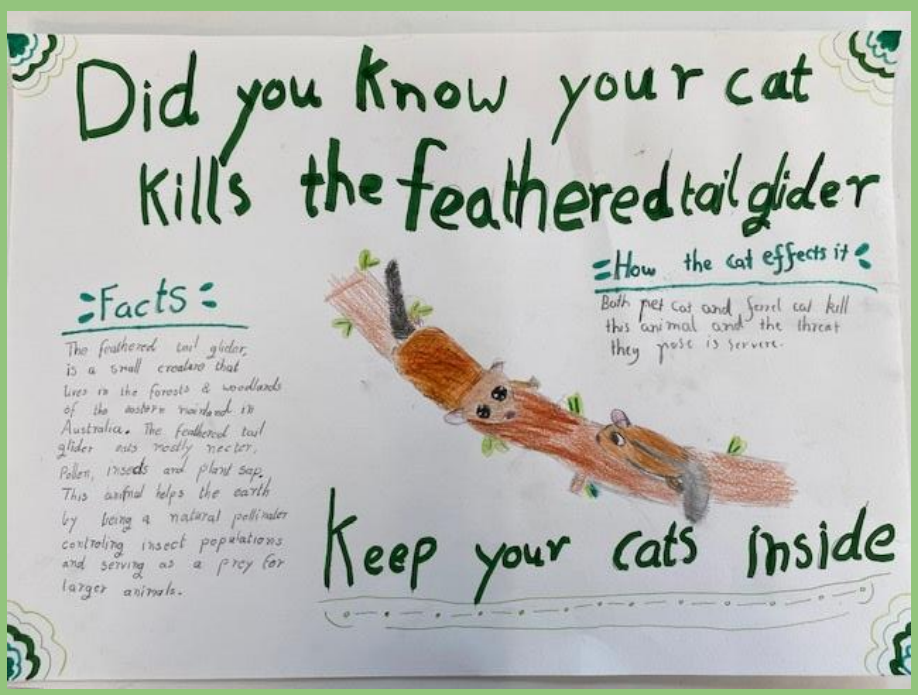








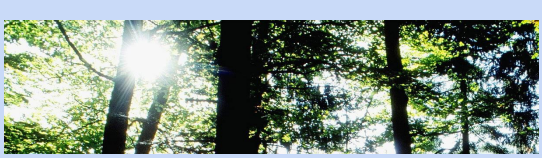
keep cats inside and keep me safe!



Drop off day for hard to recycle items

Got old clothes, linens, soft plastics, unwanted electronics, cardboard, or polystyrene cluttering your home? The City of Casey's annual recycling event is back! .Click on the link below to find out how to book a collection from your home.

https://www.casey.vic.gov.au/events/hard-recycle-items-drop-off-day



Compass

You can download the Compass App on iOS and Android devices, simply search for Compass School Manager in the store.

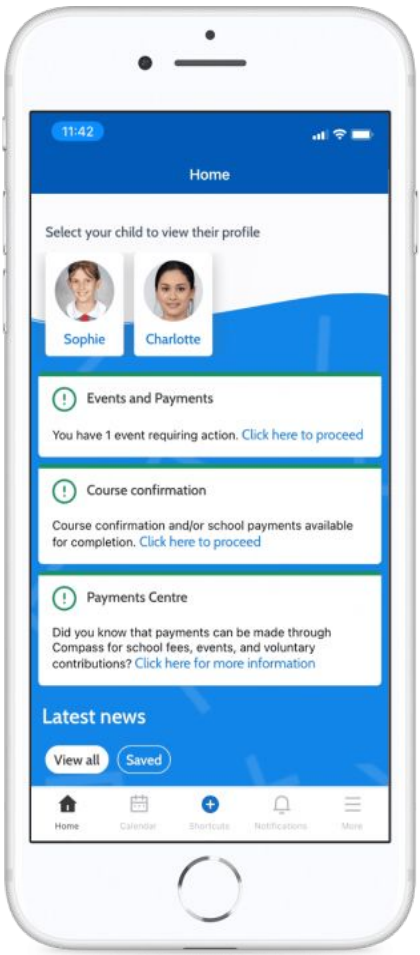
Using the app you can:

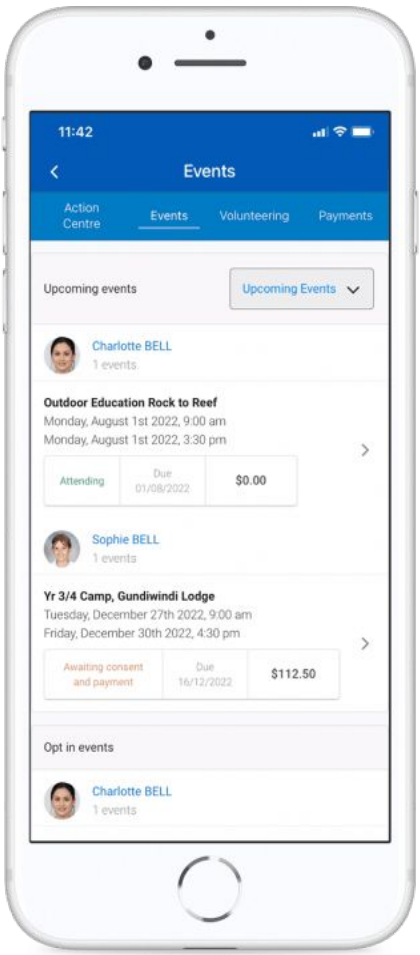
- View the school news feed
- Receive messages from the school
- View your child's timetable and the school calendar
- View Learning Tasks
- Book parent-teacher conferences
- Add Attendance Notes
- View academic reports
- Event, Consent and Payments

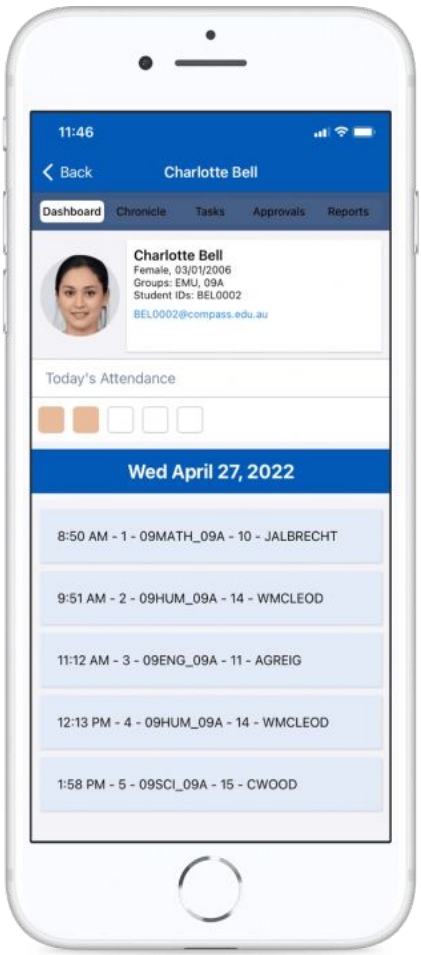
Learn how to use Compass through the following links

Parent Compass App - YouTube

A guide for parents & families | Compass Education AU







Road Safety

Parents/Carers - Choose safe crossings

Families - always choose to use safe crossings.

Teaching your children to look for safe places to cross the road.

When pedestrians cross in other areas, this causes danger to drivers and also to the pedestrian.

Role Model

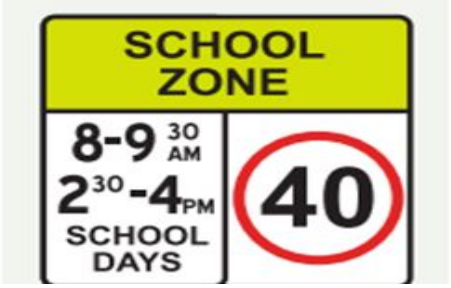
When you show your children safe pedestrian behaviour, they will copy you.

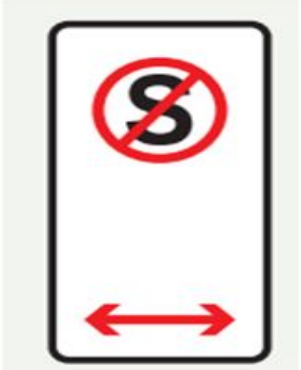
Teach your children the 4 safety words when crossing the road - ***Stop Look Listen and Think***

Hold hands with your children...

Holding hands with young children is such a simple way to keep children safe.

As Drivers - follow the signs around your school precinct



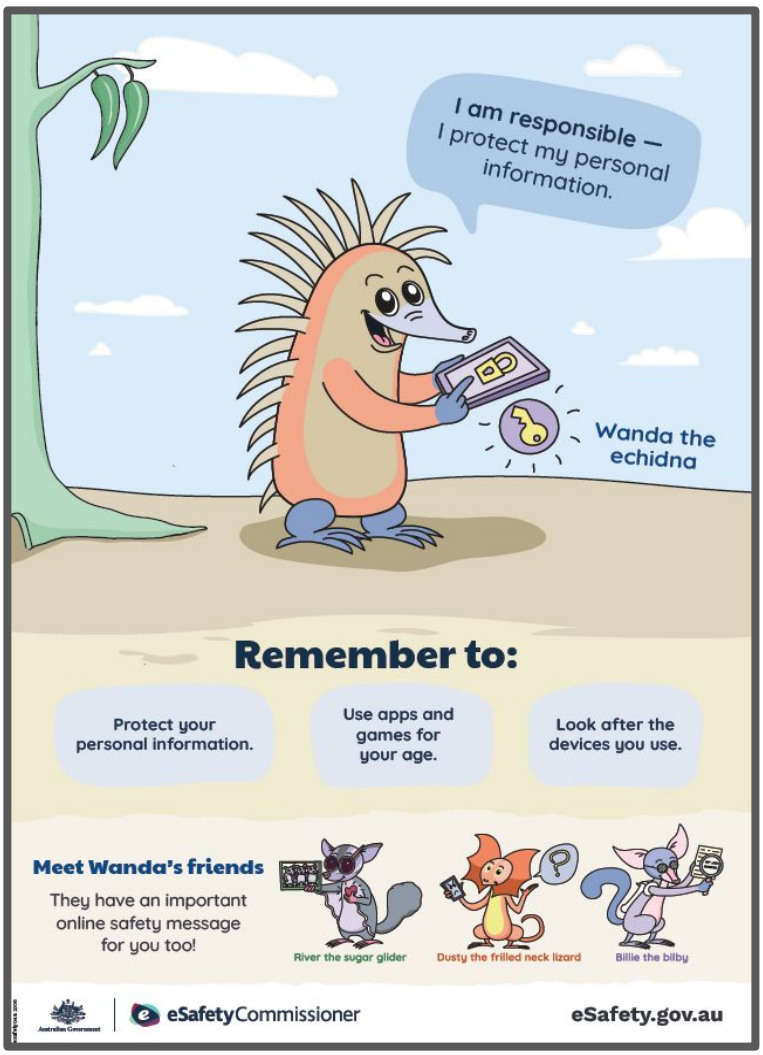


Remember to:

- Listen to your body clues.
- Close the screen if something doesn't feel right.
- Ask a trusted adult for help.

Meet Dusty's friends

They have an important online safety message for you too!

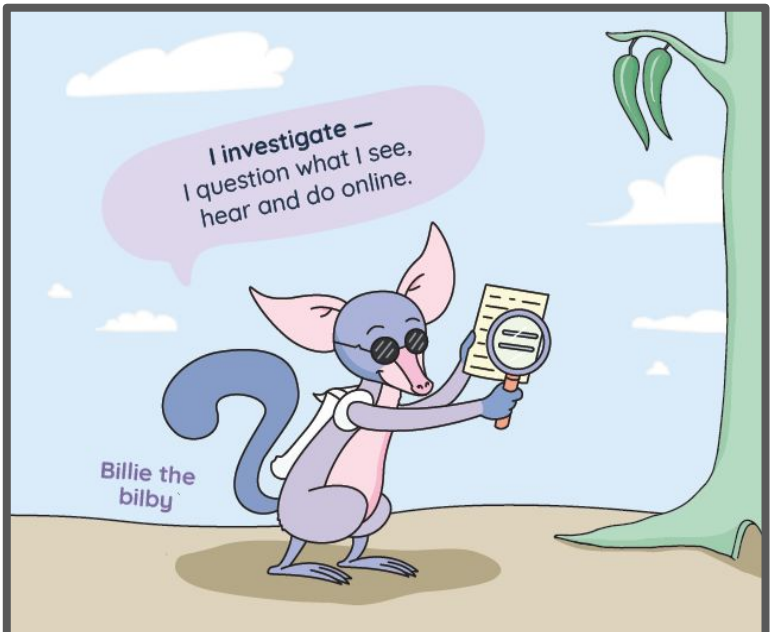


Remember to:

- Protect your personal information.
- Use apps and games for your age.
- Look after the devices you use.

Meet Wanda's friends

They have an important online safety message for you too!



Remember to:

- Make good choices when you're online.
- Be curious and ask questions.
- Know when time's up online.

Meet Billie's friends

They have an important online safety message for you too!

Remember to:

- Always show respect online.
- Take turns and share when playing online.
- Ask others before taking or sharing their photo or video.

Meet River's friends

They have an important online safety message for you too!

Important Parent Resources

Attendance

Please ensure your children are at school on time. Students should be at their class by 8.50am ready to begin class by 9am.

If your child is absent, please notify the school through the Parent Portal on Compass or call the admin on 9705 3800.

Strathaird Primary School

EST' 2005

School Values PROGRAM

Honesty
We are truthful in what we say and do, people can rely on us and trust us .

Responsibility
We make good choices and are accountable for our actions .

Respect
We value people's worth and qualities and treat them in a polite and friendly manner.

Compassion
We care about others, we treat them with kindness and we help people when they are in need .